

OCTOBER 2026



Assisted Living						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:30 Daily Chronicles and Horoscopes/ CBA 10:30 Bingo - WA 11:00 Balance Builders Class-FC 11:45 Mod Lev Ex. / FC 1:30 Watercolor / 3AR 2:00 Cont Issues/ MR 2:30 Badminton-WA 6:00 Activity w/ Natalie-Decker	2 9:30 Sit & Stand - FC 10:15 Bus Outings / Ollies 10:30 Writing Group-HOME LOBBY 10:30 Dice Game-WA 11:00 Intermediate Exerc Class-FC 11:45 Mod Lev Ex. / FC 2:30 Trivia w/ Peggy - WA 6:00 Act w/ Ty-PC	3 10:30 Bingo - WA 2:00 Movie Day / WA 2:00 Musical Encounters on Decker
4 10:00 Catholic Virtual Mass w/ Comm. / WA 11:00 Mini Activities-WA 1:00 Ravens Game-WA 2:00 Ecum. Service / Chap 2:30 Fellowship w/ refresh / Chap 6:30 Hotel Paradise Reh. / WA	5 9:30 Sit & Stand - FC 10:30 Bingo/ WA 11:00 Interm. Exer. / FC 11:45 Mod Lev Ex. / FC 2:30 Piano w/ Bob Hale / WA 6:30 Harbor City Chorus Rehearsal/ WA	6 10:00 Zumba - FITNESS CTR 10:30 Crossword / WA 11:00 Balance Builders Class-FC 11:45 Mod Lev Ex. / FC 1:30 Bookmobile - Front Door 2:30 Musical Happy Hour/ 3AR 6:00 Activity w/ Natalie & Ty	7 9:30 Sit & Stand - FC 10:30 Patio Bingo / 3AR Patio 11:00 Intermed. Ex. / FC 11:45 Mod Lev Ex. / FC 2:30 Music & Vocals w/ Bob Clark / WA	8 9:30 Daily Chronicles and Horoscopes/ CBA 10:30 Bingo - WA 11:00 Balance Builders Class-FC 11:45 Mod Lev Ex. / FC 1:30 Watercolor / 3AR 2:00 Cont Issues/ MR 2:30 Baking Group-WA 6:00 Activity w/ Natalie-Decker	9 9:30 Sit & Stand - FC 10:15 Garden Club-WA 10:15 Bus Outing / Scenic Ride 10:30 Writing Group-HOME LOBBY 11:00 Interm. Exer. Class / FC 11:45 Mod Lev Ex. / FC 2:30 Trivia w/ Peggy - WA	10 10:30 Bingo - WA 2:30 Music & Vocals w/ Jody / WA 7:15 Bingo -MR
11 9:30 Clock Club / 3AR 10:00 Catholic Virtual Mass w/ Comm. / WA 11:00 Mini Activities-WA 2:00 Ecum. Service / Chap 2:30 Fellowship w/ refresh / Chap 3:15 Arts & Crafts w/ Raquel / MR	12 Indigenous Peoples' Day 9:30 Sit & Stand - FC 10:30 Bingo/ WA 11:00 Interm. Exercise / FC 11:45 Mod Lev Ex. / FC 2:30 Vocals w/ Tony "Z" 6:30 Harbor City Chorus Rehearsal/ WA	13 10:00 Zumba - FITNESS CTR 10:30 Crossword / WA 11:00 Balance Builders Class-FC 11:45 Mod Lev Ex. / FC 2:30 Musical Happy Hour w/ Phil/ WA 6:00 Activity w/ Natalie & Ty	14 9:30 Sit & Stand - FC 10:30 Bocce Ball / WA 11:00 Intermed. Ex. / FC 11:45 Mod Lev Ex. / FC 2:30 Piano w/ Greg / WA 6:00 Activity w/ Natalie & Ty - Decker & pc	15 9:30 Daily Chronicles and Horoscopes/ CBA 10:30 Bingo - WA 11:00 Balance Builders Class-FC 11:45 Mod Lev Ex. / FC 1:30 Watercolor / 3AR 2:00 Cont Issues/ MR 3:15 Art For Others w/ Loyola / WA	16 9:30 Sit & Stand - FC 10:30 Jingo-WA 10:30 Writing Group-HOME LOBBY 11:00 Intermediate Exerc Class-FC 11:15 Bus Outings / Peppermill / Lutherville 11:45 Mod Lev Ex. / FC 2:30 Trivia w/ Peggy - WA 6:00 Activity w/ Ty-PC	17 10:30 Bingo - WA 2:00 Movie Day / WA 2:00 Musical Encounters on Decker

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18 10:00 Catholic Virtual Mass w/ Comm. / WA 11:00 Mini Activities-WA 1:00 Ravens Game-WA 2:00 Ecum. Service / Chap 2:30 Fellowship w/ refresh / Chap 6:30 Hotel Paradise Reh. / WA	19 9:30 Sit & Stand - FC 10:30 Bingo/ WA 11:00 Intermediate Exercise Class-FC 11:45 Mod Lev Ex. / FC 2:00 Catholic Mass/ Meeting Room 2:45 Guitar & Song w/ Ron / WA 6:30 Harbor City Chorus Rehearsal/ WA	20 10:00 Zumba - FITNESS CTR 10:30 Crossword / WA 11:00 Balance Builders Class-FC 11:45 Mod Lev Ex. / FC 1:15 AL Food Service Meeting - WA 2:30 Musical Happy Hour/ 3AR 6:00 Activity w/ Natalie & Ty	21 9:30 Sit & Stand - FC 10:30 Wheel of Fortune- WA 11:00 Intermed. Ex. / FC 11:15 Brain & Body Stretches / Decker 11:45 Mod Lev Ex. / FC 2:30 Astronomy Lecture / WA 6:00 Activity w/ Natalie & Ty - Decker & pc 7:00 Ain't Misbehavin ' / WA	22 9:30 Daily Chronicles and Horoscopes/ CBA 10:30 Bingo - WA 11:00 Balance Builders Class-FC 11:45 Mod Lev Ex. / FC 1:30 Watercolor / 3AR 2:00 Cont Issues/ MR 2:30 Pumpkin Painting/Carving- WA 6:00 Activity w/ Natalie-Decker	23 9:30 Sit & Stand - FC 10:15 Bus Outings / Macy's / Nordstrom's 10:30 Legend of Sleepy Hollow-2nd Fl Lib 10:30 Writing Group- HOME LOBBY 11:00 Intermediate Exerc Class-FC 11:45 Mod Lev Ex. / FC 2:30 Trivia w/ Peggy - WA 6:00 Activity w/ Ty-Pc	24 10:30 Bingo - WA 2:00 Movie Day / WA 7:15 Bingo / MR
25 10:00 Catholic Virtual Mass w/ Comm. / WA 11:00 Mini Activities-WA 1:00 Ravens Game-WA 2:00 Ecum. Service / Chap 2:30 Fellowship w/ refresh / Chap 3:15 Arts & Crafts w/ Raquel / MR	26 9:30 Sit & Stand - FC 10:30 Bingo/ WA 11:00 Intermediate Exercise Class-FC 11:45 Mod Lev Ex. / FC 2:30 Vintage Entertainment / WA 3:45 Resident Council / WA	27 10:00 Zumba - FITNESS CTR 10:30 Crossword / WA 11:00 Balance Builders Class-FC 11:45 Mod Lev Ex. / FC 2:30 Musical Happy Hour/ 3AR 6:00 Activity w/ Natalie & Ty	28 9:30 Sit & Stand - FC 10:30 Games w/ Loyola / WA 11:00 Intermed. Ex. / FC 11:15 Brain & Body Stretches / Decker 11:45 Mod Lev Ex. / FC 7:00 Ain't Misbehavin' / WA	29 9:30 Daily Chronicles and Horoscopes/ CBA 10:30 Bingo - WA 11:00 Balance Builders Class-FC 11:45 Mod Lev Ex. / FC 1:30 Watercolor / 3AR 2:30 Halloween Party / WA 6:00 Activity w/ Natalie-Decker	30 9:30 Sit & Stand - FC 10:15 Bus Outings / Decker Scenic 10:30 Writing Group- HOME LOBBY 11:00 Intermediate Exerc Class-FC 11:45 Mod Lev Ex. / FC 2:30 Trivia w/ Peggy - WA 6:00 Act w/ Ty-PC	31 10:30 Bingo - WA 2:00 Movie Day / WA