

AUGUST 2026



Independent Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 2:00 Movie Day / WA
2 10:00 Catholic Virtual Mass w/ Comm. / WA 11:00 Mini Activities-WA 1:00 Mahjong-4th Fl. Library 2:00 Ecum. Service / Chap 2:30 Fellowship w/ refresh / Chap 3:15 Trivia WA	3 9:30 Sit & Stand - FC 11:00 Inter. Exer. / FC 11:45 Mod Lev Ex. / FC 1:30 Wii Bowling - MR 2:30 Music & Vocals w/ Rayon / WA 6:30 Harbor City Chorus Rehearsal/ WA	4 10:00 Zumba - FITNESS CTR 10:00 Kenilworth Shopping: Trader Joe Or Any Store There 11:00 Balance Builders Class-FC 11:45 Mod Lev Ex. / FC 1:30 Bookmobile - Front Door 3:00 Bingo With David MR	5 9:30 Sit & Stand - FC 10:00 Banking & Shopping 11:00 Intermed. Ex. / FC 11:45 Mod Lev Ex. / FC 1:30 Billiards 2:00 Catholic Comm - MR 2:30 DRIVE IN MOVIE-WA 3:00 Mahjong-4th Fl Lib	6 9:30 Daily Chronicles and Horoscopes/ CBA 10:00 Shopping: Eddie's Market 11:00 Balance Builders Class-FC 11:45 Mod Lev Ex. / FC 2:00 Cont Issues/ MR 3:00 Pgill Singers Practice- MR	7 9:30 Sit & Stand - FC 10:30 Pokeno-WA 11:00 Inter. Exercise / FC 11:45 Mod Lev Ex. / FC 1:00 Writing Group - MR	8 2:00 Celebrating America Thru the Lives of First Ladies / WA
9 10:00 Catholic Virtual Mass w/ Comm. / WA 11:00 Mini Activities-WA 1:00 Mahjong-4th Fl. Library 2:00 Ecum. Service / Chap 2:30 Fellowship w/ refresh / Chap	10 9:30 Sit & Stand - FC 11:00 Intermed. Exer. / FC 11:45 Mod Lev Ex. / FC 1:30 Wii Bowling - MR 2:30 Rearview Mirror / WA 6:30 Harbor City Chorus Rehearsal/ WA 7:15 Book Club- 4th Fl. Library	11 10:00 Zumba - FITNESS CTR 10:00 Hunt Valley Shopping: Wegman's Or Any Store There 11:00 Balance Builders Class-FC 11:45 Mod Lev Ex. / FC 3:00 Bingo With David MR	12 9:30 Sit & Stand - FC 10:00 Banking & Shopping 10:30 Lawn Cornhole- 3AR Patio 11:00 Intermed. Ex. / FC 11:45 Mod Lev Ex. / FC 1:30 Billiards 2:00 Catholic Comm - MR 2:30 Piano & Song w/ John / WA 3:00 Mahjong-4th Fl Lib	13 9:30 Daily Chronicles and Horoscopes/ CBA 9:45 Walmart Hampstead 11:00 Balance Builders Class-FC 11:45 Mod Lev Ex. / FC 1:00 IL Committee-Conf Room 2:00 Cont Issues/ MR 3:00 Pgill Singers Practice- MR	14 9:30 Sit & Stand - FC 11:00 Inter. Exercise / FC 11:45 Mod Lev Ex. / FC 1:00 Writing Group - MR 2:30 Assoc. Exec. Bd. - Conf. Rm	15 2:00 Movie Day / WA

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16 10:00 Catholic Virtual Mass w/ Comm. / WA 11:00 Mini Activities-WA 1:00 Mahjong-4th Fl. Library 2:00 Ecum. Service / Chap 2:30 Fellowship w/ refresh / Chap 3:15 Doc- WA	17 9:30 Sit & Stand - FC 11:00 Inter. Exercise / WA 11:45 Mod Lev Ex. / FC 1:30 Wii Bowling - MR 2:00 Catholic Mass/ Meeting Room 2:30 Talk on Arthritis w/ Rehab / WA 6:30 Harbor City Chorus Rehearsal/ WA	18 10:00 Zumba - FITNESS CTR 10:00 Shopping: Graul's Market 11:00 Balance Builders Class-FC 11:45 Mod Lev Ex. / FC 3:00 Bingo With David MR	19 9:30 Sit & Stand - FC 10:00 Banking & Shopping 11:00 Intermed. Ex. / FC 11:45 Mod Lev Ex. / FC 1:30 Billiards 2:30 Music w/ Slightly Silver / WA 3:00 Mahjong-4th FI Lib	20 9:30 Daily Chronicles and Horoscopes/ CBA 11:00 Balance Builders Class-FC 11:00 Restaurant: A Return Trip To By The Docks 11:45 Mod Lev Ex. / FC 2:00 Cont Issues/ MR 3:00 Pgill Singers Practice- MR 3:30 Music w/ Nadira-WA	21 9:30 Sit & Stand - FC 11:00 Intermediate Exerc Class-FC 11:45 Mod Lev Ex. / FC 1:00 Writing Group - MR	22 2:00 Movie Day / WA 7:15 Bingo - MR
23 10:00 Catholic Virtual Mass w/ Comm. / WA 11:00 Mini Activities-WA 1:00 Mahjong-4th Fl. Library 2:00 Ecum. Service / Chap 2:30 Fellowship w/ refresh / Chap 3:15 Activity-WA	24 9:30 Sit & Stand - FC 11:00 Intermediate Exercise Class-FC 11:45 Mod Lev Ex. / FC 1:30 Wii Bowling - MR 2:00 Music w/ Lynn 6:30 Harbor City Chorus Rehearsal/ WA	25 10:00 Zumba - FITNESS CTR 10:00 Towson Market Place: Weis,Target,Marshalls Or Any Store There 11:00 Balance Builders Class-FC 11:45 Mod Lev Ex. / FC 3:00 Bingo With David MR	26 9:30 Sit & Stand - FC 10:00 Banking & Shopping 10:30 Outside Lawn TicTacToe-3AR Patio 11:00 Intermed. Ex. / FC 11:45 Mod Lev Ex. / FC 1:30 Billiards 2:00 Catholic Comm - MR 3:00 Mahjong-4th FI Lib 4:30 Annual Crab Feast (please refer to	27 9:30 Daily Chronicles and Horoscopes/ CBA 10:00 Amish Market 11:00 Balance Builders Class-FC 11:45 Mod Lev Ex. / FC 2:00 Cont Issues/ MR 3:00 Pgill Singers Practice- MR	28 9:30 Sit & Stand - FC 11:00 Intermediate Exerc Class-FC 11:45 Mod Lev Ex. / FC 1:00 Writing Group - MR	29 2:00 Movie Day / WA
30 10:00 Catholic Virtual Mass w/ Comm. / WA 11:00 Mini Activities-WA 1:00 Mahjong-4th Fl. Library 2:00 Ecum. Service / Chap 2:30 Fellowship w/ refresh / Chap	31 9:30 Sit & Stand - FC 11:00 Intermediate Exercise Class-FC 11:45 Mod Lev Ex. / FC 1:30 Wii Bowling - MR 6:30 Harbor City Chorus Rehearsal/ WA					