

JULY 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:30 Sit & Stand - FC 10:00 Banking & Shopping 10:30 American Jingo / WA 11:00 Intermed. Ex. / FC 11:45 Mod Lev Ex. / FC 1:30 Billiards 2:00 Catholic Comm - MR 2:30 Music w/ Ken King / WA 3:00 Mahjong-4th Fl Lib	2 9:30 Daily Chronicles and Horoscopes/ CBA 10:00 Shopping: Eddie's Market 11:00 Balance Builders Class-FC 11:45 Mod Lev Ex. / FC 2:00 Cont Issues/ MR 3:00 Pgill Singers Practice- MR 3:15 America: Our Defining Moments / WA	3 9:30 Sit & Stand - FC 10:30 Make Your Own July 4th Headband / WA 11:00 Intermediate Exerc Class-FC 11:45 Mod Lev Ex. / FC 1:00 Writing Group - MR	4 Independence Day 2:00 Movie Day / WA
5 10:00 Catholic Virtual Mass w/ Comm. / WA 11:00 Mini Activities-WA 1:00 Mahjong-4th Fl. Library 2:00 Ecum. Service / Chap 2:30 Fellowship w/ refresh / Chap 3:15 Founding Father Trivia / WA	6 9:30 Sit & Stand - FC 11:00 Inter. Exer. / FC 11:45 Mod Lev Ex. / FC 1:30 Wii Bowling - MR 2:30 Music w/ Ron / WA 6:30 Harbor City Chorus Rehearsal/ WA	7 10:00 Zumba - FITNESS CTR 10:00 Kenilworth Shopping: Trader Joe & More 10:30 Tech Lessons w/ Nick / WA 11:00 Balance Builders Class-FC 11:45 Mod Lev Ex. / FC 1:30 Bookmobile - Front Door 3:00 Bingo With David MR	8 9:30 Sit & Stand - FC 10:00 Banking & Shopping 10:30 Mary Ann Jung w/ / WA 11:00 Intermed. Ex. / FC 11:45 Mod Lev Ex. / FC 1:30 Billiards 2:00 Catholic Comm - MR 2:30 Crossword Puzzle / WA 3:00 Mahjong-4th Fl Lib	9 9:30 Daily Chronicles and Horoscopes/ CBA 9:45 White Marsh Mall 11:00 Balance Builders Class-FC 11:45 Mod Lev Ex. / FC 1:00 IL Committee-Conf Room 2:00 Cont Issues/ MR 3:00 Pgill Singers Practice- MR	10 9:30 Sit & Stand - FC 10:30 Cornhole Competition / 3AR Patio 11:00 Intermediate Exerc Class-FC 11:45 Mod Lev Ex. / FC 1:00 Writing Group - MR 2:30 Assoc. Exec. Bd. - Conf. Rm 3:00 Identity Theft Protection Presentation-MR	11 2:00 Music w/ Jody / WA 7:15 Bingo -MR
12 10:00 Catholic Virtual Mass w/ Comm. / WA 11:00 Mini Activities-WA 1:00 Mahjong-4th Fl. Library 2:00 Ecum. Service / Chap 2:30 Fellowship w/ refresh / Chap 3:15 July Trivia / WA	13 9:30 Sit & Stand - FC 11:00 Intermediate Exercise Class-FC 11:45 Mod Lev Ex. / FC 1:30 Wii Bowling - MR 2:00 Music w/Lynn Roxy / WA 6:30 Harbor City Chorus Rehearsal/ WA 7:15 Book Club- 4th Fl. Library	14 10:00 Zumba - FITNESS CTR 10:00 Hunt Valley Shopping: Wegman's Or Any Store There Plus A Liquor Store 10:30 Tech. Presentation w/ Nick / WA 11:00 Balance Builders Class-FC 11:45 Mod Lev Ex. / FC 3:00 Bingo With David MR	15 9:30 Common Ground Spiritual Retreat 9:30 Sit & Stand - FC 10:00 Banking & Shopping 11:45 Mod Lev Ex. / FC 1:30 Billiards 2:00 Catholic Comm - MR 3:00 Mahjong-4th Fl Lib	16 9:30 Daily Chronicles and Horoscopes/ CBA 10:15 Our Bay Bridge Trip To Kent Island With Lunch At The Jetty Right By The Water 11:00 Balance Builders Class-FC 11:45 Mod Lev Ex. / FC 2:00 Cont Issues/ MR 3:00 Pgill Singers Practice- MR 3:15 Un. Md. Interns	17 9:30 Sit & Stand - FC 11:00 Intermediate Exerc Class-FC 11:45 Mod Lev Ex. / FC 1:00 Writing Group - MR 2:30 Residents General Mtg. -MR	18 2:00 Movie Day / WA 3:00 BYOB/Social Hour-MR

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19 10:00 Catholic Virtual Mass w/ Comm. / WA 11:00 Mini Activities-WA 1:00 Mahjong-4th Fl. Library 2:00 Ecum. Service / Chap 2:30 Fellowship w/ refresh / Chap 3:15 Riddle Me This / WA	20 9:30 Sit & Stand - FC 11:00 Inter. Exer. / FC 11:45 Mod Lev Ex. / FC 1:30 Wii Bowling - MR 2:00 Catholic Mass/ MR 2:30 Music w/ Vintage Enter. 6:30 Harbor City Chorus Rehearsal/ WA	21 10:00 Zumba - FITNESS CTR 10:00 Shopping: Graul's Market, Walgreens Drug Store&liquor Store 10:30 Tech. Pres. w/ Nick / WA 11:00 Balance Builders Class-FC 11:45 Mod Lev Ex. / FC 3:00 Bingo With David MR	22 9:30 Sit & Stand - FC 10:00 Banking & Shopping 11:00 Intermed. Ex. / FC 11:45 Mod Lev Ex. / FC 1:30 Billiards 2:30 Annual Luau Party / WA 3:00 Mahjong-4th Fl Lib	23 9:30 Daily Chronicles and Horoscopes/ CBA 10:00 Amish Market 11:00 Balance Builders Class-FC 11:45 Mod Lev Ex. / FC 2:00 Cont Issues/ MR 3:00 Pgill Singers Practice- MR 3:15 Univ. Md. Tech Safety / WA	24 9:30 Sit & Stand - FC 10:30 Doc. America / WA 11:00 Inter. Ex. / FC 11:45 Mod Lev Ex. / FC 1:00 Writing Group - MR	25 2:00 Movie Day / WA 7:15 Bingo - MR
26 10:00 Catholic Virtual Mass w/ Comm. / WA 11:00 Mini Activities-WA 1:00 Mahjong-4th Fl. Library 2:00 Ecum. Service / Chap 2:30 Fellowship w/ refresh / Chap 3:15 Who Am I Trivia / WA	27 9:30 Sit & Stand - FC 11:00 Intermediate Exercise Class-FC 11:45 Mod Lev Ex. / FC 1:30 Wii Bowling - MR 2:30 Vocalist Michael Brown / WA 6:30 Harbor City Chorus Rehearsal/ WA	28 10:00 Zumba - FITNESS CTR 10:00 Towson Market Place: Target, Weis, Marshalls Any Store There 11:00 Balance Builders Class-FC 11:45 Mod Lev Ex. / FC 3:00 Bingo With David MR	29 9:30 Sit & Stand - FC 10:00 Banking & Shopping 11:00 Intermed. Ex. / FC 11:45 Mod Lev Ex. / FC 1:30 Billiards 2:00 Catholic Comm - MR 2:30 Music w/ Norm / WA 3:00 Mahjong-4th Fl Lib	30 9:30 Daily Chronicles and Horoscopes/ CBA 10:00 Our Yearly Trip To Brown's Orchard. It's Peach Season. And A Snack 11:00 Balance Builders Class-FC 11:45 Mod Lev Ex. / FC 2:00 Cont Issues/ MR 3:00 Pgill Singers Practice- MR 3:15 Univ. Md. Tech	31 9:30 Sit & Stand - FC 11:00 Intermediate Exer. Class-FC 11:45 Mod Lev Ex. / FC 1:00 Writing Group - MR	