

DECEMBER 2025



Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:30 Sit & Stand - FITNESS CTR 10:30 Bingo/ WA 11:00 Inter.Ex. Class / FC 11:45 Moderate Lev Exercise-FC 2:30 Music w/ the Uke Bros. / WA 6:30 Harbor City Chorus/ WA	2 10:00 Zumba - FITNESS CTR 10:30 Give Me Five! List it game on Decker 10:30 Crossword / WA 11:00 Balance Builders Class-FC 11:45 Moderate Lev Exercise-FC 1:30 Bookmobile - Front Door 2:30 Musical Happy Hour/ WA	3 9:30 Sit & Stand - FITNESS CTR 10:30 Balloon Badminton / WA 11:00 Intermediate Exer. Class-FC 11:45 Moderate Lev Exercise-FC 2:00 Catholic Comm - MR 2:30 Music & Song w/ Bob Clark / WA 7:00 Ain't Misbehavin' Reh. / WA	4 9:30 Daily Chronicles and Horoscopes/ CBA 10:30 Bingo - WA 11:00 Balance Builders Class-FC 11:45 Moderate Lev Exercise-FC 1:30 Watercolors- 3AR 2:00 Cont Issues/ MR 3:15 Art for Others/ WA 6:00 Late Night w/ Decker	5 9:30 Sit & Stand - FITNESS CTR 10:15 Bus Outings / Kohl's 10:30 Writing Group- 3AR 10:30 What A Gem Holiday Cards / WA 11:00 Intermediate Exerc Class-FC 11:45 Moderate Lev Exercise-FC 2:30 Trivia w/ Peggy -	6 9:30 Yoga- FITNESS CTR 10:30 Bingo - WA 2:00 Musical Encounters on Decker 2:30 Ballet Mobile
7 10:00 Catholic Virtual Mass w/ Comm. / WA 11:00 Mini Activities-WA 2:00 Ecum. Service / Chap 2:30 Fellowship w/ refresh / Chap 3:15 Crossword WA	8 9:30 Sit & Stand - FITNESS CTR 10:30 Bingo/ WA 11:00 Intermediate Exercise Class-FC 11:45 Moderate Lev Exercise-FC 2:00 Music w/ Lynn Roxy 6:30 Harbor City Chorus/ WA	9 10:00 Zumba - FITNESS CTR 10:30 Grief & the Holidays / WA 11:00 Balance Builders Class-FC 11:45 Moderate Lev Exercise-FC 2:30 Musical Happy Hour/ 3AR 6:00 Late Night w/ Decker	10 9:30 Sit & Stand - FITNESS CTR 10:30 X-Mas 'round the World Trivia / 3AR 11:00 Intermediate Exer. Class-FC 11:45 Moderate Lev Exercise-FC 2:00 Catholic Comm - MR 2:30 Piano w/ John Oliver / Willard 6:00 Late Night w/	11 9:30 Daily Chronicles and Horoscopes/ CBA 10:30 Bingo - WA 11:00 Balance Builders Class-FC 11:45 Moderate Lev Exercise-FC 2:00 Cont Issues/ MR 3:15 Vocalist Nadira / WA 6:00 Late Night w/ Decker	12 9:30 Sit & Stand - FITNESS CTR 10:15 Garden Club / WA 10:30 Writing Group- 3AR 11:00 Intermediate Exerc Class-FC 11:15 Lunch Outing / Texas RH 11:45 Moderate Lev Exercise-FC 2:30 Trivia w/ Peggy - WA	13 9:30 Yoga- FITNESS CTR 10:30 Bingo - WA 2:00 Movie Day / Holiday Inn 7:15 Bingo -MR
14 10:00 Catholic Virtual Mass w/ Comm. / WA 11:00 Mini Activities-WA 2:00 Ecum. Service / Chap 2:30 Fellowship w/ refresh / Chap	15 9:30 Sit & Stand - FITNESS CTR 10:30 Bingo/ WA 11:00 Mediate Ex. Class / FC 11:45 Moderate Lev Ex. / FC 2:00 Catholic Mass/ Meeting Room 2:30 Vocalist Janet Paulsen / WA 3:15 Resident Council / WA 6:30 Harbor City	16 9:30 St. Paul's Dance / WA 10:00 Zumba - FITNESS CTR 10:30 Crossword / WA 11:00 Balance Builders Class-FC 11:45 Moderate Lev Exercise-FC 1:15 AL Food Service Meeting - WA 2:30 Musical Happy Hour/ 3AR	17 9:30 Sit & Stand - FITNESS CTR 10:30 Carol Cut Off/ Activity Room 11:00 Intermediate Exer. Class-FC 11:45 Moderate Lev Exercise-FC 2:30 X-Mas Party w/ Woof / WA 7:00 Ain't Misbehavin' Reh.	18 9:30 Daily Chronicles and Horoscopes/ CBA 10:30 Bingo - WA 11:00 Balance Builders Class-FC 11:45 Moderate Lev Exercise-FC 1:30 Watercolors- 3AR 2:00 NO CONT ISSUES TODAY 3:00 Pickersgill Singers Concert/WA	19 9:30 Sit & Stand - FITNESS CTR 10:15 Bus Outings 10:30 Writing Group- 3AR 10:30 Family Feud Holiday Edition/WA 11:00 Intermediate Exerc Class-FC 11:45 Moderate Lev Exercise-FC 2:30 Trivia w/ Peggy - WA	20 9:30 Yoga- FITNESS CTR 10:30 Bingo - WA 2:00 Movie Day; Its a Wonderful Life 2:00 Musical Encounters on Decker

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21 10:00 Catholic Virtual Mass w/ Comm. / WA 11:00 Mini Activities-WA 2:00 Ecum. Service / Chap 2:30 Fellowship w/ refresh / Chap 3:15 Trivia WA	22 9:30 Sit & Stand - FITNESS CTR 10:30 Bingo/ WA 11:00 Intermediate Exercise Class-FC 11:45 Moderate Lev Exercise-FC 2:30 Music w/ Vint Ent.-WA 6:30 Harbor City Chorus/ WA	23 10:00 Zumba - FITNESS CTR 10:30 Crossword / WA 11:00 Balance Builders Class-FC 11:45 Moderate Lev Exercise-FC 2:30 Musical Happy Hour/ 3AR 6:00 Late Night w/ Decker	24 9:30 Sit & Stand - FITNESS CTR 10:30 Music w/ Greg-WA 11:00 Intermediate Exer. Class-FC 11:15 Brain & Body Stretches / Decker 11:45 Moderate Lev Exercise-FC 2:00 Catholic Comm - MR 2:45 Movie: White	25 Christmas Day 9:30 Bible Study 10:30 Bingo - WA 11:00 Balance Builders Class-FC 11:45 Moderate Lev Exercise-FC 6:00 Late Night w/ Decker	26 9:30 Sit & Stand - FITNESS CTR 10:15 Bus Outings 10:30 Writing Group-3AR 10:30 Pokeno-WA 11:00 Intermediate Exer. Class-FC 11:45 Moderate Lev Exercise-FC 2:30 Trivia w/ Peggy - WA	27 9:30 Yoga- FITNESS CTR 10:30 Bingo - WA 2:00 Movie Day; Grumpy Old Men
28 10:00 Catholic Virtual Mass w/ Comm. / WA 11:00 Mini Activities-WA 2:00 Ecum. Service / Chap 2:30 Fellowship w/ refresh / Chap 3:15 Documentary FC	29 9:30 Sit & Stand - FITNESS CTR 10:30 Bingo/ WA 11:00 Intermediate Exercise Class-FC 11:45 Moderate Lev Exercise-FC 2:30 Music w/ Ina-WA 6:30 Harbor City Chorus/ WA	30 10:00 Zumba - FITNESS CTR 10:30 Crossword / WA 11:00 Balance Builders Class-FC 11:45 Moderate Lev Exercise-FC 2:30 Musical Happy Hour/ 3AR 6:00 Late Night w/ Decker	31 9:30 Sit & Stand - FITNESS CTR 10:30 New Year Resolution Group-WA 11:00 Intermediate Exer. Class-FC 11:15 Brain & Body Stretches / Decker 11:45 Moderate Lev Exercise-FC 2:00 Catholic Comm - MR			