

NOVEMBER 2025



Independent Living Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		WA=Willard Auditorium MR=Meeting Room 3AR=3rd Floor Activity Room Cont. Issues Activity = Contemporary Issues Please be sure to sign up for outings at Front Desk	Interested in bringing back an activity you don't see on the schedule or proposing something new? Let us know! 410 842 0404			1 9:30 Yoga- FITNESS CTR 2:00 Movie Day / WA 5:45 Movie / WA
2 10:00 Catholic Virtual Mass w/ Comm. / WA 11:00 Mini Activities-WA 2:00 Ecum. Service / Chap 2:30 Fellowship w/ refresh / Chap 3:15 Crossword WA	3 9:30 Sit & Stand - FITNESS CTR 11:00 Mod. Level Exercise-FC 11:45 High Lev Exercise-FC 1:30 Wii Bowling - MR 2:30 Music w/ Rearview Mirror/ WA 6:30 Harbor City Chorus/ WA	4 10:00 Zumba - FITNESS CTR 10:00 Kenilworth shopping: Trader Joe & More 11:00 Mod. Level Exercise-FC 11:45 High Lev Exercise-FC 1:30 Bookmobile - Front Door 3:00 Bingo With David MR	5 9:30 Sit & Stand - FITNESS CTR 10:00 Banking & Shopping 10:30 Where in the World-WA 11:00 Mod. Level Exercise-FC 11:45 High Lev Exercise-FC 1:30 Knitting Group - 3rd FLOOR LOUNGE 1:30 Billiards 2:00 Catholic Comm - MR	6 9:30 Daily Chronicles and Horoscopes/ CBA 10:00 Shopping: Eddies Market 11:00 Mod. Level Exercise-FC 11:45 High Lev Exercise-FC 1:30 Knitting Group - 3rd FLOOR LOUNGE 2:00 Cont Issues/ MR 3:00 Pgill Singers Practice- MR 3:15 Tech Help-WA	7 9:30 Sit & Stand - FITNESS CTR 10:30 Family Feud-WA 11:00 Mod. Level Exercise-FC 11:45 High Lev Exercise-FC 1:00 Writing Group - MR 1:30 Knitting Group - 3rd FLOOR LOUNGE	8 9:30 Yoga- FITNESS CTR 2:00 Movie Day; TBA 5:45 Movie / WA 7:15 Bingo -MR
9 10:00 Catholic Virtual Mass w/ Comm. / WA 11:00 Mini Activities-WA 2:00 Ecum. Service / Chap 2:30 Fellowship w/ refresh / Chap	10 9:30 Sit & Stand - FITNESS CTR 11:00 Intermediate Exercise Class-FC 11:45 Moderate Lev Exercise- FC 1:30 Wii Bowling - MR 2:30 Music w/ Michelle/ WA 6:30 Harbor City Chorus/ WA 7:15 Book Club- 4th Fl. Library	11 Veterans Day 10:00 Zumba - FITNESS CTR 10:00 Hunt Valley Shopping. Wegmans Or Any Store There 11:00 Balance Builders Class- FC 11:45 Moderate Lev Exercise- FC 3:00 Bingo With David MR	12 9:30 Sit & Stand - FITNESS CTR 10:00 Banking & Shopping 10:30 Baking Group-WA 11:00 Intermediate Exer. Class-FC 11:45 Moderate Lev Exercise- FC 1:30 Knitting Group - 3rd FLOOR LOUNGE 1:30 Billiards 2:00 Catholic Comm - MR 2:30 Music w/ Slightly Silver/ WA	13 9:30 Daily Chronicles and Horoscopes/ CBA 10:00 Veterans Day Program w/ Gilchrist/ WA 11:00 Restaraunt: The Stonebridge Grill. A Nice Ride On York RD. To The MD. Line Plus Good Food 11:00 Balance Builders Class- FC 11:45 Moderate Lev Exercise- FC 1:30 Knitting Group - 3rd	14 9:30 Sit & Stand - FITNESS CTR 10:30 Bingo-WA 11:00 Intermediate Exerc Class-FC 11:45 Moderate Lev Exercise- FC 1:00 Writing Group - MR 1:30 Knitting Group - 3rd FLOOR LOUNGE 2:30 Assoc. Exec. Bd. - Conf. Rm 7:30 Hotel Paradise/ WA	15 9:30 Yoga- FITNESS CTR 2:00 Movie Day; TBA 3:00 BYOB Social - MR 5:45 Movie / WA

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16 10:00 Catholic Virtual Mass w/ Comm. / WA 11:00 Mini Activities-WA 2:00 Ecum. Service / Chap 2:30 Fellowship w/ refresh / Chap 3:15 Trivia WA	17 9:30 Sit & Stand - FITNESS CTR 11:00 Intermediate Exercise Class-FC 11:45 Moderate Lev Exercise-FC 1:30 Wii Bowling - MR 2:00 Catholic Mass/ Meeting Room 6:30 Harbor City Chorus/ Decker 7:30 Middle River Concert- WA	18 10:00 Zumba - FITNESS CTR 10:00 Shopping Grauls Market,Walgreens Drug Store & Liquor Store 11:00 Balance Builders Class-FC 11:45 Moderate Lev Exercise-FC 3:00 Bingo With David MR	19 9:30 Sit & Stand - FITNESS CTR 10:00 Banking & Shopping 10:30 Ted Talk Discussion-WA 11:00 Intermediate Exer. Class-FC 11:45 Moderate Lev Exercise-FC 1:30 Knitting Group - 3rd FLOOR LOUNGE 1:30 Billiards 2:00 Catholic Comm - MR 2:30 Music w/ Helmut-WA	20 9:30 Daily Chronicles and Horoscopes/ CBA 9:30 White Marsh Mall 11:00 Balance Builders Class-FC 11:45 Moderate Lev Exercise-FC 1:30 Knitting Group - 3rd FLOOR LOUNGE 3:00 Pgill Singers Practice-MR 3:00 P-Gill Singers	21 9:30 Sit & Stand - FITNESS CTR 10:30 Black Jack-WA 11:00 Intermediate Exerc Class-FC 11:45 Moderate Lev Exercise-FC 1:00 Writing Group - MR 1:30 Knitting Group - 3rd FLOOR LOUNGE 2:30 Residents General Mtg. -MR	22 9:30 Yoga- FITNESS CTR 2:00 Movie Day; TBA 5:45 Movie / WA 7:15 Bingo - MR
23 10:00 Catholic Virtual Mass w/ Comm. / WA 11:00 Mini Activities-WA 2:00 Ecum. Service / Chap 2:30 Fellowship w/ refresh / Chap 3:15 Documentary FC	24 9:30 Sit & Stand - FITNESS CTR 11:00 Intermediate Exercise Class-FC 11:45 Moderate Lev Exercise-FC 1:30 Wii Bowling - MR 2:30 Music w/ Woof-WA 6:30 Harbor City Chorus/ WA	25 10:00 Zumba - FITNESS CTR 10:00 Towson Market Place: Target,Weis, Marshalls & More 11:00 Balance Builders Class-FC 11:45 Moderate Lev Exercise-FC 3:00 Bingo With David MR	26 9:30 Sit & Stand - FITNESS CTR 10:00 Banking & Shopping 10:30 Coffee Social Hour-WA 11:00 Intermediate Exer. Class-FC 11:45 Moderate Lev Exercise-FC 1:30 Knitting Group - 3rd FLOOR LOUNGE 1:30 Billiards 2:00 Catholic Comm - MR	27 Thanksgiving 9:30 Gratitudes and Blessings Service-WA 10:30 Bingo - WA 11:00 Balance Builders Class-FC 11:45 Moderate Lev Exercise-FC 1:30 Knitting Group - 3rd FLOOR LOUNGE 3:00 Pgill Singers Practice-MR	28 9:30 Sit & Stand - FITNESS CTR 11:00 Intermediate Exerc Class-FC 11:45 Moderate Lev Exercise-FC 1:00 Writing Group - MR 1:30 Knitting Group - 3rd FLOOR LOUNGE	29 9:30 Yoga- FITNESS CTR 2:00 Movie Day; TBA 5:45 Movie / WA
30 10:00 Catholic Virtual Mass w/ Comm. / WA 11:00 Mini Activities-WA 2:00 Ecum. Service / Chap 2:30 Fellowship w/ refresh / Chap						