

OCTOBER 2025



Independent Living Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		WA=Willard Auditorium MR=Meeting Room 3AR=3rd Floor Activity Room Cont. Issues Activity = Contemporary Issues Please be sure to sign up for outings at Front Desk	1 9:30 Sit & Stand - FITNESS CTR 10:00 Banking & Shopping 10:30 Trivia Program / WA 11:00 Mod. Level Exercise-FC 11:45 High Lev Exercise-FC 1:30 Knitting Group - 3rd FLOOR LOUNGE 1:30 Billiards 2:00 Catholic Comm - MR 2:30 Lucy Worsley: Jane Austen / WA 3:45 Art for Others w/ Loyola / WA	2 9:30 Daily Chronicles and Horoscopes/ CBA 10:00 Shopping: Eddies Market 11:00 Mod. Level Exercise-FC 11:45 High Lev Exercise-FC 1:30 Knitting Group - 3rd FLOOR LOUNGE 2:00 Cont Issues/ MR 3:00 Pgill Singers Practice- MR 3:15 Harp w/ Laura / WA	3 9:30 Sit & Stand - FITNESS CTR 10:30 Uno-Willard Auditorium 11:00 Mod. Level Exercise-FC 11:45 High Lev Exercise-FC 1:00 Writing Group - MR 1:30 Knitting Group - 3rd FLOOR LOUNGE	4 9:30 Yoga- FITNESS CTR 2:00 Movie Day / WA 5:45 Movie / WA
5 10:00 Catholic Virtual Mass w/ Comm. / WA 2:00 Ecum. Service / Chap 2:30 Fellowship w/ refresh / Chap 3:15 Crossword WA	6 9:30 Sit & Stand - FITNESS CTR 11:00 Mod. Level Exercise-FC 11:45 High Lev Exercise-FC 1:30 Wii Bowling - MR 2:30 Guitar & Song w/ Rayon / WA 6:30 Harbor City Chorus/ WA	7 9:00 Meadowood Walking Group 10:00 Zumba - FITNESS CTR 10:00 Kenilworth Shopping: Trader Joe & More 10:00 Kenilworth Shopping: Trader Joe & More 10:00 Mahjong Lessons- Grille/Meeting Room Area 11:00 Mod. Level Exercise-FC 11:45 High Lev Exercise-FC 1:30 Bookmobile - Front	8 9:30 Sit & Stand - FITNESS CTR 10:00 Banking & Shopping 10:30 Balloon Badminton 11:00 Mod. Level Exercise-FC 11:45 High Lev Exercise-FC 1:30 Knitting Group - 3rd FLOOR LOUNGE 1:30 Billiards 2:00 Catholic Comm - MR 2:30 Music w/ John O-WA	9 9:30 Daily Chronicles and Horoscopes/ CBA 11:00 Mod. Level Exercise-FC 11:45 High Lev Exercise-FC 1:30 Knitting Group - 3rd FLOOR LOUNGE 2:00 Cont Issues/ MR 3:00 Pgill Singers Practice- MR 3:15 Black Jack-WA	10 9:30 Sit & Stand - FITNESS CTR 10:15 Garden Club-WA 11:00 Mod. Level Exercise-FC 11:45 High Lev Exercise-FC 1:00 Writing Group - MR 1:30 Knitting Group - 3rd FLOOR LOUNGE 2:30 Assoc. Exec. Bd. - Conf. Rm	11 9:30 Yoga- FITNESS CTR 2:00 Movie Day / WA 5:45 Movie / WA 7:15 Bingo -MR
12 10:00 Catholic Virtual Mass w/ Comm. / WA 2:00 Ecum. Service / Chap 2:30 Fellowship w/ refresh / Chap 3:15 Jeopardy-MR	13 Indigenous Peoples' Day 9:30 Sit & Stand - FITNESS CTR 11:00 Mod. Level Exercise-FC 11:45 High Lev Exercise-FC 1:30 Wii Bowling - MR 2:30 Music w/ Bob-WA 6:30 Harbor City Chorus/ WA 7:15 Book Club- 4th Fl. Library	14 9:00 Meadowood Walking Group 10:00 Zumba - FITNESS CTR 10:00 Hunt Valley Shopping: Wegmans Or Any Other Store 10:00 Mahjong Lessons- Grille/Meeting Room Area 11:00 Mod. Level Exercise-FC 11:45 High Lev Exercise-FC 3:00 Bingo With David MR	15 9:30 Sit & Stand - FITNESS CTR 10:00 Banking & Shopping 10:30 Spanish Lessons-WA 11:00 Mod. Level Exercise-FC 11:45 High Lev Exercise-FC 1:30 Knitting Group - 3rd FLOOR LOUNGE 1:30 Billiards 2:30 Music w/ Greg Lupton- WA	16 9:30 Daily Chronicles and Horoscopes/ CBA 10:15 Restaraunt: Carroll Creek Cafe Annapolis. 11:00 Mod. Level Exercise-FC 11:45 High Lev Exercise-FC 1:30 Knitting Group - 3rd FLOOR LOUNGE 2:00 Cont Issues/ MR 3:00 Pgill Singers Practice- MR 3:15 Music w/ Nadira / WA	17 9:30 Sit & Stand - FITNESS CTR 10:30 Spanish Lessons-WA 11:00 Mod. Level Exercise-FC 11:45 High Lev Exercise-FC 1:00 Writing Group - MR 1:30 Knitting Group - 3rd FLOOR LOUNGE 2:30 Residents General Mtg. -MR	18 9:30 Yoga- FITNESS CTR 2:00 Movie Day / WA 3:00 BYOB Social - MR 5:45 Movie / WA

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19 9:00 Clock Club-WA 10:00 Catholic Virtual Mass w/ Comm. / WA 2:00 Ecum. Service / Chap 2:30 Fellowship w/ refresh / Chap 3:15 Trivia WA	20 9:30 Sit & Stand - FITNESS CTR 11:00 Mod. Level Exercise-FC 11:45 High Lev Exercise-FC 1:30 Wii Bowling - MR 2:00 Catholic Mass/ Meeting Room 2:30 Music w/ Greg Lardieri-WA 6:30 Harbor City Chorus/ WA	21 9:00 Meadowood Walking Group 10:00 Zumba - FITNESS CTR 10:00 White Marsh Mall 10:00 Mahjong Lessons-Grille/Meeting Room Area 11:00 Mod. Level Exercise-FC 11:45 High Lev Exercise-FC 3:00 Bingo With David MR	22 9:30 Sit & Stand - FITNESS CTR 10:00 Banking & Shopping 10:30 Nat Geo Curse of the Bayou-WA 11:00 Mod. Level Exercise-FC 11:45 High Lev Exercise-FC 1:30 Knitting Group - 3rd FLOOR LOUNGE 1:30 Billiards 2:00 Catholic Comm - MR 2:30 Magic Show w./ David-WA	23 9:30 Daily Chronicles and Horoscopes/ CBA 10:00 Day Trip To Gettysburg With A Tour And Lunch 11:00 Mod. Level Exercise-FC 11:45 High Lev Exercise-FC 1:30 Knitting Group - 3rd FLOOR LOUNGE 2:00 Cont Issues/ MR 3:00 Pgill Singers Practice-MR 3:15 Pumpkin Decorating-WA	24 9:30 Sit & Stand - FITNESS CTR 11:00 Mod. Level Exercise-FC 11:45 High Lev Exercise-FC 1:00 Writing Group - MR 1:30 Knitting Group - 3rd FLOOR LOUNGE	25 9:30 Yoga- FITNESS CTR 2:00 Music w/ Hands of Harmony-WA 7:15 Bingo / MR 7:15 Bingo - MR
26 10:00 Catholic Virtual Mass w/ Comm. / WA 2:00 Ecum. Service / Chap 2:30 Fellowship w/ refresh / Chap 3:15 Documentary FC	27 9:30 Sit & Stand - FITNESS CTR 11:00 Mod. Level Exercise-FC 11:45 High Lev Exercise-FC 1:30 Wii Bowling - MR 2:30 Music w/ Michael-WA 6:30 Harbor City Chorus/ WA	28 9:00 Meadowood Walking Group 10:00 Zumba - FITNESS CTR 10:00 Shopping: Towson Market Place. Target,Weis,Marshalls And More 10:00 Mahjong Lessons-Grille/Meeting Room Area 11:00 Mod. Level Exercise-FC 11:45 High Lev Exercise-FC 3:00 Bingo With David MR	29 9:30 Sit & Stand - FITNESS CTR 10:00 Banking & Shopping 11:00 Mod. Level Exercise-FC 11:45 High Lev Exercise-FC 1:30 Knitting Group - 3rd FLOOR LOUNGE 1:30 Billiards 2:00 Catholic Comm - MR 7:00 SENIOR PROM-WA	30 9:30 Daily Chronicles and Horoscopes/ CBA 10:00 Amish Market 11:00 Mod. Level Exercise-FC 11:45 High Lev Exercise-FC 1:30 Knitting Group - 3rd FLOOR LOUNGE 2:00 Cont Issues/ MR 2:30 Annual Halloween Party-WA 3:00 Pgill Singers Practice-MR	31 9:30 Sit & Stand - FITNESS CTR 10:00 Movie: The Addams Family-WA 11:00 Mod. Level Exercise-FC 11:45 High Lev Exercise-FC 1:00 Writing Group - MR 1:30 Knitting Group - 3rd FLOOR LOUNGE	Interested in bringing back an activity you don't see on the schedule or proposing something new? Let us know! 410 842 0404