

AUGUST 2025



Independent Living Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		WA=Willard Auditorium MR=Meeting Room 3AR=3rd Floor Activity Room Cont. Issues Activity = Contemporary Issues Please be sure to sign up for outings at Front Desk	Interested in bringing back an activity you don't see on the schedule or proposing something new? Let us know! 410 842 0404		1 9:30 Sit & Stand - FITNESS CTR 10:15 TechBridge Classes / WA 11:00 Mod. Level Exercise-FC 11:45 High Lev Exercise-FC 1:00 Writing Group - MR 1:30 Knitting Group - 3rd FLOOR LOUNGE 3:00 Social Hour MR	2 9:30 Yoga- FITNESS CTR 2:00 Movie Day / WA 5:45 Movie / WA
3 10:00 Catholic Virtual Mass w/ Comm. / WA 2:00 Ecum. Service / Chap 2:30 Fellowship w/ refresh / Chap 3:15 Crossword WA	4 9:30 Sit & Stand - FITNESS CTR 11:00 Mod. Level Exercise-FC 11:45 High Lev Exercise-FC 1:30 Wii Bowling - MR 2:30 Piano & Song w/ Michele / WA 6:30 Harbor City Chorus/ WA	5 9:00 Meadowood Walking Group 10:00 Zumba - FITNESS CTR 10:00 Kenilworth Shopping: Trader Joe & More 10:00 Mahjong Lessons- Grille/Meeting Room Area 11:00 Mod. Level Exercise-FC 11:45 High Lev Exercise-FC 1:30 Bookmobile - Front Door 3:00 Bingo With David MR	6 9:30 Sit & Stand - FITNESS CTR 10:00 Banking & Shopping 11:00 Fashion Show & Sale / WA 11:00 Mod. Level Exercise-FC 11:45 High Lev Exercise-FC 1:30 Knitting Group - 3rd FLOOR LOUNGE 1:30 Billiards 2:00 Catholic Comm - MR 3:30 Music w/ Bob Clark/ WA	7 9:30 Daily Chronicles and Horoscopes/ CBA 10:00 Shopping: Eddies Market 11:00 Mod. Level Exercise-FC 11:45 High Lev Exercise-FC 1:30 Knitting Group - 3rd FLOOR LOUNGE 2:00 Cont Issues / WA 3:00 Luau w/ Hawaiian Entertainment/ WA 3:00 Pgill Singers Practice- MR	8 9:30 Sit & Stand - FITNESS CTR 11:00 Mod. Level Exercise-FC 11:45 High Lev Exercise-FC 1:00 Writing Group - MR 1:30 Knitting Group - 3rd FLOOR LOUNGE 2:30 Assoc. Exec. Bd. - Conf. Rm	9 9:30 Yoga- FITNESS CTR 2:00 Movie Day / WA 5:45 Movie / WA 7:15 Bingo -MR
10 10:00 Catholic Virtual Mass w/ Comm. / WA 2:00 Ecum. Service / Chap 2:30 Fellowship w/ refresh / Chap 3:15 Jeopardy-WA	11 9:30 Sit & Stand - FITNESS CTR 11:00 Mod. Level Exercise-FC 11:45 High Lev Exercise-FC 1:30 Wii Bowling - MR 2:30 Piano & Song w/ Nadira / WA 6:30 Harbor City Chorus/ WA 7:15 Book Club- 4th Fl. Library	12 9:00 Meadowood Walking Group 10:00 Zumba - FITNESS CTR 10:00 Hunt Valley Shopping: Wegmans Or Any Store There 10:00 Mahjong Lessons- Grille/Meeting Room Area 11:00 Mod. Level Exercise-FC 11:45 High Lev Exercise-FC 3:00 Bingo With David MR	13 9:30 Sit & Stand - FITNESS CTR 10:00 Banking & Shopping 10:30 Parkinsons Support Group 11:00 Mod. Level Exercise-FC 11:45 High Lev Exercise-FC 1:30 Knitting Group - 3rd FLOOR LOUNGE 1:30 Billiards 2:00 Catholic Comm - MR 2:30 Piano and Song w/ John Oliver/ WA	14 9:30 Daily Chronicles and Horoscopes/ CBA 10:30 Restaraunt: Mikes Seafood & Crab House Near Annapolis On The South River 11:00 Mod. Level Exercise-FC 11:45 High Lev Exercise-FC 1:30 Knitting Group - 3rd FLOOR LOUNGE 2:00 Cont Issues/ MR 3:00 Pgill Singers Practice- MR	15 9:30 Sit & Stand - FITNESS CTR 10:15 Tech Lessons w/ Nicki / WA 11:00 Mod. Level Exercise-FC 11:45 High Lev Exercise-FC 1:00 Writing Group - MR 1:30 Knitting Group - 3rd FLOOR LOUNGE 2:30 Residents General Mtg. -MR	16 9:30 Yoga- FITNESS CTR 2:00 Movie Day / WA 3:00 BYOB - MR 5:45 Movie / WA

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17 10:00 Catholic Virtual Mass w/ Comm. / WA 2:00 Ecum. Service / Chap 2:30 Fellowship w/ refresh / Chap 3:15 Trivia WA	18 9:30 Sit & Stand - FITNESS CTR 11:00 Mod. Level Exercise-FC 11:45 High Lev Exercise-FC 1:30 Wii Bowling - MR 2:00 Catholic Mass/ Meeting Room 6:30 Harbor City Chorus/ WA	19 9:00 Meadowood Walking Group 10:00 Zumba - FITNESS CTR 10:00 White Marsh Mall 10:00 Mahjong Lessons- Grille/Meeting Room Area 11:00 Mod. Level Exercise-FC 11:45 High Lev Exercise-FC 3:00 Bingo With David MR	20 9:30 Sit & Stand - FITNESS CTR 10:00 Banking & Shopping 10:30 History of Pickersgill / WA 11:00 Mod. Level Exercise-FC 11:45 High Lev Exercise-FC 1:30 Knitting Group - 3rd FLOOR LOUNGE 1:30 Billiards 2:00 Catholic Comm - MR 2:30 Astronomy Lessons w/ Crystal and Ron/ WA	21 9:30 Daily Chronicles and Horoscopes/ CBA 10:00 Shopping: Grauls Market,Walgreens Drug Store And Liquor Store 11:00 Mod. Level Exercise-FC 11:45 High Lev Exercise-FC 1:30 Knitting Group - 3rd FLOOR LOUNGE 2:00 Cont Issues/ MR 3:00 Pgill Singers Practice-MR 3:15 Music w/ Janet Paulsen/ WA	22 9:30 Sit & Stand - FITNESS CTR 10:15 Tech Classes w/ Nicki / WA 11:00 Mod. Level Exercise-FC 11:45 High Lev Exercise-FC 1:00 Writing Group - MR 1:30 Knitting Group - 3rd FLOOR LOUNGE	23 9:30 Yoga- FITNESS CTR 2:00 Movie Day / WA 7:15 Bingo - MR
24 10:00 Catholic Virtual Mass w/ Comm. / WA 2:00 Ecum. Service / Chap 2:30 Fellowship w/ refresh / Chap 3:15 Documentary / WA	25 9:30 Sit & Stand - FITNESS CTR 11:00 Mod. Level Exercise-FC 11:45 High Lev Exercise-FC 1:30 Wii Bowling - MR 2:00 Music w/ Lynn Roxy/ WA 6:30 Harbor City Chorus/ WA	26 9:00 Meadowood Walking Group 10:00 Zumba - FITNESS CTR 10:00 A Nice Ride To Brooms Bloom Dairy For Lunch & Ice Cream 10:00 Mahjong Lessons- Grille/Meeting Room Area 11:00 Mod. Level Exercise-FC 11:45 High Lev Exercise-FC 3:00 Bingo With David MR	27 9:30 Sit & Stand - FITNESS CTR 10:00 Banking & Shopping 10:30 Baltimore Trivia / 3AR 11:00 Mod. Level Exercise-FC 11:45 High Lev Exercise-FC 1:30 Knitting Group - 3rd FLOOR LOUNGE 1:30 Billiards 2:00 Catholic Comm - MR 5:00 Annual Crab Feast	28 9:30 Daily Chronicles and Horoscopes/ CBA 10:00 Amish Market 11:00 Mod. Level Exercise-FC 11:45 High Lev Exercise-FC 1:30 Knitting Group - 3rd FLOOR LOUNGE 2:00 Cont Issues/ MR 3:00 Pgill Singers Practice-MR 3:15 Tech Help-WA	29 9:30 Sit & Stand - FITNESS CTR 11:00 Mod. Level Exercise-FC 11:45 High Lev Exercise-FC 1:00 Writing Group - MR 1:30 Knitting Group - 3rd FLOOR LOUNGE	30 9:30 Yoga- FITNESS CTR 2:00 Movie Day; TBA 5:45 Movie/FC
31 10:00 Catholic Virtual Mass w/ Comm. / WA 2:00 Ecum. Service / Chap 2:30 Fellowship w/ refresh / Chap 3:15 Piano w; Clare WA						