

JULY 2025



Independent Living Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<div>1</div> <div>9:00 Meadowood Walking Group</div> <div>10:00 Zumba - FITNESS CTR</div> <div>10:00 Shopping: Trader Joe & Stores At Kenilworth</div> <div>11:00 Mod. Level Exercise-FC</div> <div>11:45 High Lev. Exercise-FC</div> <div>1:30 Bookmobile - Front Door</div> <div>3:00 Bingo With David MR</div>	<div>2</div> <div>9:30 Sit & Stand - FITNESS CTR</div> <div>10:00 Banking & Shopping</div> <div>10:15 Enneagrams - Part 2 / Willard</div> <div>11:00 Mod. Level Exercise-FC</div> <div>11:45 High Lev Exercise-FC</div> <div>1:30 Knitting Group - 3rd FLOOR LOUNGE</div> <div>1:30 Billiards</div> <div>2:00 Catholic Comm - MR</div> <div>2:30 Music & Song w/ Ken King / WA</div>	<div>3</div> <div>9:30 Daily Chronicles and Horoscopes/ CBA</div> <div>10:00 Shopping: Eddies Market</div> <div>11:00 Mod. Level Exercise-FC</div> <div>11:45 High Lev Exercise-FC</div> <div>1:30 Knitting Group - 3rd FLOOR LOUNGE</div> <div>2:00 Cont Issues/ MR</div> <div>3:00 Pgill Singers Practice-MR</div> <div>3:15 Uno & Black Jack/ Willard Auditorium</div>	<div>4</div> <div>Independence Day</div> <div>9:30 Sit & Stand - FITNESS CTR</div> <div>10:30 July 4th History Documentary / WA</div> <div>11:00 Mod. Level Exercise-FC</div> <div>11:45 High Lev Exercise-FC</div> <div>1:00 Writing Group - MR</div> <div>1:30 Knitting Group - 3rd FLOOR LOUNGE</div> <div>3:00 NO SOCIAL HOUR THIS MONTH</div>	<div>5</div> <div>9:30 Yoga- FITNESS CTR</div> <div>2:00 Movie Day / WA</div> <div>5:45 Movie / 3AR</div>
<div>6</div> <div>10:00 Catholic Virtual Mass w/ Comm. / WA</div> <div>2:00 Ecum. Service / Chap</div> <div>2:30 Fellowship w/ refresh / Chap</div> <div>3:15 Crossword WA</div>	<div>7</div> <div>9:30 Sit & Stand - FITNESS CTR</div> <div>11:00 Mod. Level Exercise-FC</div> <div>11:45 High Lev Exercise-FC</div> <div>1:30 Wii Bowling - MR</div> <div>2:30 Music & Song w/ Greg & Bob / WA</div> <div>6:30 Harbor City Chorus/ WA</div>	<div>8</div> <div>9:00 Meadowood Walking Group</div> <div>10:00 Zumba - FITNESS CTR</div> <div>10:00 Hunt Valley Shopping: Wegmans Or Any Store There</div> <div>10:30 Advanced Directives w/ Kathy / WA</div> <div>11:00 Mod. Level Exercise-FC</div> <div>11:45 High Lev Exercise-FC</div> <div>3:00 Bingo With David MR</div>	<div>9</div> <div>9:30 Sit & Stand - FITNESS CTR</div> <div>10:00 Banking & Shopping</div> <div>10:30 "History & You" Discussion / WA</div> <div>11:00 Mod. Level Exercise-FC</div> <div>11:45 High Lev Exercise-FC</div> <div>1:30 Knitting Group - 3rd FLOOR LOUNGE</div> <div>1:30 Billiards</div> <div>2:00 Catholic Comm - MR</div> <div>2:30 Vocalist Michael Brown / WA</div>	<div>10</div> <div>9:30 Daily Chronicles and Horoscopes/ CBA</div> <div>10:15 The Bay Bridge Trip To Kent Island With Lunch At The Jetty Right By The Water</div> <div>11:00 Mod. Level Exercise-FC</div> <div>11:45 High Lev Exercise-FC</div> <div>1:30 Knitting Group - 3rd FLOOR LOUNGE</div> <div>2:00 Cont Issues/ MR</div> <div>3:00 Pgill Singers Practice-MR</div> <div>3:15 Pickersgill Family Feud/</div>	<div>11</div> <div>9:30 Sit & Stand - FITNESS CTR</div> <div>10:15 Garden Club / WA</div> <div>11:00 Mod. Level Exercise-FC</div> <div>11:45 High Lev Exercise-FC</div> <div>1:00 Writing Group - MR</div> <div>1:30 Knitting Group - 3rd FLOOR LOUNGE</div> <div>2:30 Assoc. Exec. Bd. - Conf. Rm</div>	<div>12</div> <div>9:30 Yoga- FITNESS CTR</div> <div>2:00 Movie Day / WA</div> <div>5:45 Movie / 3AR</div> <div>7:15 Bingo -MR</div>
<div>13</div> <div>10:00 Catholic Virtual Mass w/ Comm. / WA</div> <div>2:00 Ecum. Service / Chap</div> <div>2:30 Fellowship w/ refresh / Chap</div> <div>3:15 Jeopardy-FC</div>	<div>14</div> <div>9:30 Sit & Stand - FITNESS CTR</div> <div>11:00 Mod. Level Exercise-FC</div> <div>11:45 High Lev Exercise-FC</div> <div>1:30 Wii Bowling - MR</div> <div>2:30 Vocalist tony 'Z' / WA</div> <div>6:30 Harbor City Chorus/ WA</div> <div>7:15 Book Club- 4th Fl. Library</div>	<div>15</div> <div>9:00 Meadowood Walking Group</div> <div>10:00 Zumba - FITNESS CTR</div> <div>10:00 White Marsh Mall</div> <div>11:00 Mod. Level Exercise-FC</div> <div>11:45 High Lev Exercise-FC</div> <div>2:00 Mahjong Lessons- Grille/Meeting Room Area</div> <div>3:00 Bingo With David MR</div>	<div>16</div> <div>9:30 Sit & Stand - FITNESS CTR</div> <div>10:00 Banking & Shopping</div> <div>10:30 Topics of Life / WA</div> <div>11:00 Mod. Level Exercise-FC</div> <div>11:45 High Lev Exercise-FC</div> <div>1:30 Knitting Group - 3rd FLOOR LOUNGE</div> <div>1:30 Billiards</div> <div>2:00 Catholic Mass / MR</div> <div>2:30 Music & Song w/ Rearview / WA</div>	<div>17</div> <div>9:30 Daily Chronicles and Horoscopes/ CBA</div> <div>10:00 Shopping: Grauls Market,Walgreens Drug Store & Liquor Store</div> <div>11:00 Mod. Level Exercise-FC</div> <div>11:45 High Lev Exercise-FC</div> <div>1:30 Knitting Group - 3rd FLOOR LOUNGE</div> <div>2:00 Cont Issues/ MR</div> <div>3:00 Pgill Singers Practice-MR</div>	<div>18</div> <div>9:30 Sit & Stand - FITNESS CTR</div> <div>10:30 National Geo.: Moon Landing / WA</div> <div>11:00 Mod. Level Exercise-FC</div> <div>11:45 High Lev Exercise-FC</div> <div>1:00 Writing Group - MR</div> <div>1:30 Knitting Group - 3rd FLOOR LOUNGE</div> <div>2:30 Residents General Mtg. -MR</div>	<div>19</div> <div>9:30 Yoga- FITNESS CTR</div> <div>2:00 Movie Day; WA</div> <div>3:00 BYOB - MR</div> <div>5:45 Movie / MR</div>

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Independent Living Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>20</div> <div><div>10:00</div> Catholic Virtual Mass w/ Comm. / WA <div>2:00</div> Ecum. Service / Chap <div>2:30</div> Fellowship w/ refresh / Chap <div>3:15</div> Trivia WA</div>	<div>21</div> <div><div>9:30</div> Sit & Stand - FITNESS CTR <div>11:00</div> Mod. Level Exercise-FC <div>11:45</div> High Lev Exercise-FC <div>1:30</div> Wii Bowling - MR <div>2:30</div> Piano w/ Greg Ladeiri / WA <div>6:30</div> Harbor City Chorus/ WA</div>	<div>22</div> <div><div>9:00</div> Meadowood Walking Group <div>10:00</div> Zumba - FITNESS CTR <div>11:00</div> Mod. Level Exercise-FC <div>11:00</div> A Nice Ride To Hampstead And We Will Stop For Ice Cream Or A Snoball At The Sno Bar <div>11:45</div> High Lev Exercise-FC <div>2:00</div> Mahjong Lessons- Grille/Meeting Room Area <div>3:00</div> Bingo With David MR</div>	<div>23</div> <div><div>9:30</div> Sit & Stand - FITNESS CTR <div>10:00</div> Banking & Shopping <div>10:30</div> Parkinson's Support Group / WA <div>11:00</div> Mod. Level Exercise-FC <div>11:45</div> High Lev Exercise-FC <div>1:30</div> Knitting Group - 3rd FLOOR LOUNGE <div>1:30</div> Billiards <div>2:00</div> Catholic Comm - MR <div>2:30</div> Guitar & Song w/ Rayon / WA</div>	<div>24</div> <div><div>9:30</div> Daily Chronicles and Horoscopes/ CBA <div>10:00</div> Amish Market <div>11:00</div> Mod. Level Exercise-FC <div>11:45</div> High Lev Exercise-FC <div>1:30</div> Knitting Group - 3rd FLOOR LOUNGE <div>2:00</div> Cont Issues/ MR <div>3:00</div> Pgill Singers Practice-MR</div>	<div>25</div> <div><div>9:30</div> Sit & Stand - FITNESS CTR <div>10:30</div> Documentary: Lincoln: Divided We Stand <div>11:00</div> Mod. Level Exercise-FC <div>11:45</div> High Lev Exercise-FC <div>1:00</div> Writing Group - MR <div>1:30</div> Knitting Group - 3rd FLOOR LOUNGE</div>	<div>26</div> <div><div>9:30</div> Yoga- FITNESS CTR <div>2:00</div> Movie Day; WA <div>5:45</div> Movie / MR <div>7:15</div> Bingo - MR</div>
<div>27</div> <div><div>10:00</div> Catholic Virtual Mass w/ Comm. / WA <div>2:00</div> Ecum. Service / Chap <div>2:30</div> Fellowship w/ refresh / Chap <div>3:15</div> Documentary FC</div>	<div>28</div> <div><div>9:30</div> Sit & Stand - FITNESS CTR <div>11:00</div> Mod. Level Exercise-FC <div>11:45</div> High Lev Exercise-FC <div>1:30</div> Wii Bowling - MR <div>2:30</div> Vintage Entertainment / WA <div>6:30</div> Harbor City Chorus/ WA</div>	<div>29</div> <div><div>9:00</div> Meadowood Walking Group <div>10:00</div> Zumba - FITNESS CTR <div>10:00</div> Brunch At IHOP <div>11:00</div> Mod. Level Exercise-FC <div>11:45</div> High Lev Exercise-FC <div>2:00</div> Mahjong Lessons- Grille/Meeting Room Area <div>3:00</div> Bingo With David MR</div>	<div>30</div> <div><div>9:30</div> Sit & Stand - FITNESS CTR <div>10:00</div> Banking & Shopping <div>10:30</div> TED Talk / WA <div>11:00</div> Mod. Level Exercise-FC <div>11:45</div> High Lev Exercise-FC <div>1:30</div> Knitting Group - 3rd FLOOR LOUNGE <div>1:30</div> Billiards <div>2:00</div> Catholic Comm - MR <div>2:30</div> Piano & Song w/ Greg Lupton / WA</div>	<div>31</div> <div><div>9:30</div> Daily Chronicles and Horoscopes/ CBA <div>10:00</div> A Trip To Browns Orchard <div>11:00</div> Mod. Level Exercise-FC <div>11:45</div> High Lev Exercise-FC <div>1:30</div> Knitting Group - 3rd FLOOR LOUNGE <div>2:00</div> Cont Issues/ MR <div>3:00</div> Pgill Singers Practice-MR</div>	<div>WA=Willard Auditorium MR=Meeting Room 3AR=3rd Floor Activity Room Cont. Issues Activity = Contemporary Issues Please be sure to sign up for outings at Front Desk</div>	<div>Interested in bringing back an activity you don't see on the schedule or proposing something new? Let us know! 410 842 0404</div>