

JANUARY 2025



Independent Living Calendar

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | |
|---|--|--|--|---|---|--|--|
| <p>A friendly reminder that monthly calendars are subject to change. Your weekly calendars and flyers will provide a more accurate reflection of programming.</p> | | <p>WA=Willard Auditorium MR=Meeting Room 3AR=3rd Floor Activity Room Cont. Issues Activity = Contemporary Issues Please be sure to sign up for outings at Front Desk</p> | <p>1 New Year's Day</p> <p>9:30 Sit & Stand - FITNESS CTR 10:00 Banking & Shopping 10:30 Trivia/ WA 1:30 Knitting Group - 3rd FLOOR LOUNGE 1:30 Billiards 2:30 Music & Song w/ Ken King / WA</p> | <p>2</p> <p>9:30 Daily Chronicles and Horoscopes/ CBA 10:00 Eddies Market 1:30 Knitting Group - 3rd FLOOR LOUNGE 2:00 Cont Issues/ WA 3:00 Pgill Singers Practice- MR 3:15 Jimmy Carter Documentary WA</p> | <p>3</p> <p>9:30 Sit & Stand - FITNESS CTR 10:30 Resident Activity Planning Committee-WA 1:00 Writing Group - WA 1:30 Knitting Group - 3rd FLOOR LOUNGE 3:00 Social Hour Fitness Center</p> | <p>4</p> <p>9:30 Yoga- FITNESS CTR 2:00 Movie Day; TBA</p> | |
| | <p>5</p> <p>10:00 Catholic Virtual Mass w/ Comm. / WA 1:45 Prayer&Reflect / Chap 2:00 Ecum. Service / Chap 2:30 Fellowship w/ refresh / Chap 3:15 Crossword WA</p> | <p>6</p> <p>9:30 Sit & Stand - FITNESS CTR 1:30 Wii Bowling - FC 2:30 Music & Song w/ Janet / WA 6:30 Harbor City Chorus/ WA</p> | <p>7</p> <p>10:00 Zumba - FITNESS CTR 10:00 Kenilworth Shopping: Trader Joe And More 1:30 Bookmobile - Front Door 3:00 Bingo With David FC</p> | <p>8</p> <p>9:30 Sit & Stand - FITNESS CTR 10:00 Banking & Shopping 10:30 Blank Slate / WA 1:30 Knitting Group - 3rd FLOOR LOUNGE 1:30 Billiards 2:00 Catholic Comm - MR 2:30 Piano w/ Phil Kane / WA</p> | <p>9</p> <p>9:30 Daily Chronicles and Horoscopes/ CBA 11:00 Coffee Talk At Peets Or Any Other Place To Talk & Shoot The Breeze And A Nice Ride 1:30 Knitting Group - 3rd FLOOR LOUNGE 2:00 Cont Issues/ WA 3:00 Pgill Singers</p> | <p>10</p> <p>9:30 Sit & Stand - FITNESS CTR 1:00 Writing Group - WA 1:30 Knitting Group - 3rd FLOOR LOUNGE 2:30 Assoc. Exec. Bd. - Conf. Rm</p> | <p>11</p> <p>9:30 Yoga- FITNESS CTR 2:00 Movie Day; TBA 7:15 Bingo - FC</p> |
| | <p>12</p> <p>10:00 Catholic Virtual Mass w/ Comm. / WA 1:45 Prayer&Reflect / Chap 2:00 Ecum. Service / Chap 2:30 Fellowship w/ refresh / Chap 3:15 Jeopardy-FC</p> | <p>13</p> <p>9:30 Sit & Stand - FITNESS CTR 1:30 Wii Bowling - FC 2:30 Piano w/ Neil Frederick / WA 6:30 Harbor City Chorus/ WA 7:15 Book Club- 4th Fl. Library</p> | <p>14</p> <p>10:00 Zumba - FITNESS CTR 10:00 Towson Market Place: Target,Weis WARMART 3:00 Bingo With David FC</p> | <p>15</p> <p>9:30 Sit & Stand - FITNESS CTR 10:00 Banking & Shopping 10:30 Horse Racing 1:30 Knitting Group - 3rd FLOOR LOUNGE 1:30 Billiards 2:00 Catholic Comm - MR 2:30 Guitar w/ Josh / WA</p> | <p>16</p> <p>9:30 Daily Chronicles and Horoscopes/ CBA 10:00 Grauls Market 1:30 Knitting Group - 3rd FLOOR LOUNGE 2:00 Cont Issues/ WA 3:00 Pgill Singers Practice- MR 3:15 Show Day-WA</p> | <p>17</p> <p>9:30 Sit & Stand - FITNESS CTR 1:00 Writing Group - WA 1:30 Knitting Group - 3rd FLOOR LOUNGE 2:30 Residents General Mtg. -FC</p> | <p>18</p> <p>9:30 Yoga- FITNESS CTR 2:00 Movie Day; TBA 3:00 BYOB - FC</p> |

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|--|--|---|---|--|---|---|
| 19 10:00 Catholic Virtual Mass w/ Comm. / WA 1:45 Prayer&Reflect / Chap 2:00 Ecum. Service / Chap 2:30 Fellowship w/ refresh / Chap 3:15 Trivia WA | 20 Martin Luther King Day 9:30 Sit & Stand - FITNESS CTR 1:30 Wii Bowling - FC 2:30 Elvis Impersonator / WA 6:30 Harbor City Chorus/ WA | 21 10:00 Zumba - FITNESS CTR 10:00 Shopping Trip To Hunt Valley: Wegmans, Michaels Home Goods Or Any Store There 3:00 Bingo With David FC | 22 9:30 Sit & Stand - FITNESS CTR 10:00 Banking & Shopping 10:30 Coffee Hour WA 1:30 Knitting Group - 3rd FLOOR LOUNGE 1:30 Billiards 2:00 Catholic Comm - MR 2:30 Paula McCosh Talks About Enneagram | 23 9:30 Daily Chronicles and Horoscopes/ CBA 11:00 Restaraunt: Glyndon Grill 1:30 Knitting Group - 3rd FLOOR LOUNGE 2:00 Cont Issues/ WA 3:00 Pgill Singers Practice- MR 3:15 Black Jack WA | 24 9:30 Sit & Stand - FITNESS CTR 10:30 Nat Geo-WA 1:00 Writing Group - WA 1:30 Knitting Group - 3rd FLOOR LOUNGE | 25 9:30 Yoga- FITNESS CTR 2:30 Happy Hour w/ Greg& Bob-3AR 7:15 Bingo - WA |
| 26 10:00 Catholic Virtual Mass w/ Comm. / WA 1:45 Prayer&Reflect / Chap 2:00 Ecum. Service / Chap 2:30 Fellowship w/ refresh / Chap 3:15 Documentary FC | 27 9:30 Sit & Stand - FITNESS CTR 1:30 Wii Bowling - FC 2:30 Vintage Entertainment / WA 6:30 Harbor City Chorus/ WA | 28 10:00 Zumba - FITNESS CTR 10:00 White Marsh Mall 3:00 Bingo With David FC | 29 9:30 Sit & Stand - FITNESS CTR 10:00 Banking & Shopping 1:30 Knitting Group - 3rd FLOOR LOUNGE 1:30 Billiards 2:00 Catholic Comm - MR 2:30 Helmut On Piano / WA | 30 9:30 Daily Chronicles and Horoscopes/ CBA 10:00 Amish Market 1:30 Knitting Group - 3rd FLOOR LOUNGE 2:00 Cont Issues/ WA 3:00 Pgill Singers Practice- MR 3:15 Tech Help WA | 31 9:30 Sit & Stand - FITNESS CTR 10:30 You Be the Judge WA 1:00 Writing Group - WA 1:30 Knitting Group - 3rd FLOOR LOUNGE | Interested in bringing back an activity you don't see on the schedule or proposing something new? Let us know! 410 842 0404 |