

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10am Catholic Service 1</p> <p>11am Morning Movement Exercise</p> <p>2pm Church Service</p> <p>2:45pm Activity w/ Clare</p>	<p>2 9:30 Exercise in Fitness Ctr. AND Decker</p> <p>10:30 Bingo</p> <p>1:30 Cranium Crunches</p> <p>2:30 Music w. Nadira</p>	<p>3 10am Zumba Exercise</p> <p>10:30 Stephen Tabeling presents Police & Law: Fact & Fiction</p> <p>2:30 Musical Happy Hour</p> <p>6pm Activity w/ Natalie</p>	<p>4 9:30 Exercise in FC AND Decker</p> <p>10:30 Coffee Hour</p> <p>11:15 Brain & Body Stretches</p> <p>2pm Catholic Communion</p> <p>3:30 Music w/ Bob</p> <p>6pm Activity w/ Natalie</p>	<p>5 9:30 Daily Chronicle News @ Cont. B-fast Area and Decker</p> <p>10:30 Bingo</p> <p>1:30 Volleyball Tournament</p> <p>2pm Contemporary Issues</p> <p>3:15 Art for Others</p> <p>6pm Activity w/ Natalie</p>	<p>6 9:30 Exercise in Fitness Ctr AND Decker</p> <p>10:30 Art w/ Lovelace</p> <p>10:30 Holiday Art/Craft</p> <p>2:30 Wild West Rummy</p> <p>2:30 Trivia</p>	<p>7 10:30 Bingo</p> <p>2pm Musical Encounters 1 hour of music in Sitting Area and 1 hour of in room musical visits</p> <p>2pm Movie: <i>White Christmas</i></p> <p>3:30 Activity w/ David</p>
<p>8 10am Catholic Service</p> <p>11am Morning Movement Exercise</p> <p>2pm Church Service</p> <p>2:45pm Activity w/ Clare</p>	<p>9 9:30 Exercise in Fitness Ctr. AND Decker</p> <p>10:30 Bingo</p> <p>1:30 Crossword</p> <p>2:30 Music w/ Michele&Bob</p>	<p>10 10am Zumba Exercise</p> <p>10:30 Crossword</p> <p>10:30 Travelogue: Switzerland</p> <p>2:30 Musical Happy Hour</p> <p>6pm Activity w/ Natalie</p>	<p>11 9:30 Exercise in FC AND Decker</p> <p>10am St Pauls Theatre Troupe</p> <p>11:15 Brain & Body Stretches</p> <p>2pm Catholic Communion</p> <p>2:30 Music w. John O</p> <p>6pm Activity w/ Natalie</p>	<p>12 9:30 Daily Chronicle News @ Cont. B-fast Area and Decker</p> <p>10:30 Bingo</p> <p>1:30 Baking Group</p> <p>2pm Contemporary Issues</p> <p>3:15 Broadway Babes High School Singers</p> <p>6pm Activity w/ Natalie</p>	<p>13 9:30 Exercise in Fitness Ctr AND Decker</p> <p>10:15 Garden Club</p> <p>2:30 Bus Outing for Decker</p> <p>2:30 Trivia</p>	<p>14 10:30 Bingo</p> <p>2pm Nutcracker Ballet from Ballet Mobile</p>
<p>15 10am Catholic Service</p> <p>11am Morning Movement Exercise</p> <p>2pm Church Service</p> <p>2:45pm Activity w/ Clare</p>	<p>16 9:30 Exercise in Fitness Ctr. AND Decker</p> <p>10:30 St Pauls Dance Troupe & Holiday Celebration</p> <p>1:30 Who Am I</p> <p>2:30 Music w/ Rearview Mirror</p>	<p>17 10am Zumba Exercise</p> <p>10:30 Crossword</p> <p>10:30 Pictionary</p> <p>2:30 Musical Happy Hour</p> <p>6pm Activity w/ Natalie</p>	<p>18 9:30 Exercise in FC AND Decker</p> <p>10:30 Veterans Cafe</p> <p>11:15 Brain & Body Stretches</p> <p>2pm Catholic Mass</p> <p>2:30 Music w/ Greg</p> <p>6pm Activity w/ Natalie</p> <p>7:30 Chesapeake Concert Band</p>	<p>19 9:30 Daily Chronicle News @ Cont. B-fast Area and Decker</p> <p>10:30 Bingo</p> <p>1:30 Vanilla Spice Eggnog and Everything Nice</p> <p>3pm Pickersgill Singers Concert</p> <p>5pm Christmas Lights Bus Ride for AL, IL, and Decker</p> <p>6pm Activity w/ Natalie</p>	<p>20 9:30 Exercise in Fitness Ctr AND Decker</p> <p>10:30 Classic Holiday Movie: <i>Miracle on 34th Street</i></p> <p>2:30 Annual Holiday Party w/ music from Rayon and Mr.and Mrs. Santa</p>	<p>21 10:30 Bingo</p> <p>2pm Musical Encounters 1 hour of music in Sitting Area and 1 hour of in room musical visits</p> <p>2pm Movie: <i>It's A Wonderful Life</i></p> <p>3:30 Activity w/ David</p>
<p>22 10am Catholic Service</p> <p>11am Morning Movement Exercise</p> <p>2pm Church Service</p> <p>2:00pm Mr&Mrs Santa Come to Town</p> <p>3:15 Music w/ Janicki Sisters</p>	<p>23 9:30 Exercise in Fitness Ctr. AND Decker</p> <p>10:30 Bingo</p> <p>1:30 Toying w/ December Trivia</p> <p>2:30 Music w. Tony Z</p>	<p>24 10am Zumba Exercise</p> <p>10:30 Crossword</p> <p>10:30 Holiday Finish Lines</p> <p>2:30 Musical Happy Hour</p>	<p>25 9:30 Exercise in FC AND Decker</p> <p>10:30 Holiday Gathering</p> <p>2:30 Music w/ Melody (possible time change to 10:30)</p> <p><small>Christmas Hanukkah Begins</small></p>	<p>26 9:30 Daily Chronicle News @ Cont. B-fast Area and Decker</p> <p>10:30 Bingo</p> <p>1:30 Horse Racing</p> <p>2pm Contemporary Issues</p> <p>3:15 Nat Geo Documentary</p> <p>6pm Activity w/ Natalie</p> <p><small>Boxing Day (Canada) Kwanzaa Begins</small></p>	<p>27 9:30 Exercise in Fitness Ctr AND Decker</p> <p>10:30 Balloon Badminton</p> <p>2:30 Current Events</p> <p>2:30 Trivia</p>	<p>28 10:30 Bingo</p> <p>2pm Movie: Home Along</p> <p>2:30 Activity w/ David</p>
<p>29 10am Catholic Service</p> <p>11am Morning Movement Exercise</p> <p>2pm Church Service</p> <p>3:15pm Music w Clare</p>	<p>30 9:30 Exercise in Fitness Ctr. AND Decker</p> <p>10:30 Bingo</p> <p>1:30 Finishers word game</p> <p>2:30 Music w. J&J Ent.</p>	<p>31 10am Zumba Exercise</p> <p>10:30 Crossword</p> <p>10:30 December Trivia</p> <p>2:30 NYE Party w/ Joe</p> <p><small>New Year's Eve</small></p>	<h1>December 2024</h1> <p>Decker **bolded programs are hosted on the Decker unit**</p>			