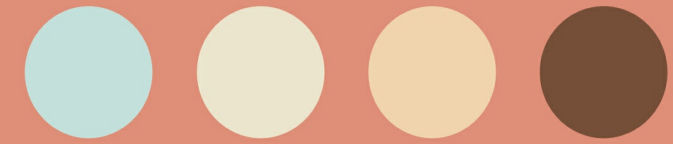


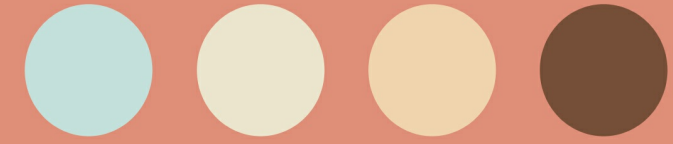
DECEMBER 2024



Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Catholic Virtual Mass w/ Comm. / WA 1:45 Prayer&Reflect / Chap 2:00 Ecum. Service / Chap 2:30 Fellowship w/ refresh / Chap 3:15 Crossword WA	2 9:30 Sit & Stand - FITNESS CTR 10:30 Bingo/ WA 2:30 Piano & Song w/ Nadira / WA 6:30 Harbor City Chorus/ WA	3 10:00 Zumba - FITNESS CTR 10:30 Stephen Tabeling: Police & Law-Fact&Fiction / WA 1:30 Bookmobile - Front Door 2:30 Musical Happy Hour/ 3AR 6:00 Late Night w/ Decker	4 9:30 Sit & Stand - FITNESS CTR 10:30 Coffee Hour / WA 2:00 Catholic Comm - MR 3:30 Music & Songs w/ Bob Clark / WA 7:30 Ain't Misbehavin'Rehearsal / WA	5 9:30 Daily Chronicles and Horoscopes/ CBA 10:30 Bingo - WA 1:00 Watercolors- 3AR 2:00 Cont Issues/ WA 3:15 Art w/ Others w/ Loyola / FC	6 9:30 Sit & Stand - FITNESS CTR 10:15 Bus Outings to Ollie's 10:15 Art w/ LoveLace / WA 10:30 Writing Group- 3AR 2:30 Trivia w/ Peggy - WA	7 Pearl Harbor Remembrance 9:30 Yoga- FITNESS CTR 10:30 Bingo - WA 2:00 Movie Day; White Christmas 2:00 Musical Encounters on Decker
8 9:00 Clock Club / WA 10:00 Catholic Virtual Mass w/ Comm. / WA 1:45 Prayer&Reflect / Chap 2:00 Ecum. Service / Chap 2:30 Fellowship w/ refresh / Chap 3:15 Jeopardy-FC	9 9:30 Sit & Stand - FITNESS CTR 10:30 Bingo w/ Loyola 2:30 Music & Song w/ Bob & Michele / WA 6:30 Harbor City Chorus/ WA	10 10:00 Zumba - FITNESS CTR 10:30 Crossword / WA 2:30 Musical Happy Hour/ 3AR 6:00 Late Night w/ Decker	11 9:30 Sit & Stand - FITNESS CTR 10:00 St. Paul's Theatre / WA 2:00 Catholic Comm - MR 2:30 Piano & Song w/ John Oliver / WA 6:00 Late Night w/ Decker	12 9:30 Daily Chronicles and Horoscopes/ CBA 10:30 Bingo - WA 1:00 Watercolors- 3AR 2:00 Cont Issues/ WA 3:15 Holiday Recital w/ the Broadway Babes High School School Singers / WA	13 9:30 Sit & Stand - FITNESS CTR 10:15 Bus OutingTo Yorkridge Shopping Center 10:15 Garden Club w/ Kristan 10:30 Writing Group- 3AR 2:30 Trivia w/ Peggy - WA	14 9:30 Yoga- FITNESS CTR 10:30 Bingo - WA 2:00 Ballet Mobile Presents the Nutcracker / WA 7:15 Bingo - FC
15 10:00 Catholic Virtual Mass w/ Comm. / WA 1:45 Prayer&Reflect / Chap 2:00 Ecum. Service / Chap 2:30 Fellowship w/ refresh / Chap 3:15 Trivia WA	16 9:30 Sit & Stand - FITNESS CTR 10:30 St. Paul's Dance/Music Troupe & Holiday Treat / WA 2:30 Music & Song w/ Rearview Mirror / WA 3:45 Resident Council / WA 6:30 Harbor City Chorus/ WA	17 10:00 Zumba - FITNESS CTR 10:30 Crossword / WA 1:15 AL Food Service Meeting - WA 2:30 Musical Happy Hour/ 3AR 6:00 Late Night w/ Decker	18 9:30 Sit & Stand - FITNESS CTR 10:30 Vets. Cafe / WA 2:00 Catholic Mass w/ Fr. / FC 2:30 Piano w/ Greg Ladieri / WA 7:30 Chesapeake Concert Band / WA	19 9:30 Daily Chronicles and Horoscopes/ CBA 10:30 Bingo - WA 1:00 Watercolors- 3AR 3:00 The Pickersgill Singers / WA 5:00 XMas Lights Bus Ride	20 9:30 Sit & Stand - FITNESS CTR 10:30 Miracle on 34th St / FC 10:30 Writing Group- 3AR 2:30 Christmas Party w/ Rayon-WA	21 Winter Begins 9:30 Yoga- FITNESS CTR 10:30 Bingo - WA 2:00 Movie Day; Its A Wonderful Life 3:00 Musical Encounters on Decker

DECEMBER 2024



Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
22 10:00 Catholic Virtual Mass w/ Comm. / WA 1:45 Prayer&Reflect / Chap 2:00 Ecum. Service / Chap 2:30 Fellowship w/ refresh / Chap 3:15 Documentary FC 3:15 Music w/ Janicki Sisters	23 9:30 Sit & Stand - FITNESS CTR 10:30 Bingo/ WA 2:30 Music w/ Tony 6:30 Harbor City Chorus/ WA	24 Christmas Eve 9:00 Meadowood Walking Group 10:00 Zumba - FITNESS CTR 10:30 Crossword / WA 2:30 Musical Happy Hour/ 3AR	25 Christmas Day 12:00 Music w/ Melody-TIME TBD 9:30 Sit & Stand - FITNESS CTR 11:00 Brain & Body Stretches / Decker	26 First Full Day - Hanukkah 9:30 Daily Chronicles and Horoscopes/ CBA 10:30 Bingo - WA 1:00 Watercolors- 3AR 2:00 Cont Issues/ WA 3:15 Nat Geo Documentary-WA 6:00 Late Night w/ Decker	27 9:30 Sit & Stand - FITNESS CTR 10:15 Bus Outings 10:30 Badminton-FC 10:30 Writing Group-3AR 2:30 Trivia w/ Peggy - WA	28 9:30 Yoga- FITNESS CTR 10:30 Bingo - WA 2:00 Movie Day; Home Alone
29 10:00 Catholic Virtual Mass w/ Comm. / WA 1:45 Prayer&Reflect / Chap 2:00 Ecum. Service / Chap 2:30 Fellowship w/ refresh / Chap 3:15 Piano w; Clare WA	30 9:30 Sit & Stand - FITNESS CTR 10:30 Bingo/ WA 2:30 Music w/ J&J WA 6:30 Harbor City Chorus/ WA	31 New Year's Eve 9:00 Meadowood Walking Group 10:00 Zumba - FITNESS CTR 10:30 Crossword / WA 2:30 NYE Party- 3AR 6:00 Late Night w/ Decker				