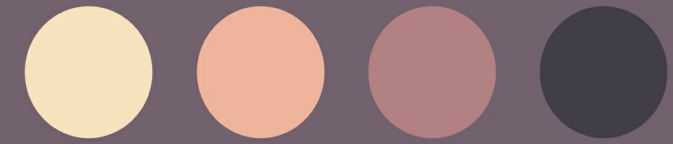


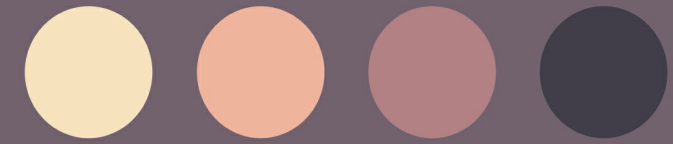
NOVEMBER 2024



Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 9:30 Sit & Stand - FITNESS CTR 10:00 New Resident Orientation 10:30 Crossword w/ Bridget / FC 10:30 Writing Group-3AR 2:30 Trivia w/ Peggy - WA	2 9:30 Yoga- FITNESS CTR 10:30 Bingo - WA 1:00 Meditation- FC 2:00 Movie Day; TBA 2:00 Musical Encounters on Decker
3 Daylight Saving Ends	4 9:30 Sit & Stand - FITNESS CTR 10:30 Bingo w/ Loyola / WA 2:30 Music & Song w// Michael Brown / WA 6:30 Harbor City Chorus/ WA	5 Election Day	6 9:30 Sit & Stand - FITNESS CTR 10:30 Activity w. Melissa/Heather 2:00 Catholic Comm / FC 2:30 Music w/ Vintage Entertainment / WA 7:30 Ain't Misbehavin' Rehearsal / WA	7 9:30 Daily Chronicles and Horoscopes/ CBA 10:30 Bingo - WA 1:00 Watercolors- 3AR 2:00 Cont Issues/ WA 3:15 3:15 Balloon Volleyball w/ Towson Univ. B.ball / WA	8 9:30 Sit & Stand - FITNESS CTR 10:15 Garden Club / WA 10:15 Bus Outings to Target 10:30 Writing Group-3AR 2:30 Trivia w/ Peggy - WA	9 9:30 Yoga- FITNESS CTR 10:30 Bingo - WA 1:00 Meditation- FC 2:00 Movie Day; TBA 7:15 Bingo - WA
10 10:00 Catholic Virtual Mass w/ Comm. / WA 1:45 Prayer&Reflect / Chap 2:00 Ecum. Service / Chap 2:30 Fellowship w/ refresh / Chap 3:15 Jeopardy -MR	11 Veterans Day	12 9:00 Meadowood Walking Group 10:00 Zumba - FITNESS CTR 10:30 Crossword / WA 2:30 Musical Happy Hour/ 3AR 6:00 Late Night w/ Decker	13 9:30 Sit & Stand - FITNESS CTR 10:30 Gilchrist Veteran's Day 2:00 Catholic Comm - FC 2:30 Mary Ann Jung Portrays.. 6:30 Literary Club / FC 7:30 Ain't Misbehavin' Rehearsal / WA	14 9:30 Daily Chronicles and Horoscopes/ CBA 10:30 Bingo - WA 1:00 Watercolors- 3AR 2:00 Cont Issues/ WA 6:00 Late Night w/ Decker	15 9:30 Sit & Stand - FITNESS CTR 10:30 Nat Geo-WA 10:30 Writing Group-3AR 11:00 Lunch Outing / Olive Garden / White Marsh 2:30 Trivia w/ Peggy - WA	16 9:30 Yoga- FITNESS CTR 10:30 Bingo - WA 1:00 Meditation- FC 2:00 Movie Day; TBA 3:00 Musical Encounters on Decker

NOVEMBER 2024



Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17 10:00 Catholic Virtual Mass w/ Comm. / WA 1:45 Prayer&Reflect / Chap 2:00 Ecum. Service / Chap 2:30 Fellowship w/ refresh / Chap 3:15 Jeopardy -MR	18 9:30 Sit & Stand - FITNESS CTR 10:30 Bingo/ WA 2:00 Catholic Mass w/ Fr. Nick 2:30 Crossword-WA 3:45 Resident Council / WA 7:30 Middle River Concert Band	19 9:00 Meadowood Walking Group 10:00 Zumba - FITNESS CTR 10:30 Thermofisher Game Day / WA 1:15 AL Food Service Meeting - WA 2:30 Musical Happy Hour/ 3AR	20 9:30 Sit & Stand - FITNESS CTR 10:30 Topics of Life / 3AR 2:30 David Dellman Magic / WA 7:30 Ain't Misbehavin' Rehearse / WA	21 9:30 Daily Chronicles and Horoscopes/ CBA 10:30 Bingo - WA 1:00 Watercolors- 3AR 2:00 Cont Issues/ WA 3:00 Show Day / WA 6:00 Late Night w/ Decker	22 9:30 Sit & Stand - FITNESS CTR 10:15 Bus to Dunkin / Baskin Robbins 10:30 Writing Group- 3AR 2:30 Trivia w/ Peggy - WA	23 9:30 Yoga- FITNESS CTR 10:30 Bingo - WA 1:00 Meditation- FC 2:00 Movie Day; TBA
24 10:00 Catholic Virtual Mass w/ Comm. / WA 1:45 Prayer&Reflect / Chap 2:00 Ecum. Service / Chap 2:30 Fellowship w/ refresh / Chap 3:15 Documentary Day-3AR	25 9:30 Sit & Stand - FITNESS CTR 10:30 Bingo/ WA 2:30 Woof Entertainment w/ Floyd on Piano / WA 6:30 Harbor City Chorus/ WA	26 9:00 Meadowood Walking Group 10:00 Zumba - FITNESS CTR 10:30 Crossword / WA 2:30 Musical Happy Hour/ 3AR 6:00 Late Night w/ Decker	27 9:30 Sit & Stand - FITNESS CTR 10:30 Baking w/ Bridget / 3AR 2:00 Catholic Comm - FC 6:00 Late Night w/ Decker	28 Thanksgiving 9:30 Daily Chronicles and Horoscopes/ CBA 10:30 Bingo - WA 1:00 Watercolors- 3AR / CX 1:30 Holiday Movie / WA 2:00 Cont Issues/ WA / CX	29 9:30 Sit & Stand - FITNESS CTR 10:15 Scenic Ride 10:30 Writing Group- 3AR 2:30 Trivia w/ Peggy - WA	30 9:30 Yoga- FITNESS CTR 10:30 Bingo - WA 1:00 Meditation- FC 2:00 Movie Day; TBA