

# OCTOBER 2024



## Independent Living Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A friendly reminder that monthly calendars are subject to change. Your weekly calendars and flyers will provide a more accurate reflection of programming.		<b>1</b> 9:00 Meadowood Walking Group 10:00 Zumba - FITNESS CTR 10:00 Shopping Kenilworth:Trader Joe & More 1:30 Bookmobile - Front Door 3:00 Bingo With David FC 7:00 Resident Game Night/ 3AR	<b>2</b> Rosh Hashanah Begins 9:30 Sit & Stand - FITNESS CTR 10:00 Banking & Shopping 10:30 Group Activity w/ Bridget / 3AR 1:30 Knitting Group - 3rd FLOOR LOUNGE 2:00 Catholic Comm - FC 2:30 Parkinson Support Group / WA	<b>3</b> 9:30 Daily Chronicles and Horoscopes/ CBA 10:00 Eddies Market 1:30 Knitting Group - 3rd FLOOR LOUNGE 2:00 Cont Issues/ WA 3:00 Pgill Singers Practice- MR 3:15 Activity / WA 7:00 Resident Game Night/ 3AR	<b>4</b> 8:41 Nat Geo-WA 9:30 Sit & Stand - FITNESS CTR 1:00 Writing Group - WA 1:30 Knitting Group - 3rd FLOOR LOUNGE 3:00 Social Hour PUB 7:00 Resident Game Night/ 3AR	<b>5</b> 9:30 Yoga- FITNESS CTR 1:00 Meditation- FC 2:00 Movie Day; TBA 7:00 Resident Game Night/ 3AR
<b>6</b> 10:00 Catholic Virtual Mass w/ Comm. / WA 1:45 Prayer&Reflect / Chap 2:00 Ecum. Service / Chap 2:30 Fellowship w/ refresh / Chap 3:15 Jeopardy -MR 7:00 Resident Game Night/ 3AR	<b>7</b> 9:30 Sit & Stand - FITNESS CTR 1:30 Wii Bowling - FC 2:30 Music & Song w/ Tony "Z" / WA 6:30 Harbor City Chorus/ WA	<b>8</b> 9:00 Meadowood Walking Group 10:00 Zumba - FITNESS CTR 10:00 A Shopping Trip To Hunt Valley. Wegmans Or Any Store There 3:00 Bingo With David FC	<b>9</b> 9:30 Sit & Stand - FITNESS CTR 10:00 Banking & Shopping 10:30 Activity w. Bridget/Melissa 1:30 Knitting Group - 3rd FLOOR LOUNGE 2:00 Catholic Comm - FC 2:30 Piano & Song w/ John Oliver / WA	<b>10</b> 9:30 Daily Chronicles and Horoscopes/ CBA 10:00 Cranbrook Shopping Center: New Wholesale Grocery Store,Simon BakeryPappas For Carry Out & More 1:30 Knitting Group - 3rd FLOOR	<b>11</b> Yom Kippur Begins 9:30 Sit & Stand - FITNESS CTR 10:15 U. of Chicago Symphony Orch.-WA 1:00 Writing Group - WA 1:30 Knitting Group - 3rd FLOOR LOUNGE 2:30 Assoc. Exec. Bd. - Conf. Rm	<b>12</b> Dussehra 9:30 Yoga- FITNESS CTR 1:00 Meditation- Chapel 2:00 Memorial Service-WA 7:15 Bingo - WA
<b>13</b> 9:00 Clock Club-WA 10:00 Catholic Virtual Mass w/ Comm. / FC 10:00 Catholic Virtual Mass w/ Comm. / WA 1:45 Prayer&Reflect / Chap 2:00 Ecum. Service / Chap 2:30 Fellowship w/ refresh / Chap 3:15 Documentary	<b>14</b> Indigenous Peoples' Day 9:30 Sit & Stand - FITNESS CTR 1:30 Wii Bowling - FC 2:30 Music w/ The Charmers-WA 6:30 Harbor City Chorus/ WA 7:15 Book Club- 4th Fl. Library	<b>15</b> 9:00 Meadowood Walking Group 10:00 Zumba - FITNESS CTR 10:00 Towson Market Place: Target,Weis Or Any Store There 3:00 Bingo With David FC	<b>16</b> Sukkot 9:30 Sit & Stand - FITNESS CTR 10:00 Banking & Shopping 10:30 Activity w. Bridget/Melissa 1:30 Knitting Group - 3rd FLOOR LOUNGE 2:00 Catholic Comm - MR 2:30 Music w. Michele/Bob-WA	<b>17</b> 9:30 Daily Chronicles and Horoscopes/ CBA 10:00 Shopping: Grauls,Walgreens Drug Store & Liquor Store 1:30 Knitting Group - 3rd FLOOR LOUNGE 2:00 Cont Issues/ WA 3:00 Pgill Singers Practice- MR 3:15 Activity / WA	<b>18</b> 9:30 Sit & Stand - FITNESS CTR 1:00 Writing Group - WA 1:30 Knitting Group - 3rd FLOOR LOUNGE 2:30 Residents General Mtg. -IL DR	<b>19</b> 9:30 Yoga- FITNESS CTR 1:00 Meditation- FC 2:00 Movie Day; TBA 3:00 BYOB - PUB

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<b>20</b> 10:00 Catholic Virtual Mass w/ Comm. / WA 1:45 Prayer&Reflect / Chap 2:00 Ecum. Service / Chap 2:30 Fellowship w/ refresh / Chap 3:15 Jeopardy -MR	<b>21</b> 9:30 Sit & Stand - FITNESS CTR 1:30 Wii Bowling - FC 2:30 Music w/ Deb-WA 6:30 Harbor City Chorus/ WA	<b>22</b> 9:00 Meadowood Walking Group 10:00 Zumba - FITNESS CTR 10:00 A Country Ride For Fall Colors With A Stop For Coffee Or A Snack 3:00 Bingo With David FC	<b>23</b> 9:30 Sit & Stand - FITNESS CTR 10:00 Banking & Shopping 10:30 Activity w. Bridget/Melissa 1:30 Knitting Group - 3rd FLOOR LOUNGE 2:00 Catholic Comm - MR 2:30 Music w. Uke Bros-WA	<b>24</b> 9:30 Daily Chronicles and Horoscopes/ CBA 11:00 Restaraunt: Friendly Farms. Good Food & A Beautiful Ride 1:30 Knitting Group - 3rd FLOOR LOUNGE 2:00 Cont Issues/ WA 3:00 Pgill Singers Practice- MR 3:15 Activity / WA	<b>25</b> 9:30 Sit & Stand - FITNESS CTR 10:30 HorseRacing Game-WA 1:00 Writing Group - WA 1:30 Knitting Group - 3rd FLOOR LOUNGE	<b>26</b> 9:30 Yoga- FITNESS CTR 1:00 Meditation- FC 2:00 Movie Day; TBA 7:15 Bingo - WA
<b>27</b> 10:00 Catholic Virtual Mass w/ Comm. / WA 1:45 Prayer&Reflect / Chap 2:00 Ecum. Service / Chap 2:30 Fellowship w/ refresh / Chap 3:15 Documentary Day-3AR	<b>28</b> 9:30 Sit & Stand - FITNESS CTR 1:30 Bykota on Stage- WA 1:30 Wii Bowling - FC 6:30 Harbor City Chorus/ WA	<b>29</b> 9:00 Meadowood Walking Group 10:00 Zumba - FITNESS CTR 10:00 White Marsh Mall 3:00 Bingo With David FC	<b>30</b> 9:30 Sit & Stand - FITNESS CTR 10:00 Banking & Shopping 10:30 Activity w. Bridget/Melissa 1:30 Knitting Group - 3rd FLOOR LOUNGE 2:00 Annual Halloween Party- WA	<b>31</b> <b>Halloween</b> 9:30 Daily Chronicles and Horoscopes/ CBA 10:00 Amish Market 1:30 Knitting Group - 3rd FLOOR LOUNGE 2:00 Cont Issues/ WA 3:00 Pgill Singers Practice- MR 3:15 Activity / WA	WA=Willard Auditorium MR=Meeting Room 3AR=3rd Floor Activity Room Cont. Issues Activity = Contemporary Issues Please be sure to sign up for outings at Front Desk	Interested in bringing back an activity you don't see on the schedule or proposing something new? Let us know! 410 842 0404