

# OCTOBER 2024



## Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> 9:00 Meadowood Walking Group 10:00 Zumba - FITNESS CTR 10:30 Crossword / WA 1:30 Bookmobile - Front Door 2:30 Musical Happy Hour/ 3AR 6:00 Late Night w/ Decker 7:00 Resident Game Night/ 3AR	<b>2</b> Rosh Hashanah Begins 9:30 Sit & Stand - FITNESS CTR 10:30 Group Activity w/ Bridget / 3AR 2:00 Catholic Comm - FC 2:30 Parkinson Support Group / WA 6:00 Late Night w/ Decker 7:00 Resident Game Night/ 3AR 7:30 Ain't	<b>3</b> 9:30 Daily Chronicles and Horoscopes/ CBA 10:30 Bingo - WA 1:30 Watercolors- 3AR 2:00 Cont Issues/ WA 3:15 Activity / WA 6:00 Late Night w/ Decker 7:00 Resident Game Night/ 3AR	<b>4</b> 8:41 Nat Geo-WA 9:30 Sit & Stand - FITNESS CTR 10:15 Bus Outings / Kohl's Dept. Store 10:30 Writing Group- 3AR 2:30 Trivia w/ Peggy - WA 7:00 Resident Game Night/ 3AR	<b>5</b> 9:30 Yoga- FITNESS CTR 10:30 Bingo - WA 1:00 Meditation- FC 2:00 Movie Day; TBA 3:00 Musical Encounters on Decker 7:00 Resident Game Night/ 3AR
<b>6</b> 10:00 Catholic Virtual Mass w/ Comm. / WA 1:45 Prayer&Reflect / Chap 2:00 Ecum. Service / Chap 2:30 Fellowship w/ refresh / Chap 3:15 Jeopardy -MR 7:00 Resident Game Night/ 3AR	<b>7</b> 9:30 Sit & Stand - FITNESS CTR 10:30 Bingo w/ Loyola / WA 2:30 Music & Song w/ Tony "Z" / WA 6:30 Harbor City Chorus/ WA	<b>8</b> 9:00 Meadowood Walking Group 10:00 Zumba - FITNESS CTR 10:30 Crossword / WA 2:30 Musical Happy Hour/ 3AR 6:00 Late Night w/ Decker	<b>9</b> 9:30 Sit & Stand - FITNESS CTR 10:30 Activity w. Bridget/Melissa 2:00 Catholic Comm - FC 2:30 Piano & Song w/ John Oliver / WA 6:00 Late Night w/ Decker 7:30 Ain't Misbehavin' Rehearsal	<b>10</b> 9:30 Daily Chronicles and Horoscopes/ CBA 10:30 Bingo - WA 1:30 Watercolors- 3AR 2:00 Cont Issues/ WA 3:15 Activity / WA 6:00 Late Night w/ Decker	<b>11</b> Yom Kippur Begins 9:30 Sit & Stand - FITNESS CTR 10:15 U. of Chicago Symphony Orch.-WA 10:30 Writing Group- 3AR 11:15 Bus Outings / 2:30 Trivia w/ Peggy - WA	<b>12</b> Dussehra 9:30 Yoga- FITNESS CTR 10:30 Bingo - WA 1:00 Meditation- Chapel 2:00 Memorial Service-WA 7:15 Bingo - WA
<b>13</b> 9:00 Clock Club-WA 10:00 Catholic Virtual Mass w/ Comm. / FC 10:00 Catholic Virtual Mass w/ Comm. / WA 1:45 Prayer&Reflect / Chap 2:00 Ecum. Service / Chap 2:30 Fellowship w/ refresh / Chap 3:15 Documentary	<b>14</b> Indigenous Peoples' Day 9:30 Sit & Stand - FITNESS CTR 10:30 Bingo/ WA 2:30 Music w/ The Charmers-WA 6:30 Harbor City Chorus/ WA	<b>15</b> 9:00 Meadowood Walking Group 10:00 Zumba - FITNESS CTR 10:30 Crossword / WA 1:15 AL Food Service Meeting - WA 2:30 Musical Happy Hour/ 3AR 6:00 Late Night w/ Decker	<b>16</b> Sukkot 9:30 Sit & Stand - FITNESS CTR 10:30 Activity w. Bridget/Melissa 11:00 Brain & Body Stretches / Decker 2:00 Catholic Comm - MR 2:30 Music w. Michele/Bob-WA 6:00 Late Night w/ Decker	<b>17</b> 9:30 Daily Chronicles and Horoscopes/ CBA 10:30 Bingo - WA 1:00 Watercolors- 3AR 2:00 Cont Issues/ WA 3:15 Activity / WA 6:00 Late Night w/ Decker	<b>18</b> 9:30 Sit & Stand - FITNESS CTR 10:15 Bus Outings 10:30 Writing Group- 3AR 2:30 Trivia w/ Peggy - WA	<b>19</b> 9:30 Yoga- FITNESS CTR 10:30 Bingo - WA 1:00 Meditation- FC 2:00 Movie Day; TBA 3:00 Musical Encounters on Decker

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>20</b> 10:00 Catholic Virtual Mass w/ Comm. / WA 1:45 Prayer&Reflect / Chap 2:00 Ecum. Service / Chap 2:30 Fellowship w/ refresh / Chap 3:15 Jeopardy -MR	<b>21</b> 9:30 Sit & Stand - FITNESS CTR 10:30 Bingo/ WA 2:30 Music w/ Deb-WA 6:30 Harbor City Chorus/ WA	<b>22</b> 9:00 Meadowood Walking Group 10:00 Zumba - FITNESS CTR 10:30 Crossword / WA 2:30 Musical Happy Hour/ 3AR 6:00 Late Night w/ Decker	<b>23</b> 9:30 Sit & Stand - FITNESS CTR 10:30 Activity w. Bridget/Melissa 11:00 Brain & Body Stretches / Decker 2:00 Catholic Comm - MR 2:30 Music w. Uke Bros-WA 6:00 Late Night w/ Decker	<b>24</b> 9:30 Daily Chronicles and Horoscopes/ CBA 10:30 Bingo - WA 1:00 Watercolors- 3AR 2:00 Cont Issues/ WA 3:15 Activity / WA 6:00 Late Night w/ Decker	<b>25</b> 9:30 Sit & Stand - FITNESS CTR 10:15 Bus Outings 10:30 Writing Group- 3AR 10:30 Horse Racing Game-WA 2:30 Trivia w/ Peggy - WA	<b>26</b> 9:30 Yoga- FITNESS CTR 10:30 Bingo - WA 1:00 Meditation- FC 2:00 Movie Day; TBA
<b>27</b> 10:00 Catholic Virtual Mass w/ Comm. / WA 1:45 Prayer&Reflect / Chap 2:00 Ecum. Service / Chap 2:30 Fellowship w/ refresh / Chap 3:15 Documentary Day-3AR	<b>28</b> 9:30 Sit & Stand - FITNESS CTR 10:30 Bingo/ WA 1:30 Bykota on Stage- WA 6:30 Harbor City Chorus/ WA	<b>29</b> 9:00 Meadowood Walking Group 10:00 Zumba - FITNESS CTR 10:30 Crossword / WA 2:30 Musical Happy Hour/ 3AR 6:00 Late Night w/ Decker	<b>30</b> 9:30 Sit & Stand - FITNESS CTR 10:30 Activity w. Bridget/Melissa 11:00 Brain & Body Stretches / Decker 2:00 Annual Halloween Party- WA 6:00 Late Night w/ Decker	<b>31</b> Halloween 9:30 Daily Chronicles and Horoscopes/ CBA 10:30 Bingo - WA 1:00 Watercolors- 3AR 2:00 Cont Issues/ WA 3:15 Activity / WA 6:00 Late Night w/ Decker		