

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

<h1 style="text-align: center;">October</h1> <h2 style="text-align: center;">2024</h2> <p>Decker Calendar</p>	<p>10am Zumba 1</p> <p>10:30 Crossword</p> <p>10:30 Bulletin Board Decorating: Clothespin Bat</p> <p>2:30 Musical Happy Hour</p> <p>6pm Activity w/ Natalie</p>	<p>9:30 Sit and Stand Exercise 2</p> <p>10:30 Activity w/ Bridget&Melissa</p> <p>11am Brain & Body Stretches</p> <p>2pm Catholic Communion</p> <p>2:30 Parkinsons Support Group w/ Neurologist Dr. Choufeh</p> <p>6pm Activity w/ Natalie</p>	<p>9:30 Daily Chronicles&Coffee 3</p> <p>10:30 Bingo</p> <p>1:30 Grand Slam Shuffle</p> <p>2pm Contemporary Issues</p> <p>3:15 Balloon Badminton</p> <p>6pm Activity w/ Natalie</p>	<p>9:30 Sit and Stand Exercise 4</p> <p>10:30 Nat Geo</p> <p>2:30 Bulletin Board Decorating: EEE - Resistable Web Art</p> <p>2:30 Trivia</p>	<p>10:30 Bingo 5</p> <p>1:30 Activity w/ David</p> <p>2pm Movie: <i>Going in Style</i></p> <p>3pm Musical Encounters</p>	
<p>10am Catholic Service 6</p> <p>11am Morning Movement Exercise</p> <p>1PM Ravens Game</p> <p>2pm Church Service</p>	<p>9:30 Sit and Stand Exercise 7</p> <p>10:30 Bingo</p> <p>1:30 Travelogue: Borneo</p> <p>2:30 Music w/ Tony</p>	<p>10am Zumba 8</p> <p>10:30 Crossword</p> <p>10:30 Cranium Crunches</p> <p>2:30 Musical Happy Hour</p> <p>6pm Activity w/ Natalie</p>	<p>9:30 Sit and Stand Exercise 9</p> <p>10:30 Activity w/ Bridget&Melissa</p> <p>11am Brain & Body Stretches</p> <p>2pm Catholic Communion</p> <p>2:30 Music w/ John O</p> <p>6pm Activity w/ Natalie</p>	<p>9:30 Daily Chronicles&Coffee 10</p> <p>10:30 Bingo</p> <p>1:30 Baseball Pillows</p> <p>2pm Contemporary Issues</p> <p>3:15 Show Day</p> <p>6pm Activity w/ Natalie</p>	<p>9:30 Sit and Stand Exercise 11</p> <p>10:15 U. of Chicago Symphony Orchestra Concert</p> <p>2pm Cowboy Joe</p> <p>2:30 Trivia <small>Yom Kippur Begins</small></p>	<p>Morning Hours: Memorial Service 12</p> <p>2pm Bingo</p> <p>3:30pm Activity w/ David</p>
<p>10am Catholic Service 13</p> <p>11am Morning Movement Exercise</p> <p>1PM Ravens Game</p> <p>2pm Church Service</p>	<p>9:30 Sit and Stand Exercise 14</p> <p>10:30 Bingo</p> <p>1:30 Who, What, Where</p> <p>2:30 NEW MUSIC w/ The Charmer <small>Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (US)</small></p>	<p>10am Zumba 15</p> <p>10:30 Crossword</p> <p>10:30 October Trivia</p> <p>2:30 Musical Happy Hour</p> <p>6pm Activity w/ Natalie</p>	<p>9:30 Sit and Stand Exercise 16</p> <p>10:30 Activity w/ Bridget&Melissa</p> <p>11am Brain & Body Stretches</p> <p>2pm Catholic Communion</p> <p>2:30 Music w/ Michele&Bob</p> <p>6pm Activity w/ Natalie <small>Sukkot Begins</small></p>	<p>9:30 Daily Chronicles&Coffee 17</p> <p>10:30 Bingo</p> <p>1:30 Ghostbuster Game</p> <p>2pm Contemporary Issues</p> <p>3:15 Casino: Black Jack</p> <p>6pm Activity w/ Natalie</p>	<p>9:30 Sit and Stand Exercise 18</p> <p>10:30 Activity Planning Committee</p> <p>2:30 Pumpkin Pudding Cookies</p> <p>2:30 Trivia</p>	<p>10:30 Bingo 19</p> <p>1:30 Activity w/ David</p> <p>2pm Movie <i>High Noon</i></p> <p>3pm Musical Encounters</p>
<p>10am Catholic Service 20</p> <p>11am Morning Movement Exercise</p> <p>2pm Church Service</p> <p>3:30 Activity</p>	<p>9:30 Sit and Stand Exercise 21</p> <p>10:30 Bingo</p> <p>1:30 Bats & Baseball Trivia</p> <p>2:30 Music w/ Deb Saunders</p>	<p>10am Zumba 22</p> <p>10:30 Crossword</p> <p>10:30 Perfect 10</p> <p>2:30 Musical Happy Hour</p> <p>6pm Activity w/ Natalie</p>	<p>9:30 Sit and Stand Exercise 23</p> <p>10:30 Activity w/ Bridget&Melissa</p> <p>11am Brain & Body Stretches</p> <p>2pm Catholic Communion</p> <p>2:30 Music w Uke Bros</p> <p>6pm Activity w/ Natalie</p>	<p>9:30 Daily Chronicles&Coffee 24</p> <p>10:30 Bingo</p> <p>2PM 3:15 Pumpkin Carving w/ Decker and PC</p> <p>2pm Contemporary Issues</p> <p>3:15 Pumpkin Carving</p> <p>6pm Activity w/ Natalie <small>Simchat Torah Begins</small></p>	<p>9:30 Sit and Stand Exercise 25</p> <p>10:30 Horse Racing</p> <p>2:30 Baking Group: Frosted Pumpkin Bars</p> <p>2:30 Trivia</p>	<p>10:30 Bingo 26</p> <p>1:30 Activity w/ David</p> <p>2pm Movie <i>The Addams Family</i></p> <p>3pm 1:1 w/ Activity Staff</p>
<p>10am Catholic Service 27</p> <p>11am Morning Movement Exercise</p> <p>1PM Ravens Game</p> <p>2pm Church Service</p>	<p>9:30 Sit and Stand Exercise 28</p> <p>10:30 Bingo</p> <p>1:30 SPECIAL! Bykota on Stage</p> <p>2:45 10 Clue What Is It</p>	<p>10am Zumba 29</p> <p>10:30 Crossword</p> <p>10:30 Believable or Batty</p> <p>2:30 Musical Happy Hour</p> <p>6pm Activity w/ Natalie</p>	<p>9:30 Sit and Stand Exercise 30</p> <p>10:30 Activity w/ Bridget&Melissa</p> <p>11am Brain & Body Stretches</p> <p>2pm Halloween Party w/ DJ Kick</p> <p>6pm Activity w/ Natalie</p>	<p>9:30 Daily Chronicles&Coffee 31</p> <p>10:30 Bingo</p> <p>1:30 Trick- o -Trivia Treat</p> <p>2pm Contemporary Issues</p> <p>3:15 Tech Help</p> <p>6pm Activity w/ Natalie <small>Halloween</small></p>	<p style="text-align: center;">Bolded programs are hosted on the Decker unit.</p>	