

JULY 2024



Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:30 Sit & Stand - FITNESS CTR 10:30 Bingo/ WA 2:30 Music w. Nadira-WA 6:30 Harbor City Chorus/ MR 7:00 Resident Game Night/ 3AR	2 9:00 Meadowood Walking Group 10:00 Zumba - FITNESS CTR 10:30 Crossword / WA 1:30 Bookmobile - Front Door 2:30 Musical Happy Hour/ 3AR 7:00 Resident Game Night/ 3AR	3 9:30 Sit & Stand - FITNESS CTR 10:30 Lucy Worsley w/ British History / WA 2:00 Catholic Comm - MR 2:30 Music w/ Uke Bros-WA 7:00 Resident Game Night/ 3AR	4 Independence Day 9:30 Daily Chronicles and Horoscopes/ CBA 10:30 Bingo - WA 1:00 Watercolors- 3AR 1:30 Movie Day: Yanke Doodle Dandy / WA 4:00 Orioles Game- 3AR 7:00 Resident Game Night/ 3AR	5 9:30 Sit & Stand - FITNESS CTR 10:15 Bus Outings 10:30 Res. Activity Planning Comm. - WA 10:30 Writing Group- 3AR 2:30 Trivia w/ Peggy - WA 7:00 Resident Game Night/ 3AR	6 9:30 Yoga- FITNESS CTR 10:30 Bingo - WA 1:00 Meditation- FC 2:00 Movie Day; TBA 3:00 Musical Encounters on Decker 7:00 Resident Game Night/ 3AR
7 10:00 Catholic Virtual Mass w/ Comm. / MR 1:45 Prayer&Reflect / Chap 2:00 Ecum. Service / Chap 2:30 Fellowship w/ refresh / Chap 3:15 2024 Barnum&Bailey Circus-3AR 7:00 Resident Game Night/ 3AR	8 9:30 Sit & Stand - FITNESS CTR 10:30 Bingo/ WA 2:30 Music w. Tony-WA 6:30 Harbor City Chorus/ MR 7:00 Resident Game Night/ 3AR	9 9:00 Meadowood Walking Group 10:00 Zumba - FITNESS CTR 10:30 Crossword / WA 2:30 Musical Happy Hour/ 3AR 7:00 Resident Game Night/ 3AR	10 9:30 Sit & Stand - FITNESS CTR 10:30 Bmore History w/ Inez-WA 2:00 Catholic Comm - MR 2:30 History Alive/Mary Ann/WA 7:00 Resident Game Night/ 3AR	11 9:30 Daily Chronicles and Horoscopes/ CBA 10:30 Bingo - WA 1:00 Watercolors- 3AR 2:00 Cont Issues/ MR 3:00 Movie Day / WA 6:30 Literary Society-WA 7:00 Resident Game Night/ 3AR	12 9:30 Sit & Stand - FITNESS CTR 10:15 Garden Club / WA 10:15 Bus Outings 10:30 Writing Group- 3AR 2:30 Trivia w/ Peggy - WA 7:00 Resident Game Night/ 3AR	13 9:30 Yoga- FITNESS CTR 10:30 Bingo - WA 1:00 Meditation- FC 2:00 Movie Day; TBA 7:00 Resident Game Night/ 3AR 7:15 Bingo - MR
14 10:00 Catholic Virtual Mass w/ Comm. / MR 1:45 Prayer&Reflect / Chap 2:00 Ecum. Service / Chap 2:30 Fellowship w/ refresh / Chap 3:15 Jeopardy -MR 7:00 Resident Game Night/ 3AR	15 9:30 Sit & Stand - FITNESS CTR 10:30 Bingo/ WA 1:30 Resident Council / WA 3:00 Topics of Life Discussion Group/ WA 6:30 Harbor City Chorus/ MR 7:00 Resident Game Night/ 3AR	16 9:00 Meadowood Walking Group 10:00 Zumba - FITNESS CTR 10:30 Crossword / WA 1:15 AL Food Service Meeting - WA 2:30 Musical Happy Hour/ 3AR 7:00 Resident Game Night/ 3AR	17 9:30 Manor Mill Art Outing 9:30 Sit & Stand - FITNESS CTR 10:30 Nat Geo-WA 2:00 Catholic Comm - MR 2:30 Music w/ Vintage Ent / WA 7:00 Resident Game Night/ 3AR	18 9:30 Daily Chronicles and Horoscopes/ CBA 10:30 Bingo - WA 1:00 Watercolors- 3AR 2:00 Cont Issues/ MR 3:15 Art w/ Lovelace/ WA 7:00 Resident Game Night/ 3AR	19 9:30 Sit & Stand - FITNESS CTR 10:15 Bus Outings 10:30 Writing Group- 3AR 11:30 Lunch Inning 2:30 Trivia w/ Peggy - WA 7:00 Resident Game Night/ 3AR	20 9:30 Yoga- FITNESS CTR 10:30 Bingo - WA 1:00 Meditation- FC 2:00 10 Year Writing Group Anniversary-WA 3:00 Musical Encounters on Decker 7:00 Resident Game Night/ 3AR

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21 10:00 Catholic Virtual Mass w/ Comm. / MR 1:45 Prayer&Reflect / Chap 2:00 Ecum. Service / Chap 2:30 Fellowship w/ refresh / Chap 3:15 Night of Italian Opera-3AR 7:00 Resident Game Night/ 3AR	22 9:30 Sit & Stand - FITNESS CTR 10:30 Bingo/ WA 2:30 Music w/ Rearview 6:30 Harbor City Chorus/ MR 7:00 Resident Game Night/ 3AR	23 9:00 Meadowood Walking Group 10:00 Zumba - FITNESS CTR 10:30 Crossword / WA 2:30 Musical Happy Hour/ 3AR 7:00 Resident Game Night/ 3AR	24 9:30 Sit & Stand - FITNESS CTR 10:30 Badminton-FC 2:00 Catholic Comm - MR 2:30 Luau Party/ WA 7:00 Resident Game Night/ 3AR	25 9:30 Daily Chronicles and Horoscopes/ CBA 10:30 Bingo - WA 1:00 Watercolors- 3AR 2:00 Cont Issues/ MR 3:00 Tech Help/ WA 7:00 Resident Game Night/ 3AR	26 9:30 Sit & Stand - FITNESS CTR 10:15 Bus Outings 10:30 Game Day-WA 10:30 Writing Group- 3AR 2:30 Trivia w/ Peggy - WA 7:00 Resident Game Night/ 3AR	27 9:30 Yoga- FITNESS CTR 10:30 Bingo - WA 1:00 Meditation- FC 2:00 Movie Day; TBA 7:00 Resident Game Night/ 3AR
28 10:00 Catholic Virtual Mass w/ Comm. / MR 1:45 Prayer&Reflect / Chap 2:00 Ecum. Service / Chap 2:30 Fellowship w/ refresh / Chap 3:15 Jeopardy -MR 7:00 Resident Game Night/ 3AR	29 9:30 Sit & Stand - FITNESS CTR 10:30 Bingo/ WA 2:30 Music w/ Michele&Bob/WA 6:30 Harbor City Chorus/ MR 7:00 Resident Game Night/ 3AR	30 9:00 Meadowood Walking Group 10:00 Zumba - FITNESS CTR 10:30 Crossword / WA 2:30 Musical Happy Hour/ 3AR 7:00 Resident Game Night/ 3AR	31 9:30 Sit & Stand - FITNESS CTR 10:30 Parkinsons Support Group- WA 2:00 Catholic Comm - MR 2:30 Music w. Greg- WA 7:00 Resident Game Night/ 3AR			