

JULY 2024



Independent Living Calendar

Independent Living Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>A friendly reminder that monthly calendars are subject to change. Your weekly calendars and flyers will provide a more accurate reflection of programming.</p>	1 9:30 Sit & Stand - FITNESS CTR 1:30 Wii Bowling - MR 2:30 Music w. Nadira-WA 6:30 Harbor City Chorus/ MR 7:00 Resident Game Night/ 3AR	2 9:00 Meadowood Walking Group 10:00 Zumba - FITNESS CTR 10:00 Kenilworth Shopping: Trader Joe & More 1:30 Bookmobile - Front Door 3:00 Bingo With David MR 7:00 Resident Game Night/ 3AR	3 9:30 Sit & Stand - FITNESS CTR 10:00 Banking & Shopping 10:30 Lucy Worsley w/ British History / WA 1:30 Knitting Group - 3rd FLOOR LOUNGE 2:00 Catholic Comm - MR 2:30 Music w/ Uke Bros-WA	4 Independence Day 9:30 Daily Chronicles and Horoscopes/ CBA 10:00 Shopping: Eddies Market 1:30 Movie Day: Yanke Doodle Dandy / WA 1:30 Knitting Group - 3rd FLOOR LOUNGE 3:00 Pgill Singers Practice- MR 4:00 Orioles Game-	5 9:30 Sit & Stand - FITNESS CTR 1:00 Writing Group - MR 1:30 Knitting Group - 3rd FLOOR LOUNGE 3:00 Social Hour 7:00 Resident Game Night/ 3AR	6 9:30 Yoga- FITNESS CTR 1:00 Meditation- FC 2:00 Movie Day; TBA 7:00 Resident Game Night/ 3AR	
	7 10:00 Catholic Virtual Mass w/ Comm. / MR 1:45 Prayer&Reflect / Chap 2:00 Ecum. Service / Chap 2:30 Fellowship w/ refresh / Chap 3:15 2024 Barnum&Bailey Circus-3AR 7:00 Resident Game Night/ 3AR	8 9:30 Sit & Stand - FITNESS CTR 1:30 Wii Bowling - MR 2:30 Music w. Tony-WA 6:30 Harbor City Chorus/ MR 7:00 Resident Game Night/ 3AR 7:15 Book Club- 4th Fl. Library	9 9:00 Meadowood Walking Group 10:00 Zumba - FITNESS CTR 10:00 A Shopping Trip To Hunt Valley. Any Store 3:00 Bingo With David MR 7:00 Resident Game Night/ 3AR	10 9:30 Sit & Stand - FITNESS CTR 10:00 Banking & Shopping 10:30 Bmore History w/ Inez-WA 1:30 Knitting Group - 3rd FLOOR LOUNGE 2:00 Catholic Comm - MR 2:30 History Alive/Mary Ann/WA	11 9:30 Daily Chronicles and Horoscopes/ CBA 10:00 Restaraunt Baugher's And Shopping At The Farm Store There 1:30 Knitting Group - 3rd FLOOR LOUNGE 2:00 Cont Issues/ MR 3:00 Movie Day / WA 3:00 Pgill Singers Practice- MR	12 9:30 Sit & Stand - FITNESS CTR 10:15 Garden Club / WA 1:00 Writing Group - MR 1:30 Knitting Group - 3rd FLOOR LOUNGE 2:30 Assoc. Exec. Bd. - MR 7:00 Resident Game Night/ 3AR	13 9:30 Yoga- FITNESS CTR 1:00 Meditation- FC 2:00 Movie Day; TBA 7:00 Resident Game Night/ 3AR 7:15 Bingo - MR
	14 10:00 Catholic Virtual Mass w/ Comm. / MR 1:45 Prayer&Reflect / Chap 2:00 Ecum. Service / Chap 2:30 Fellowship w/ refresh / Chap 3:15 Jeopardy -MR 7:00 Resident Game Night/ 3AR	15 9:30 Sit & Stand - FITNESS CTR 1:30 Wii Bowling - MR 3:00 Topics of Life Discussion Group/ WA 6:30 Harbor City Chorus/ MR 7:00 Resident Game Night/ 3AR	16 9:00 Meadowood Walking Group 10:00 Zumba - FITNESS CTR 10:00 Shopping: Towson Market Place. Target,Weis & More 3:00 Bingo With David MR 7:00 Resident Game Night/ 3AR	17 9:30 Manor Mill Art Outing 9:30 Sit & Stand - FITNESS CTR 10:00 Banking & Shopping 10:30 Nat Geo-WA 1:30 Knitting Group - 3rd FLOOR LOUNGE 2:00 Catholic Comm - MR 2:30 Music w/ Vintage Ent / WA	18 9:30 Daily Chronicles and Horoscopes/ CBA 10:00 Shopping: Grauls,Walgreens Drug Store & Liquor Store 1:30 Knitting Group - 3rd FLOOR LOUNGE 2:00 Cont Issues/ MR 3:00 Pgill Singers Practice- MR 7:00 Resident Game	19 9:30 Sit & Stand - FITNESS CTR 1:00 Writing Group - MR 1:30 Knitting Group - 3rd FLOOR LOUNGE 2:30 Residents General Mtg. -MR 7:00 Resident Game Night/ 3AR	20 9:30 Yoga- FITNESS CTR 1:00 Meditation- FC 2:00 10 Year Writing Group Anniversary-WA 3:00 BYOB - MR 7:00 Resident Game Night/ 3AR

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21 10:00 Catholic Virtual Mass w/ Comm. / MR 1:45 Prayer&Reflect / Chap 2:00 Ecum. Service / Chap 2:30 Fellowship w/ refresh / Chap 3:15 Night of Italian Opera-3AR 7:00 Resident Game Night/ 3AR	22 9:30 Sit & Stand - FITNESS CTR 1:30 Wii Bowling - MR 2:30 Music w/ Rearview 6:30 Harbor City Chorus/ MR 7:00 Resident Game Night/ 3AR	23 9:00 Meadowood Walking Group 10:00 Zumba - FITNESS CTR 10:00 White Marsh Mall 3:00 Bingo With David MR 7:00 Resident Game Night/ 3AR	24 9:30 Sit & Stand - FITNESS CTR 10:00 Banking & Shopping 10:30 Badminton-FC 1:30 Knitting Group - 3rd FLOOR LOUNGE 2:00 Catholic Comm - MR 2:30 Luau Party/ WA 7:00 Resident Game Night/ 3AR	25 9:30 Daily Chronicles and Horoscopes/ CBA 10:00 Amish Market 1:30 Knitting Group - 3rd FLOOR LOUNGE 2:00 Cont Issues/ MR 3:00 Tech Help/ WA 3:00 Pgill Singers Practice- MR 7:00 Resident Game Night/ 3AR	26 9:30 Sit & Stand - FITNESS CTR 10:30 Game Day-WA 1:00 Writing Group - MR 1:30 Knitting Group - 3rd FLOOR LOUNGE 7:00 Resident Game Night/ 3AR	27 9:30 Yoga- FITNESS CTR 1:00 Meditation- FC 2:00 Movie Day; TBA 7:00 Resident Game Night/ 3AR 7:15 Bingo - MR
28 10:00 Catholic Virtual Mass w/ Comm. / MR 1:45 Prayer&Reflect / Chap 2:00 Ecum. Service / Chap 2:30 Fellowship w/ refresh / Chap 3:15 Jeopardy -MR 7:00 Resident Game Night/ 3AR	29 9:30 Sit & Stand - FITNESS CTR 1:30 Wii Bowling - MR 2:30 Music w/ Michele&Bob/WA 6:30 Harbor City Chorus/ MR 7:00 Resident Game Night/ 3AR	30 9:00 Meadowood Walking Group 10:00 Zumba - FITNESS CTR 10:00 A Trip To The Black Ankle Winery In Mt. Airy For Wine And Food 3:00 Bingo With David MR 7:00 Resident Game Night/ 3AR	31 9:30 Sit & Stand - FITNESS CTR 10:00 Banking & Shopping 10:30 Parkinsons Support Group- WA 1:30 Knitting Group - 3rd FLOOR LOUNGE 2:00 Catholic Comm - MR 2:30 Music w. Greg- WA	WA=Willard Auditorium MR=Meeting Room 3AR=3rd Floor Activity Room Cont. Issues Activity = Contemporary Issues Please be sure to sign up for outings at Front Desk		Interested in bringing back an activity you don't see on the schedule or proposing something new? Let us know! 410 842 0404