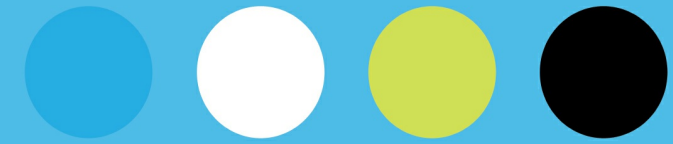


# MAY 2024



## Independent Living Calendar

## Independent Living Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>A friendly reminder that monthly calendars are subject to change. Your weekly calendars and flyers will provide a more accurate reflection of programming.</p>		<p>WA=Willard Auditorium MR=Meeting Room 3AR=3rd Floor Activity Room Cont. Issues Activity = Contemporary Issues Please be sure to sign up for outings at Front Desk</p>	<p><b>1</b> <b>May Day</b></p> <p>9:30 Sit &amp; Stand - FITNESS CTR 10:00 Banking &amp; Shopping 10:30 <b>Nat. Geo. Special / WA</b> 2:00 Knitting Group - 2nd Fl. Lounge 2:00 Rosary &amp; Prayer / MR / No Communion</p>	<p><b>2</b></p> <p>9:30 Daily Chronicles and Horoscopes/ WA 10:00 Eddies Market 2:00 <b>Cont Issues/ MR</b> 3:00 Movie Day / WA 3:00 Pgill Singers Practice- MR</p>	<p><b>3</b></p> <p>9:30 Sit &amp; Stand - FITNESS CTR 11:00 <b>Taylor Marie Fashion Show &amp; Sale / WA</b> 1:00 Writing Group - MR 3:00 <b>Social Hour</b></p>	<p><b>4</b></p> <p>9:30 Yoga- FITNESS CTR 2:00 Movie Day; TBA</p>
<p><b>5</b> <b>Cinco de Mayo</b></p> <p>10:00 Catholic Virtual Mass w/ Comm. / MR 1:45 Prayer&amp;Reflect / Chap 2:00 Ecum. Service / Chap 2:30 Fellowship w/ refresh / Chap 3:15 <b>Jeopardy -MR</b></p>	<p><b>6</b></p> <p>9:30 Sit &amp; Stand - FITNESS CTR 1:30 Wii Bowling - MR 2:00 <b>"Downton Abbey" / WA</b> 6:30 Harbor City Chorus/ MR</p>	<p><b>7</b></p> <p>9:00 Meadowood Walking Group 10:00 <b>Zumba - FITNESS CTR</b> 10:00 Shopping: Kenilworth, Trader Joe &amp; More 1:30 Bookmobile - Front Door 3:00 Bingo With David MR</p>	<p><b>8</b></p> <p>9:30 Sit &amp; Stand - FITNESS CTR 10:00 <b>Assistance w/ Voting / WA</b> 10:00 Banking &amp; Shopping 2:00 Catholic Comm - FC 2:00 Knitting Group - 2nd Fl. Lounge 2:30 <b>Vintage Entertainment / WA</b></p>	<p><b>9</b></p> <p>9:30 Daily Chronicles and Horoscopes/ WA 10:00 Auto Tour Of Annapolis With A Lunch At Cantlers. We Will Eat Outdoors By The Water 2:00 <b>Cont Issues/ MR</b> 3:00 Movie Day / WA 3:00 Pgill Singers Practice- MR</p>	<p><b>10</b></p> <p>9:30 Sit &amp; Stand - FITNESS CTR 1:00 Writing Group - MR 2:30 Assoc. Exec. Bd. - MR</p>	<p><b>11</b></p> <p>9:30 Yoga- FITNESS CTR 2:00 Movie Day; TBA 7:15 <b>Bingo - MR</b></p>
<p><b>12</b> <b>Mother's Day</b></p> <p>10:00 Catholic Virtual Mass w/ Comm. / MR 1:45 Prayer&amp;Reflect / Chap 2:00 Ecum. Service / Chap 2:30 Fellowship w/ refresh / Chap 3:15 Documentary Day-3AR</p>	<p><b>13</b></p> <p>9:30 Sit &amp; Stand - FITNESS CTR 1:30 Wii Bowling - MR 2:30 <b>Woof Entertainment w/ Floyd Andrews on Piano / WA</b> 6:30 Harbor City Chorus/ MR 7:00 <b>Music w/ Flutopia / WA</b> 7:15 Book Club- 4th Fl. Library</p>	<p><b>14</b></p> <p>9:00 Meadowood Walking Group 10:00 <b>Zumba - FITNESS CTR</b> 10:00 A Shopping Trip To Santoni's In Glyndon. A great Store 3:00 Bingo With David MR</p>	<p><b>15</b></p> <p>9:30 Sit &amp; Stand - FITNESS CTR 10:00 Banking &amp; Shopping 10:30 <b>Baltimore History / WA</b> 2:00 Catholic Mass w/ Fr. Sutton / WA 2:00 Knitting Group - 2nd Fl. Lounge 2:30 Topics of Life/ 3AR</p>	<p><b>16</b></p> <p>9:30 Daily Chronicles and Horoscopes/ WA 10:00 Shopping: Grauls,Walgreens Drug Store And Liquor Store 2:00 Cont Issues/ MR 3:00 <b>Tech Help w/ Activities / WA</b> 3:00 Pgill Singers Practice- MR</p>	<p><b>17</b></p> <p>9:30 Sit &amp; Stand - FITNESS CTR 10:30 Writing Group Recital Part 1 / WA 1:00 Writing Group - MR 2:30 Residents General Mtg. -MR</p>	<p><b>18</b> <b>Armed Forces Day</b></p> <p>9:30 Yoga- FITNESS CTR 2:00 Movie Day; TBA 3:00 BYOB - MR</p>
<p><b>19</b></p> <p>10:00 Catholic Virtual Mass w/ Comm. / WA 1:45 Prayer&amp;Reflect / Chap 2:00 Ecum. Service / Chap 2:30 Fellowship w/ refresh / Chap 3:15 Jeopardy -MR</p>	<p><b>20</b></p> <p>9:30 Sit &amp; Stand - FITNESS CTR 1:30 Wii Bowling - MR 2:30 <b>J&amp;J Entertainment / WA</b> 6:30 Harbor City Chorus/ MR</p>	<p><b>21</b></p> <p>9:00 Meadowood Walking Group 10:00 Zumba - FITNESS CTR 10:00 Shopping: Towson Market Place, Target,Weis Or Any Store There 3:00 Bingo With David MR</p>	<p><b>22</b></p> <p>9:30 Sit &amp; Stand - FITNESS CTR 10:00 Banking &amp; Shopping 10:30 <b>Baking w/ Bridget / 3AR</b> 2:00 Catholic Comm - FC 2:00 Knitting Group - 2nd Fl. Lounge 2:30 <b>Piano w/ Greg Ladieri / WA</b></p>	<p><b>23</b></p> <p>9:30 Daily Chronicles and Horoscopes/ WA 10:00 Shopping: White Marsh Mall 2:00 Cont Issues/ MR 3:00 <b>Beth &amp; Piano Students</b> 3:00 Pgill Singers Practice- MR</p>	<p><b>24</b></p> <p>9:30 Sit &amp; Stand - FITNESS CTR 1:00 Writing Group - MR 1:58 <b>Writing Group Recital Part II / WA</b></p>	<p><b>25</b></p> <p>9:30 Yoga- FITNESS CTR 2:00 <b>Duval Family Service / 3AR</b> 2:00 <b>Ballet Mobile / WA</b> 7:15 Bingo - MR</p>
<p><b>26</b></p> <p>10:00 Catholic Virtual Mass w/ Comm. / MR 1:45 Prayer&amp;Reflect / Chap 2:00 Ecum. Service / Chap 2:30 Fellowship w/ refresh / Chap 3:15 <b>Documentary Day-3AR</b></p>	<p><b>27</b> <b>Memorial Day</b></p> <p>9:30 Sit &amp; Stand - FITNESS CTR 1:30 Wii Bowling - MR 2:30 <b>The Astronomers Lecture / WA</b> 6:30 Harbor City Chorus/ MR</p>	<p><b>28</b></p> <p>9:00 Meadowood Walking Group 10:00 Zumba - FITNESS CTR 10:00 A Nice Country Ride With A Stop For Coffee And Donuts 10:30 <b>Manor Mill Art Lecture / WA</b> 3:00 Bingo With David MR</p>	<p><b>29</b></p> <p>9:30 Sit &amp; Stand - FITNESS CTR 10:00 Banking &amp; Shopping 10:30 <b>Parkinson's Support Group / WA</b> 2:00 Catholic Comm - FC 2:00 Knitting Group - 2nd Fl. Lounge 2:30 <b>Guitar &amp; Song w/ Rayon / WA</b></p>	<p><b>30</b></p> <p>9:30 Daily Chronicles and Horoscopes/ WA 10:00 Amish Market 10:45 <b>St. Paul's Dance Troupe / WA</b> 2:00 Cont Issues/ MR 3:00 Pgill Singers Practice- MR 3:15 <b>Bingo - WA for AL</b></p>	<p><b>31</b></p> <p>9:30 Sit &amp; Stand - FITNESS CTR 1:00 Writing Group - MR</p>	<p>Interested in bringing back an activity you don't see on the schedule or proposing something new? Let us know! 410 842 0404</p>