

# March 2024

Decker Calendar

**Bolded Programs are hosted on the Decker unit**

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							9:30 Sit & Stand Exercise -MR 10:30 Balloon Badmitton - WA <b>1:30 Friday Music &amp; Drinks - Decker</b> 2:30 Trivia w/ Peggy -WA 6:00 Activity w/ Natalie	10:30 Bingo – WA <b>1:30 1:1 Men's Group</b> 2:00 Movie Day – WA <b>3:00 Musical Encounters</b>					
10:00 Catholic Virtual Mass w/ Communion-MR <b>11:00 Morning Movement - Decker</b> <b>1:30 Activity w/ Dejah - Decker</b> 2:00 Ecumenical Serv/Chapel 3:15 Jeopardy – MR	3	9:30 Sit & Stand Exercise-MR 10:30 Bingo w/ Loyola - WA <b>1:30 How Much is This? - Decker</b> 2:30 Music w/ Woof Entertainment-WA	4	10:00 Zumba Exercise - MR <b>10:30 Finish The Lyric - Decker</b> 2:30 Musical Happy Hour-3AR <b>6:00 Activity w/ Natalie</b>	5	9:30 Sit & Stand Exercise -MR 10:30 Family Fued – WA <b>11:00 Brain &amp; Body Stretches - Decker</b> 2:00 Catholic Comm-MR 3:30 Music w/Uke Bros <b>6:00 Activity w/ Natalie</b>	6	9:30 Daily Chronicles & Horoscopes - WA 10:30 Bingo -WA 2:00 Contemporary Issues- MR <b>2:00 Travelogue - Decker</b> 3:00 Beth & Piano Students <b>6:00 Activity w/ Natalie</b>	7	9:30 Sit & Stand Exercise -MR 10:15 Garden Club - MR <b>10:30 Dynasty - Decker</b> 1:30 Headbandz - <b>Decker</b> 2:30 Trivia w/ Peggy -WA <b>6:00 Activity w/ Natalie</b>	8	10:30 Bingo – WA 2:00 Movie Day - 3AR <b>3:00 Activity w/ David - Decker</b>	9
10:00 Catholic Virtual Mass w/ Communion-MR <b>11:00 Morning Movement - Decker</b> <b>1:30 Activity w/ Dejah - Decker</b> 2:00 Ecumenical Serv/Chapel 3:15 Documentary Day – 3AR Daylight Saving Time Begins	10	9:30 Sit & Stand Exercise-MR 10:30 Bingo w/ Loyola - WA <b>1:30 A Word Around The World - Decker</b> 2:30 Music w/ Ken King -WA	11	10:00 Zumba Exercise - MR <b>10:30 Chesse Toss - Decker</b> 2:30 Musical Happy Hour-3AR <b>6:00 Activity w/ Natalie</b>	12	9:30 Sit & Stand Exercise -MR 10:30 National Geographic – WA <b>11:00 Brain &amp; Body Stretches - Decker</b> 2:00 Catholic Comm-MR 3:30 Music w/Vintage Entertainment <b>6:00 Activity w/ Natalie</b>	13	9:30 Daily Chronicles & Horoscopes - WA 10:30 Bingo-WA 2:00 Contemporary Issues-MR <b>2:00 Decker Contemporary Issues - Decker</b> <b>6:00 Activity w/ Natalie</b>	14	9:30 Sit & Stand Exercise -MR 10:30 Floor Golf Billards - WA <b>1:30 Friday Music &amp; Drinks - Decker</b> 2:30 Trivia w/ Peggy -WA <b>6:00 Activity w/ Natalie</b>	15	10:30 Bingo – WA <b>1:30 1:1 Men's Group</b> 2:00 Movie Day – WA <b>3:00 Musical Encounters</b>	16
10:00 Catholic Virtual Mass w/ Communion-MR <b>11:00 Morning Movement - Decker</b> <b>1:30 Activity w/ Dejah - Decker</b> 2:00 Ecumenical Serv/Chapel 3:15 Jeopardy – MR St. Patrick's Day	17	9:30 Sit & Stand Exercise-MR 10:30 Bingo w/ Loyola - WA <b>1:30 Word Games - Decker</b> 2:30 Music w/ Nadira -WA	18	10:00 Zumba Exercise - MR <b>10:30 Guess The State - Decker</b> 2:30 Musical Happy Hour-3AR <b>6:00 Activity w/ Natalie</b> Spring Begins	19	9:30 Sit & Stand Exercise -MR 10:45 Irish Byokta on Stage – WA <b>11:00 Brain &amp; Body Stretches - Decker</b> 2:00 Catholic Comm-MR 2:30 Crossword - WA <b>6:00 Activity w/ Natalie</b>	20	9:30 Daily Chronicles & Horoscopes - WA 10:30 Bingo w/ St. Pauls-WA 2:00 Contemporary Issues-MR <b>2:00 Decker Contemporary Issues - Decker</b> <b>6:00 Activity w/ Natalie</b>	21	9:30 Sit & Stand Exercise -MR 10:15 Carol Burnett ReRuns - WA <b>1:30 Table Top Bowling - Decker</b> 2:30 Trivia w/ Peggy -WA <b>6:00 Activity w/ Natalie</b>	22	10:30 Bingo – WA 2:00 Building Wide Happy Hour - 3AR	23
10:00 Catholic Virtual Mass w/ Communion-MR <b>11:00 Morning Movement - Decker</b> <b>1:30 Activity w/ Dejah - Decker</b> 2:00 Ecumenical Serv/Chapel 3:15 Documentary Day – 3AR Palm Sunday	24	9:30 Sit & Stand Exercise-MR 10:30 Bingo w/ Loyola - WA <b>1:30 Family Feud - Decker</b> 2:30 Coffee Social Hour - WA	25	10:00 Zumba Exercise - MR <b>10:30 Balloon Volleyball - Decker</b> 2:30 Musical Happy Hour-3AR <b>6:00 Activity w/ Natalie</b>	26	9:30 Sit & Stand Exercise -MR 10:30 Topics of Life – WA <b>11:00 Brain &amp; Body Stretches - Decker</b> 2:00 Catholic Comm-MR 2:30 Tribute Baltimore History-Whose Who in BMore History <b>6:00 Activity w/ Natalie</b>	27	9:30 Daily Chronicles & Horoscopes - WA 10:30 Bingo -WA 2:00 Contemporary Issues-MR <b>2:00 Decker Movie &amp; Drinks - Decker</b> <b>6:00 Activity w/ Natalie</b>	28	9:30 Sit & Stand Exercise -MR <b>10:30 Topics of Life - Decker</b> <b>1:30 Friday Music &amp; Drinks - Decker</b> 2:30 Trivia w/ Peggy -WA <b>6:00 Activity w/ Natalie</b>	29	10:30 Bingo – WA 2:00 Movie Day - 3AR <b>3:00 Activity w/ David - Decker</b>	30
10:00 Catholic Virtual Mass w/ Communion-MR <b>11:00 Morning Movement - Decker</b> <b>1:30 Activity w/ Dejah - Decker</b> 2:00 Ecumenical Serv/Chapel 3:15 Jeopardy – MR Easter Sunday	31	To our friends & families: This calendar displays programs that are specific to Decker as well as some of the other programs offered throughout the building for everyone to enjoy. <b>Bolded programs are hosted on the Decker Unit.</b> Please note that with calendars made in advance, changes in the schedule can occur. Please refer to the Daily Activity Schedule for the most accurate reflection of programs for the day.											