Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
		ry 20		9:30 Daily Chronicles & Horoscopes - WA 10:30 Bingo w/ St. Pauls-WA 2:00 Contemporary Issues-MR 2:00 Decker Contemporary Issues - Decker 6:00 Activity w/ Natalie	9:30 Sit & Stand Exercise -MR 10:30 Balloon Badmitton - WA 1:30 Headbandz - Decker 2:30 Trivia w/ Peggy -WA 6:00 Activity w/ Natalie	10:30 Bingo – WA 1:30 1:1 Men's Group 2:00 Movie Day – WA 3:00 Musical Encounters	
Decker Calenda	Bolded Pro	grams are hosted on	the Decker unit		Groundhog Day	10	
10:00 Catholic Virtual Mass w/ Communion-MR 11:00 Morning Movement - Decker 1:30 Activity w/ Dejah - Decker 2:00 Ecumenical Serv/Chapel 3:15 Documentary Day – 3AR	9:30 Sit & Stand Exercise-MR 10:30 Bingo w/ Loyola - WA 1:30 How Much is This? - Decker 2:30 Music w/ Lynn Roxy -WA	10:00 Zumba Exercise - MR 10:30 Finish The Lyric - Decker 2:30 Musical Happy Hour-3AR 6:00 Activity w/ Natalie	9:30 Sit & Stand Exercise -MR 10:30 Lucy Worsley – WA 11:00 Brain & Body Stretches - Decker 2:00 Catholic Comm-MR 3:30 Music w/Bob Clark 6:00 Activity w/ Natalie	9:30 Daily Chronicles & Horoscopes - WA 10:30 Bingo-WA 2:00 Contemporary Issues-MR 2:00 Travelogue - Decker 6:00 Activity w/ Natalie	9:30 Sit & Stand Exercise -MR 10:15 Garden Club - WA 10:30 The Andy Griffith - Decker 1:30 Friday Music & Drinks - Decker 2:30 Trivia w/ Peggy -WA 6:00 Activity w/ Natalie	10:30 Bingo – WA 2:00 Movie Day - 3AR 3:00 Activity w/ David - Decker  Chinese New Year (Year of the Dragon)	
10:00 Catholic Virtual Mass w/ Communion-MR 11:00 Morning Movement - Decker 1:30 Activity w/ Dejah - Decker 2:00 Ecumenical Serv/Chapel 3:15 Jeopardy – MR	9:30 Sit & Stand Exercise-MR 10:30 Bingo w/ Loyola - WA 1:30 Family Feud - Decker 2:30 Author Presentation: Eliza Knight	10:00 Zumba Exercise - MR 10:30 Chesse Toss - Decker 2:30 Musical Happy Hour-3AR 6:00 Activity w/ Natalie	9:30 Sit & Stand Exercise -MR 10:30 5 Min B-More History – WA 11:00 Brain & Body Stretches - Decker 2:00 Catholic Comm-MR 2:30 Music w/John 0 6:00 Activity w/ Natalie	9:30 Daily Chronicles & Horoscopes - WA 10:30 Bingo-WA 2:00 Contemporary Issues-MR 2:00 Decker Scenic Ride - Decker 6:00 Activity w/ Natalie	9:30 Sit & Stand Exercise -MR 10:30 Balloon Volleyball - Decker 1:30 Word Games - Decker 2:30 Trivia w/ Peggy -WA 6:00 Activity w/ Natalie	10:30 Bingo – WA 1:30 1:1 Men's Group 2:00 Movie Day – WA 3:00 Musical Encounters	
10:00 Catholic Virtual Mass w/ Communion-MR 11:00 Morning Movement - Decker 1:30 Activity w/ Dejah - Decker 2:00 Ecumenical Serv/Chapel 3:15 Documentary Day – 3AR	9:30 Sit & Stand Exercise-MR 10:30 Bingo w/ Loyola - WA 1:30 Word Games - Decker 2:30 Music w/ J + J Entertainment  Presidents' Day		9:30 Sit & Stand Exercise -MR 10:30 Trivia – WA 11:00 Brain & Body Stretches - Decker 2:00 Catholic Mass & Comm-MR 2:30 Music w/ Greg Ladeiri 6:00 Activity w/ Natalie	9:30 Daily Chronicles & Horoscopes - WA 10:30 Bingo-WA 2:00 Contemporary Issues-MR 2:00 Decker Contemporary Issues - Decker 6:00 Activity w/ Natalie	9:30 Sit & Stand Exercise -MR 10:30 Coffee Social Hour - WA 12:00 Decker Luncheon 1:30 Friday Music & Drinks - Decker 2:30 Trivia w/ Peggy -WA 6:00 Activity w/ Natalie	10:30 Bingo – WA 2:00 Movie Day - 3AR 3:00 Activity w/ David - Decker	
orld10:00 Catholic Virtual Mass w/ Communion-MR 11:00 Morning Movement - Decker 1:30 Activity w/ Dejah - Decker 2:00 Ecumenical Serv/Chapel 3:15 Jeopardy – MR	9:30 Sit & Stand Exercise-MR 10:30 Bingo w/ Loyola - WA 1:30 A Word Around The World - Decker 2:30 Balt. Musuem of Industry w/ Jim Lyall -WA	27 10:00 Zumba Exercise - MR 10:30 Guess The State - Decker 2:30 Musical Happy Hour-3AR 6:00 Activity w/ Natalie	9:30 Sit & Stand Exercise -MR 10:30 Topics of Life – WA 11:00 Brain & Body Stretches - Decker 2:00 Catholic Comm-MR 6:00 Activity w/ Natalie	9:30 Daily Chronicles & Horoscopes - WA 10:30 Bingo w/ St. Paul -WA 2:00 Contemporary Issues- MR 2:00 Decker Movie & Drinks - Decker 6:00 Activity w/ Natalie	of the other programs offer for everyone to enjoy. <b>Bold on the Decker Unit.</b> Please	to Decker as well as some red throughout the building ed programs are hosted note that with calendars in the schedule can occur. etivity Schedule for the	
Pickersgill Retirement Community, 615 Chestnut Ave Towson, MD 21204, Activity Department 410 842 0404							