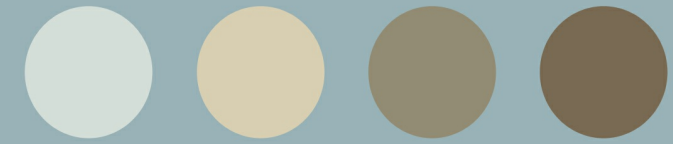


# JANUARY 2024



Independent Living Calendar

Independent Living Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>A friendly reminder that monthly calendars are subject to change. Your weekly calendars and flyers will provide a more accurate reflection of programming.</p>	<p><b>1</b> <b>New Year's Day</b></p> <p><b>9:30</b> Sit &amp; Stand - MR <b>1:30</b> Wii Bowling - MR</p>	<p><b>2</b></p> <p><b>10:00 Zumba - MR</b> <b>10:00</b> Shopping: Kenilworth Shopping Center. Trader Joe &amp; More <b>1:30</b> Bookmobile - Front Door <b>3:00</b> Bingo With David MR</p>	<p><b>3</b></p> <p><b>9:30</b> Sit &amp; Stand - MR <b>10:00</b> Banking &amp; Shopping <b>2:00</b> Catholic Comm - MR <b>2:00</b> Knitting Group - 2nd Fl. Lounge</p>	<p><b>4</b></p> <p><b>10:00</b> Shopping: Eddies Market <b>2:00</b> Cont Issues/ MR <b>3:00</b> Pgill Singers Practice- MR</p>	<p><b>5</b></p> <p><b>9:30</b> Sit &amp; Stand - MR <b>1:00</b> Writing Group - MR <b>3:00</b> <b>Social Hour</b></p>	<p><b>6</b></p> <p><b>9:30</b> Yoga- MR <b>2:00</b> Movie Day; TBA</p>	
	<p><b>7</b></p> <p><b>10:00</b> Catholic Virtual Mass w/ Communion / MR <b>1:45</b> Prayer&amp;Reflection/C <b>2:00</b> Ecumenical Serv/Chapel <b>2:30</b> Fellowship w/ refreshments/Chape</p>	<p><b>8</b></p> <p><b>9:30</b> Sit &amp; Stand - MR <b>1:30</b> Wii Bowling - MR <b>7:15</b> Book Club- 4th Fl. Library</p>	<p><b>9</b></p> <p><b>10:00 Zumba - MR</b> <b>10:00</b> Shopping: Towson Market Place, Target,Weis Or Any Store There <b>3:00</b> Bingo With David MR</p>	<p><b>10</b></p> <p><b>9:30</b> Sit &amp; Stand - MR <b>10:00</b> Banking &amp; Shopping <b>2:00</b> Catholic Comm - MR <b>2:00</b> Knitting Group - 2nd Fl. Lounge</p>	<p><b>11</b></p> <p><b>11:15</b> Restaraunt: Corner Stable <b>2:00</b> Cont Issues/ MR <b>3:00</b> Pgill Singers Practice- MR <b>3:00</b> Movie day / WA</p>	<p><b>12</b></p> <p><b>9:30</b> Sit &amp; Stand - MR <b>1:00</b> Writing Group - MR <b>2:30</b> Assoc. Exec. Bd. - MR</p>	<p><b>13</b></p> <p><b>9:30</b> Yoga- MR <b>2:00</b> Movie Day; TBA <b>7:15</b> <b>Bingo - MR</b></p>
	<p><b>14</b></p> <p><b>10:00</b> Catholic Virtual Mass w/ Communion / MR <b>1:45</b> Prayer&amp;Reflection/C <b>2:00</b> Ecumenical Serv/Chapel <b>2:30</b> Fellowship w/ refreshments/Chape <b>3:15</b> Jeopardy -MR</p>	<p><b>15</b> <b>Martin Luther King Day</b></p> <p><b>9:30</b> Sit &amp; Stand - MR <b>1:30</b> Wii Bowling - MR <b>2:30</b> Music w/ Nadira- WA</p>	<p><b>16</b></p> <p><b>10:00 Zumba - MR</b> <b>10:00</b> Shopping: White Marsh Mall <b>3:00</b> Bingo With David MR</p>	<p><b>17</b></p> <p><b>9:30</b> Sit &amp; Stand - MR <b>10:00</b> Banking &amp; Shopping <b>10:30</b> Pokeno- WA <b>2:00</b> Catholic Comm - MR <b>2:00</b> Knitting Group - 2nd Fl. Lounge <b>2:30</b> Casino Day- WA</p>	<p><b>18</b></p> <p><b>10:00</b> Shopping: Grauls,Walgreens Drug Store And Liquor Store <b>2:00</b> Cont Issues/ MR <b>3:00</b> Pgill Singers Practice- MR <b>3:00</b> Movie day / WA</p>	<p><b>19</b></p> <p><b>9:30</b> Sit &amp; Stand - MR <b>1:00</b> Writing Group - MR <b>2:30</b> Residents General Mtg. -MR</p>	<p><b>20</b></p> <p><b>9:30</b> Yoga- MR <b>2:00</b> Movie Day; TBA <b>3:00</b> BYOB - MR</p>

# JANUARY 2024



Independent Living Calendar

Independent Living Calendar

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
21	<p><b>10:00</b> Catholic Virtual Mass w/ Communion / MR</p> <p><b>1:45</b> Prayer&amp;Reflection/C</p> <p><b>2:00</b> Ecumenical Serv/Chapel</p> <p><b>2:30</b> Fellowship w/ refreshments/Chape</p> <p><b>3:15</b> Documentary Day-3AR</p>	22	<p><b>9:30</b> Sit &amp; Stand - MR</p> <p><b>1:30</b> Wii Bowling - MR</p> <p><b>2:30</b> Music w/ Rayon</p>	23	<p><b>10:00</b> <b>Zumba - MR</b></p> <p><b>10:00</b> A Nice Country Ride With A Stop For Coffee &amp; Donuts</p> <p><b>3:00</b> Bingo With David MR</p>	24	<p><b>9:30</b> Sit &amp; Stand - MR</p> <p><b>10:00</b> Banking &amp; Shopping</p> <p><b>10:30</b> Crossword- WA</p> <p><b>2:00</b> Catholic Comm - MR</p> <p><b>2:00</b> Knitting Group - 2nd Fl. Lounge</p> <p><b>2:30</b> Tribute Lecture: Bmore 365 w/ Inez</p> <p><b>7:30</b> Aint Misbehavin' Rehearsal- WA</p>	25	<p><b>10:00</b> Amish Market &amp; Dunkin Donuts</p> <p><b>2:00</b> Cont Issues/ MR</p> <p><b>3:00</b> Pgill Singers Practice- MR</p> <p><b>3:00</b> Tech Help/ WA</p>	26	<p><b>9:30</b> Sit &amp; Stand - MR</p> <p><b>10:30</b> Penny Ante- WA</p> <p><b>1:00</b> Writing Group - MR</p>	27	<p><b>Holocaust Remembrance Day</b></p> <p><b>9:30</b> Yoga- MR</p> <p><b>2:00</b> Movie Day; TBA</p> <p><b>7:15</b> Bingo - MR</p>
28	<p><b>10:00</b> Catholic Virtual Mass w/ Communion / MR</p> <p><b>1:45</b> Prayer&amp;Reflection/C</p> <p><b>2:00</b> Ecumenical Serv/Chapel</p> <p><b>2:30</b> Fellowship w/ refreshments/Chape</p> <p><b>3:15</b> Jeopardy -MR</p>	29	<p><b>9:30</b> Sit &amp; Stand - MR</p> <p><b>1:30</b> Wii Bowling - MR</p> <p><b>2:30</b> Coffee Social Hour</p>	30	<p><b>10:00</b> <b>Zumba - MR</b></p> <p><b>10:00</b> Shopping: Yorkridge, Aldi, Kohls, Michaels And Old Navy</p> <p><b>3:00</b> Bingo With David MR</p>	31	<p><b>9:30</b> Sit &amp; Stand - MR</p> <p><b>10:00</b> Banking &amp; Shopping</p> <p><b>10:30</b> Topics of Life- WA</p> <p><b>2:00</b> Catholic Comm - MR</p> <p><b>2:00</b> Knitting Group - 2nd Fl. Lounge</p> <p><b>2:30</b> Music w/ Deb and Jane- WA</p> <p><b>7:30</b> Ain't Misbehavin Rehearsal- WA</p>				<p>WA=Willard Auditorium</p> <p>MR=Meeting Room</p> <p>3AR=3rd Floor Activity Room</p> <p>Cont. Issues Activity = Contemporary Issues</p> <p>Please be sure to sign up for outings at Front Desk</p>	<p>Interested in bringing back an activity you don't see on the schedule or proposing something new? Let us know! 410 842 0404</p>	