

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	1 9:30 Sit & Stand Exercise-MR 10:30 Bingo w/ Loyola - WA <b>1:30 How Much is This? - Decker</b> 2:30 Balt. Musuem of Industry: Neighborhood Bars in BMore -WA  New Year's Day	2 10:00 Zumba Exercise - MR <b>10:30 Finish The Lyric - Decker</b> 2:30 Musical Happy Hour-3AR <b>6:00 Activity w/ Natalie</b>	3 9:30 Sit & Stand Exercise -MR 10:30 Anagrams – WA <b>11:00 Brain &amp; Body Stretches - Decker</b> 2:00 Catholic Comm-MR 2:30 Music w/Uke Bros <b>6:00 Activity w/ Natalie</b>	4 9:30 Daily Chronicles & Horoscopes - WA 10:30 Bingo-WA 2:00 Contemporary Issues-MR <b>2:00 Decker Contemporary Issues - Decker</b> <b>6:00 Activity w/ Natalie</b>	5 9:30 Sit & Stand Exercise -MR <b>10:30 I Love Lucy - Decker</b> <b>1:30 Friday Music &amp; Drinks - Decker</b> 2:30 Trivia w/ Peggy -WA <b>6:00 Activity w/ Natalie</b>	6 10:30 Bingo – WA <b>1:30 1:1 Men's Group</b> 2:00 Movie Day – WA <b>3:00 Musical Encounters</b>	
7 10:00 Catholic Virtual Mass w/ Communion-MR <b>11:00 Morning Movement - Decker</b> <b>1:30 Activity w/ Dejah - Decker</b> 2:00 Ecumenical Serv/Chapel 3:15 Documentary Day – 3AR	8 9:30 Sit & Stand Exercise-MR 10:30 Bingo w/ Loyola - WA <b>1:30 Word Games - Decker</b>	9 10:00 Zumba Exercise - MR <b>10:30 Arts &amp; Crafts</b> 2:30 Musical Happy Hour-3AR <b>6:00 Activity w/ Natalie</b>	10 9:30 Sit & Stand Exercise -MR 10:30 Horse Racing – WA <b>11:00 Brain &amp; Body Stretches - Decker</b> 2:00 Catholic Comm-MR 2:30 National Geographic - WA <b>6:00 Activity w/ Natalie</b>	11 9:30 Daily Chronicles & Horoscopes - WA 10:30 Bingo-WA 2:00 Contemporary Issues-MR <b>2:00 Travelogue - Decker</b> 3:00 Movie - WA <b>6:00 Activity w/ Natalie</b>	12 9:30 Sit & Stand Exercise -MR <b>10:30 Topics of Life - Decker</b> <b>1:30 Pictionary - Decker</b> 2:30 Trivia w/ Peggy -WA <b>6:00 Activity w/ Natalie</b>	13 10:30 Bingo – WA 2:00 Movie Day - 3AR <b>3:00 Activity w/ David - Decker</b>	
14 10:00 Catholic Virtual Mass w/ Communion-MR <b>11:00 Morning Movement - Decker</b> <b>1:30 Activity w/ Dejah - Decker</b> 2:00 Ecumenical Serv/Chapel 3:15 Jeopardy – MR	15 9:30 Sit & Stand Exercise-MR 10:30 Bingo w/ Loyola - WA <b>1:30 Slide Show Trivia - Decker</b> 2:30 Music w/ Nadira -WA  Martin Luther King Jr. Day	16 10:00 Zumba Exercise - MR <b>10:30 Balloon Volleyball</b> 2:30 Musical Happy Hour-3AR <b>6:00 Activity w/ Natalie</b>	17 9:30 Sit & Stand Exercise -MR 10:30 Pokeno – WA <b>11:00 Brain &amp; Body Stretches - Decker</b> 2:00 Catholic Comm-MR 2:30 Casino Day <b>6:00 Activity w/ Natalie</b>	18 9:30 Daily Chronicles & Horoscopes - WA 10:30 Bingo-WA 2:00 Contemporary Issues-MR <b>1:30 Decker Scenic Ride - Decker</b> 3:00 Movie - WA <b>6:00 Activity w/ Natalie</b>	19 9:30 Sit & Stand Exercise -MR <b>10:30 Badmitton - Decker</b> <b>12:00 Decker Luncheon</b> <b>1:30 Friday Music &amp; Drinks - Decker</b> 2:30 Trivia w/ Peggy -WA <b>6:00 Activity w/ Natalie</b>	20 10:30 Bingo – WA <b>1:30 1:1 Men's Group</b> 2:00 Movie Day – WA <b>3:00 Musical Encounters</b>	
21 10:00 Catholic Virtual Mass w/ Communion-MR <b>11:00 Morning Movement - Decker</b> <b>1:30 Activity w/ Dejah - Decker</b> 2:00 Ecumenical Serv/Chapel 3:15 Documentary Day – 3AR  Activity Professionals Week	22 9:30 Sit & Stand Exercise-MR 10:30 Bingo w/ Loyola - WA <b>1:30 Family Feud - Decker</b> 2:30 Music w/ Rayon -WA	23 10:00 Zumba Exercise - MR <b>10:30 Guess The State</b> 2:30 Musical Happy Hour-3AR <b>6:00 Activity w/ Natalie</b>	24 9:30 Sit & Stand Exercise -MR 10:30 Crossword – WA <b>11:00 Brain &amp; Body Stretches - Decker</b> 2:00 Catholic Comm-MR 2:30 Tribute Lecture - WA <b>6:00 Activity w/ Natalie</b>  Tu B'Shevat Begins	25 9:30 Daily Chronicles & Horoscopes - WA 10:30 Bingo-WA 2:00 Contemporary Issues-MR <b>2:00 Decker Contemporary Issues - Decker</b> <b>6:00 Activity w/ Natalie</b>	26 9:30 Sit & Stand Exercise -MR <b>10:30 Carol Burnett - Decker</b> <b>1:30 Pictionary - Decker</b> 2:30 Trivia w/ Peggy -WA <b>6:00 Activity w/ Natalie</b>  Australia Day (Observed)	27 10:30 Bingo – WA <b>1:30 1:1 Men's Group</b> 2:00 Movie Day - 3AR <b>3:00 Activity w/ David - Decker</b>	
28 10:00 Catholic Virtual Mass w/ Communion-MR <b>11:00 Morning Movement - Decker</b> <b>1:30 Activity w/ Dejah - Decker</b> 2:00 Ecumenical Serv/Chapel 3:15 Jeopardy – MR	29 9:30 Sit & Stand Exercise-MR 10:30 Bingo w/ Loyola - WA <b>1:30 A Word Around The World - Decker</b> 2:30 Coffee Social Hour -WA	30 10:00 Zumba Exercise - MR <b>10:30 Pictionary</b> 2:30 Musical Happy Hour-3AR <b>6:00 Activity w/ Natalie</b>	31 9:30 Sit & Stand Exercise -MR 10:30 Topics of Life – WA <b>11:00 Brain &amp; Body Stretches - Decker</b> 2:00 Catholic Comm-MR 3:30 Music w/ Deb & Jane - WA <b>6:00 Activity w/ Natalie</b>	<h1>January 2024</h1> <p>Decker Calendar    <b>Bolded Programs are hosted on the Decker unit</b></p>			