

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# December 2023

Decker Calendar **Bolded Programs are hosted on the Decker unit**

						1 9:30 Sit & Stand Exercise -MR 10:30 I Love Lucy - 3AR <b>1:30 Friday Music &amp; Drinks - Decker</b> 2:30 Trivia w/ Peggy -WA 6:00 Activity w/ Natalie	2 10:30 Bingo – WA <b>1:30 1:1 Men's Group</b> 2:00 Movie Day – WA <b>3:00 Musical Encounters</b>
3 10:00 Catholic Virtual Mass w/ Communion-MR <b>11:00 Morning Movement</b> <b>1:30 Activity w/ Dejah - Decker</b> 2:00 Ecumenical Serv/Chapel 3:15 Jeopardy – MR	4 9:30 Sit& Stand Exercise-MR 10:30 Bingo w/ Loyola- WA <b>1:30 Family Feud - Decker</b> 2:30 Music w/ Vintage Entertainment -WA	5 10:00 Zumba Exercise - MR <b>10:30 Travelogue</b> 2:30 Musical Happy Hour-3AR <b>6:00 Activity w/ Natalie</b>	6 9:30 Sit & Stand Exercise -MR 10:30 Lucy Worsley – WA <b>11:00 Brain &amp; Body Stretches - Decker</b> 2:00 Catholic Comm-MR 3:30 Music w/Rearview Mirror <b>6:00 Activity w/ Natalie</b>	7 10:30 Bingo-WA 2:00 Contemporary Issues-MR <b>2:00 Decker Contemporary Issues - Decker</b> 3:15 Art for Others w/ Loyola <b>6:00 Activity w/ Natalie</b> Hanukkah Begins	8 9:30 Sit & Stand Exercise -MR <b>10:30 Topics of Life - Decker</b> <b>1:30 Pictionary - Decker</b> 2:30 Trivia w/ Peggy -WA <b>6:00 Activity w/ Natalie</b>	9 10:30 Bingo – WA <b>1:30 1:1 Men's Group</b> 2:30 Music w/ Hands with Harmony -WA	
10 10:00 Catholic Virtual Mass w/ Communion-MR <b>11:00 Morning Movement</b> 1:00 Ravens vs. Rams Game <b>1:30 Activity w/ Dejah - Decker</b> 2:00 Ecumenical Serv/Chapel	11 9:30 Sit& Stand Exercise-MR 10:30 Bingo w/ Loyola - WA <b>1:30 Word Games - Decker</b> 2:30 Music w/ Woof Entertainment -WA	12 10:00 Zumba Exercise - MR <b>10:30 Finish The Lyric</b> 2:30 Musical Happy Hour-3AR <b>6:00 Activity w/ Natalie</b>	13 9:30 Sit & Stand Exercise -MR 10:30 Gilchrist Music Festival - WA <b>11:00 Brain &amp; Body Stretches - Decker</b> 2:00 Catholic Comm-MR 3:30 Music w/ John O. <b>6:00 Activity w/ Natalie</b>	14 10:30 Bingo-WA 12:00 Decker Luncheon 2:00 Contemporary Issues-MR 3:00 Pickersgill Singers <b>6:00 Night Scenic Ride w/ Decker</b>	15 9:30 Sit & Stand Exercise -MR 10:30 Jim Lyall <b>1:30 Friday Music &amp; Drinks - Decker</b> 2:30 Trivia w/ Peggy -WA <b>6:00 Activity w/ Natalie</b>	16 10:30 Bingo – WA <b>1:30 1:1 Men's Group</b> 2:00 Movie Day – WA <b>3:00 Musical Encounters</b> <b>5:00 X-Mas Caroling in Decker DR</b>	
17 10:00 Catholic Virtual Mass w/ Communion-MR <b>11:00 Morning Movement</b> <b>1:30 Activity w/ Dejah - Decker</b> 2:00 Ecumenical Serv/Chapel 3:15 Jeopardy – MR	18 9:30 Sit& Stand Exercise-MR 10:30 Bingo w/ Loyola - WA <b>1:30 How Much Is This? - Decker</b> 2:30 Music w/ Uke Brothers - WA	19 10:00 Zumba Exercise - MR <b>10:30 Balloon Volleyball</b> 2:30 Musical Happy Hour-3AR <b>6:00 Activity w/ Natalie</b>	20 9:30 Sit & Stand Exercise -MR 10:30 National Geographic – 3AR <b>11:00 Brain &amp; Body Stretches - Decker</b> 2:00 Catholic Comm-MR 2:30 Christmas Party <b>6:00 Activity w/ Natalie</b>	21 10:30 Bingo-WA <b>1:30 Baking Group- Decker</b> 2:00 Contemporary Issues-MR 3:00 Modern Movie <b>6:00 Activity w/ Natalie</b> Winter Begins	22 9:30 Sit & Stand Exercise -MR 10:30 Carol Burnett <b>1:30 Guess The State - Decker</b> 2:30 Trivia w/ Peggy -WA <b>6:00 Activity w/ Natalie</b>	23 10:30 Bingo – WA <b>1:30 1:1 Men's Group</b> 2:30 Movie Day - 3AR	
24 10:00 Catholic Virtual Mass w/ Communion-MR <b>11:00 Morning Movement</b> <b>1:30 Activity w/ Dejah - Decker</b> 2:00 Ecumenical Serv/Chapel 3:15 Documentary Day – 3AR	25 <b>9:30 Trivia- Decker</b> 1:30 Christmas Movie -WA  Christmas	26 10:00 Zumba Exercise - MR <b>10:30 Arts &amp; Crafts</b> 2:30 Musical Happy Hour-3AR <b>6:00 Activity w/ Natalie</b>  Kwanzaa Begins Boxing Day (Canada)	27 9:30 Sit & Stand Exercise -MR 10:30 5 Min Baltimore History – WA <b>11:00 Brain &amp; Body Stretches - Decker</b> 2:00 Catholic Comm-MR 3:30 Music w/Tony Z. <b>6:00 Activity w/ Natalie</b>	28 10:30 Bingo-WA <b>1:30 Scenic Ride - Decker</b> 2:00 Contemporary Issues-MR 3:00 Tech Help <b>6:00 Activity w/ Natalie</b>	29 9:30 Sit & Stand Exercise -MR 10:30 Jingo - WA <b>1:30 Friday Music &amp; Drinks - Decker</b> 2:30 Trivia w/ Peggy -WA <b>6:00 Activity w/ Natalie</b>	30 10:30 Bingo – 3AR <b>1:30 1:1 Men's Group</b> 2:00 Ballet Mobile -WA	
31 10:00 Catholic Virtual Mass w/ Communion-MR <b>11:00 Morning Movement</b> 1:00 Ravens vs. Dolphins Game <b>1:00 Activity w/ Dejah - Decker</b> 2:00 Ecumenical Serv/Chapel 3:00 New Years Eve Party w/ Cowboy J – WA New Year's Eve	To our friends & families: This calendar displays programs that are specific to Decker as well as some of the other programs offered throughout the building for everyone to enjoy. <b>Bolded programs are hosted on the Decker Unit.</b> Please note that with calendars made in advance, changes in the schedule can occur. Please refer to the Daily Activity Schedule for the most accurate reflection of programs for the day.						