

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> 10:00 Catholic Virtual Mass w/ Communion / MR 1:45 Prayer & Reflection / MR 2:00 Ecumenical Serv/Chapel 2:30 Fellowship w/ refreshments/Chap 3:15 Documentary Day-3AR	<b>2</b> 9:30 Sit & Stand - MR 1:30 Wii Bowling - MR 2:30 J&J Entertainment / WA 6:30 Music Rehearsal w/ Harbor City/ MR	<b>3</b> 9:00 Walking Group 10:00 Kenilworth Shopping: Trader Joe & More 1:30 Bookmobile - Front Door 3:00 Bingo With David MR 7:15 Backgammon at Grille	<b>4</b> 9:30 Sit & Stand Cancelled 10:00 Banking & Shopping 10:30 History of the Monarchy w/ Lucy Worsley / 3AR 2:00 Catholic Comm - MR 2:30 Music & Song w/ Tony "Z" / WA 3:00 Knitting Group -	<b>5</b> 9:15 Tai Chi - MR 9:40 Yoga in MR 10:00 Eddies Market 2:00 Cont Issues/ MR 3:00 Pgill Singers Practice- MR 3:00 Movie day / WA	<b>6</b> 9:30 Sit & Stand - MR 10:30 Carol Burnett Video / WA 1:00 Writing Group - MR 3:00 Social Hour	<b>7</b> 1:30 Meditation- MR 2:00 Memorial Service / WA
<b>8</b> 10:00 Catholic Virtual Mass w/ Communion / MR 1:45 Prayer & Reflection / MR 2:00 Ecumenical Serv/Chapel 2:30 Fellowship w/ refreshments/Chap 3:15 Jeopardy - MR	<b>9</b> <b>Columbus Day</b> 9:30 Sit & Stand - MR 1:30 Wii Bowling - MR 2:30 Great Inventions w/ Jim Lyall / WA 6:30 Music Rehearsal w/ Harbor City/ MR 7:15 Book Club- 4th Fl. Library	<b>10</b> 9:00 Walking Group 10:00 Zumba - MR 10:00 Towson Market Place: Target, Weis Or Any Store There 3:00 Bingo With David MR 7:15 Backgammon at Grille	<b>11</b> 9:30 Sit & Stand - MR 10:00 Banking & Shopping 10:30 Trivia/ 3AR 2:00 Catholic Comm - MR 2:30 Piano & Song w/ John Oliver / WA 3:00 Knitting Group - 2nd Fl. Lounge 7:30 Ain't Misbehavin' Rehearsal /	<b>12</b> 9:15 Tai Chi - MR 9:40 Yoga in MR 11:00 Restaraunt Trip To G&M Great Crab Cakes & More 2:00 Cont Issues/ MR 3:00 Pgill Singers Practice- MR 3:00 Movie day / WA	<b>13</b> 9:30 Sit & Stand - MR 10:15 Garden Club- TBA 1:00 Writing Group - MR 1:30 Biodiversity Lecture- WA 2:30 Assoc. Exec. Bd. - MR	<b>14</b> 1:30 Meditation- MR 2:00 Movie Day; TBA 7:15 Bingo - MR
<b>15</b> 10:00 Catholic Virtual Mass w/ Communion / MR 1:45 Prayer & Reflection / MR 2:00 Ecumenical Serv/Chapel 2:30 Fellowship w/ refreshments/Chap 3:15 Documentary Day-3AR	<b>16</b> 9:30 Sit & Stand - MR 1:30 Afternoon Movie / WA 1:30 Wii Bowling - MR 6:30 Music Rehearsal w/ Harbor City/ MR	<b>17</b> 9:00 Walking Group 10:00 Zumba - MR 10:00 White Marsh Mall 3:00 Bingo With David MR 7:15 Backgammon at Grille	<b>18</b> 9:30 Sit & Stand - MR 10:00 Banking & Shopping 10:30 Baltimore 365 Lecture w/ Inez / WA 2:00 Catholic Mass w/ Fr. Sutton / MR 2:30 Music & Song w/ Rayon / WA 3:00 Knitting Group - 2nd Fl. Lounge	<b>19</b> 9:15 Tai Chi - MR 9:40 Yoga in MR 10:00 Shopping: Grauls Market, Wallgreens Drug Store & Liquor Store 2:00 Cont Issues/ MR 3:00 Pgill Singers Practice- MR 3:00 Movie day / WA	<b>20</b> 9:30 Sit & Stand - MR 1:00 Writing Group - MR 2:30 Residents General Mtg. - MR	<b>21</b> 1:30 Meditation- MR 2:00 Movie Day; TBA 3:00 BYOB - MR



# OCTOBER 2023

## Independent Living Calendar

615 Chestnut Avenue  
Towson, MD 21204

(410) 825-7423  
pickersgillretirement.org

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>22</b> 10:00 Catholic Virtual Mass w/ Communion / MR 1:45 Prayer & Reflection / MR 2:00 Ecumenical Serv/Chapel 2:30 Fellowship w/ refreshments/Cha 3:15 Jeopardy -MR	<b>23</b> 9:30 Sit & Stand - MR 1:30 Wii Bowling - MR 2:30 Vintage Entertainment / WA 6:30 Music Rehearsal w/ Harbor City/ MR	<b>24</b> 9:00 Walking Group 10:00 Zumba - MR 11:00 Fall Foliage Ride & A Coffee Stop 3:00 Bingo With David MR 7:15 Backgammon at Grille	<b>25</b> 9:30 Sit & Stand - MR 10:00 Banking & Shopping 10:30 Topics of Life/ 3AR 2:00 Catholic Comm - MR 3:00 Knitting Group - 2nd Fl. Lounge	<b>26</b> 9:15 Tai Chi - MR 9:40 Yoga in MR 10:00 Amish Market & Dunkin Donuts 2:00 Cont Issues/ MR 3:00 Pgill Singers Practice- MR 3:00 Tech Help w/ Activities / WA	<b>27</b> 9:30 Sit & Stand - MR 1:00 Writing Group - MR 2:00 Halloween Party w/ Kick /	<b>28</b> 1:30 Meditation- MR 7:15 Bingo - MR
<b>29</b> 10:00 Catholic Virtual Mass w/ Communion / MR 1:45 Prayer & Reflection / MR 2:00 Ecumenical Serv/Chapel 2:30 Fellowship w/ refreshments/Cha 3:15 Documentary Day-3AR	<b>30</b> 9:30 Sit & Stand - MR 1:30 Wii Bowling - MR 2:30 Piano w/ Greg / WA 6:30 Music Rehearsal w/ Harbor City/ MR	<b>31</b> <b>Halloween</b> 9:00 Walking Group 10:00 Zumba - MR 10:00 Yorkridge Shopping: Kohls, Michaels, Old Navy And A Stop At Towson Hot Bagels 3:00 Bingo With David MR 7:15 Backgammon at Grille	A friendly reminder that monthly calendars are subject to change. Your weekly calendars and flyers will provide a more accurate reflection of programming.		WA=Willard Auditorium MR=Meeting Room 3AR=3rd Floor Activity Room Cont. Issues Activity = Contemporary Issues Please be sure to sign up for outings at Front Desk	Interested in bringing back an activity you don't see on the schedule or proposing something new? Let us know! 410 842 0404