

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2023

Decker Calendar

Bolded programs are hosted on the Decker unit.

<p>10am Catholic Service 3 11am Morning Movement Exercises 1:30 Activity of Choice 1:45 Prayer&Reflection 2pm Ecumenical Service 2:30 Fellowship&Refreshment 3:15 Movie Day</p>	<p>9:30 Sit and Stand Exercise 4 10:30 Bingo 1:30 Musical Sing-a-long 2:30 Music w/ Rearview <small>Labor Day</small></p>	<p>10am Zumba Exercise 5 10:30 Travelogue: Milan! 2:30 Musical Happy Hour 6pm Activity w/ Natalie</p>	<p>9:30 Sit and Stand Exercise 6 10:30 Outside Patio Perching 11am Brain & Body Stretches 2pm Catholic Service 3:30 Music w/ Bob 6pm Activity w/ Natalie</p>	<p>10:30 Bingo 7 2pm Create an Essential Oil 2pm Contemporary Issues (Current Events) 3pm Modern Movie 6pm Activity w/ Natalie</p>	<p>9:30 Sit and Stand Exercise 1 10:30 Badminton & Ladderball 1:45pm Sitting Area Bingo 2:30 Trivia 6pm Activity w/ Natalie</p>	<p>2 10:30 Bingo 1:30 1:1 Mens Group 2pm Movie Day 3pm Musical Encounters</p>
<p>10am Catholic Service 10 11am Morning Movement Exercises 1:30 Activity of Choice 1:45 Prayer&Reflection 2pm Ecumenical Service 2:30 Fellowship&Refreshment 3:15 Movie Day <small>Grandparents Day</small></p>	<p>9:30 Sit and Stand Exercise 11 10:30 Bingo 1:30 Crossword&Word Games 2:30 Music w/ Ken</p>	<p>10am Zumba Exercise 12 10:30 Game Day w/ Thermofisher 2:30 Musical Happy Hour 6pm Activity w/ Natalie</p>	<p>9:30 Sit and Stand Exercise 13 10:30 Topics of Life 11am Brain & Body Stretches 2pm Catholic Service 2:30 Music w/ Greg Ladeiri 6pm Activity w/ Natalie</p>	<p>10:30 Bingo 14 2pm Classic Board Games 2pm Contemporary Issues (Current Events) 3pm Modern Movie 6pm Activity w/ Natalie</p>	<p>9:30 Sit and Stand Exercise 8 10:15 Garden Club 10:30 Bowling 1:45pm Horse Racing 2:30 Trivia 6pm Activity w/ Natalie <small>Rosh Hashanah Begins</small></p>	<p>9 10:30 Bingo 1:30 1:1 Mens Group 2pm Movie Day 2pm Cowboy Joe <small>Oktoberfest Begins</small></p>
<p>10am Catholic Service 17 11am Morning Movement Exercises 1:30 Activity of Choice 2pm Church of the Good Shepherd 3:15 Movie Day</p>	<p>9:30 Sit and Stand Exercise 18 10:30 Bingo 1:30 Slide Show Trivia 2:30 Music w/ Nadira</p>	<p>10am Zumba Exercise 19 10:30 Baking: Baked Brie w/ Raspberry 2:30 Musical Happy Hour 6pm Activity w/ Natalie</p>	<p>9:30 Sit and Stand Exercise 20 10:30 Art Gallery 11am Brain & Body Stretches 2pm Catholic Service 2:30 Music w/ Woof 6pm Activity w/ Natalie</p>	<p>10:30 Bingo 21 2pm Make Room for Ryder Short Story Book Group 2pm Contemporary Issues (Current Events) 3pm Modern Movie 6pm Activity w/ Natalie</p>	<p>9:30 Sit and Stand Exercise 22 10:15 Fall Wreath Making 1:45pm Sights&Sounds of Nashville 2:30 Trivia 6pm Activity w/ Natalie <small>Autumn Begins</small></p>	<p>23 10:30 Bingo 1:30 1:1 Mens Group 2pm Pickersgill Building Wide Social Hour <small>Autumn Begins</small></p>
<p>10am Catholic Service 24 11am Morning Movement Exercises 1:30 Activity of Choice 1:45 Prayer&Reflection 2pm Ecumenical Service 2:30 Fellowship&Refreshment 3:15 Movie Day <small>Yom Kippur Begins</small></p>	<p>9:30 Sit and Stand Exercise 25 10:30 Bingo 1:30 Crossword&Word Games 2:30 Music w/ Janet</p>	<p>10am Zumba Exercise 26 10:30 Baking: Oh, Honey Specialty 2:30 Musical Happy Hour 6pm Activity w/ Natalie</p>	<p>9:30 Sit and Stand Exercise 27 10:30 National Geographics 11am Brain & Body Stretches 2pm Catholic Service 2:30 Music w/ Stan 6pm Activity w/ Natalie</p>	<p>10:30 Bingo 28 2pm Decker Bus Outing 2pm Contemporary Issues (Current Events) 3pm Tech Help 6pm Activity w/ Natalie</p>	<p>9:30 Sit and Stand Exercise 29 10:30 Squeegie Abstract Art 1:45pm A ride through Fort Collins Colorado 2:30 Trivia 6pm Activity w/ Natalie <small>Sukkot Begins</small></p>	<p>30 10:30 Bingo 1:30 1:1 Mens Group 2pm Movie Day 2pm Activity of Choice</p>