



SEPTEMBER 2023

Independent Living Calendar

615 Chestnut Avenue
Towson, MD 21204
(410) 825-7423
pickersgillretirement.org

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>A friendly reminder that monthly calendars are subject to change. Your weekly calendars and flyers will provide a more accurate reflection of programming.</p>		<p>WA=Willard Auditorium MR=Meeting Room 3AR=3rd Floor Activity Room Cont. Issues Activity = Contemporary Issues Please be sure to sign up for outings at Front Desk</p>	<p>Interested in bringing back an activity you don't see on the schedule or proposing something new? Let us know! 410 842 0404</p>		<p>1 9:30 Sit & Stand - MR 10:30 Badminton, Ladders & Horseshoes / WA 1:00 Writing Group - MR 3:00 Social Hour</p>	<p>2 10:00 Balt. African Violet Club / Activity Room 1:30 No Meditation Today 2:00 Movie Day; TBA</p>
<p>3 10:00 Catholic Virtual Mass w/ Communion / MR 1:45 Prayer&Reflection/C 2:00 Ecumenical Serv/Chapel 2:30 Fellowship w/ refreshments/Chape 3:15 Documentary Day-3AR</p>	<p>4 Labor Day 9:30 Sit & Stand - MR 1:30 Wii Bowling - MR 2:30 Music & Song w/ Rearview Mirror / WA 6:30 Music Rehearsal w/ Harbor City/ MR</p>	<p>5 9:00 Walking Group 10:00 Zumba - MR 10:00 Kenilworth Shopping: Trader Joe Or Any Store There 1:30 Bookmobile - Front Door 3:00 Bingo With David MR 7:15 Backgammon at Grille</p>	<p>6 9:30 Sit & Stand - MR 10:00 Banking & Shopping 10:30 Patio Perching w/ Trivia / 3AR 2:00 No Catholic Comm. 3:00 Knitting Group - 2nd Fl. Lounge 3:30 Music w/ Bob Clark / WA</p>	<p>7 9:15 Tai Chi - MR 9:40 Yoga in MR 10:00 Eddies Market 2:00 Cont Issues/ MR 3:00 Pgill Singers Practice- MR 3:00 Movie day / WA</p>	<p>8 9:30 Sit & Stand - MR 10:15 Garden Club- TBA (Guest Speaker Ann from Cromwell Valley) 1:00 Writing Group - MR 2:30 Assoc. Exec. Bd. - MR</p>	<p>9 1:30 Meditation- MR 2:00 Movie Day; TBA 7:15 Bingo - MR</p>
<p>10 Grandparents' Day 10:00 Catholic Virtual Mass w/ Communion / MR 1:45 Prayer&Reflection/C 2:00 Ecumenical Serv/Chapel 2:30 Fellowship w/ refreshments/Chape 3:15 Jeopardy -MR</p>	<p>11 Patriot Day 9:30 Sit & Stand - MR 1:30 Wii Bowling - MR 2:30 Music & Song w/ Ken King / WA 6:30 Music Rehearsal w/ Harbor Clty/ MR 7:15 Book Club- 4th Fl. Library</p>	<p>12 9:00 Walking Group 10:00 Zumba - MR 10:00 Shopping: Towson Market Place: Target,Weis Or Any Store There 3:00 Bingo With David MR 7:15 Backgammon at Grille</p>	<p>13 9:30 Sit & Stand - MR 10:00 Banking & Shopping 10:30 Topics of Life/ 3AR 2:00 Catholic Comm - MR 2:30 Piano & Song w/ New Performer Greg / WA 3:00 Knitting Group - 2nd Fl. Lounge</p>	<p>14 9:15 Tai Chi - MR 9:40 Yoga in MR 10:00 Trip To Browns Orchard & Lunch At The Cafe There 2:00 Cont Issues/ MR 3:00 Pgill Singers Practice- MR 3:00 Movie day / WA</p>	<p>15 9:30 Sit & Stand - MR 10:30 I Love Lucy Reruns / WA 1:00 Writing Group - MR 2:30 Residents General Mtg. -MR</p>	<p>16 Rosh Hashanah Begins 1:30 Meditation- MR 2:00 Movie Day; TBA 3:00 BYOB - MR</p>



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Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
17	Citizenship Day	18		19		20		21		22	Native American Day	23	Fall Begins
10:00	Catholic Virtual Mass w/ Communion / MR	9:30	Sit & Stand - MR	9:00	Walking Group	9:30	Sit & Stand - MR	9:15	Tai Chi - MR	9:30	Sit & Stand - MR	1:30	Meditation- MR
2:00	Church of Good Shep - Chapel	1:30	Wii Bowling - MR	10:00	Zumba - MR	10:00	Banking & Shopping	9:40	Yoga in MR	1:00	Writing Group - MR	2:00	Building Wide Happy Hour / 3AR
3:15	Documentary Day-3AR	2:30	Soprano w/ Nadira / WA	10:00	Shopping: White Marsh Mall	10:30	Watercolor Class Art Gallery- WA	10:00	Shopping: Grauls, Walgreens Drug Store & Liquor Store			7:15	Bingo - MR
		6:30	Music Rehearsal w/ Harbor Clty/ MR	3:00	Bingo With David MR	2:30	Piano w/ Floyd Andrews / WA	2:00	Cont Issues/ MR				
				7:15	Backgammon at Grille	3:00	Knitting Group - 2nd Fl. Lounge	3:00	Pgill Singers Practice- MR				
									3:00	Movie day / WA			
24		25	Yom Kippur Begins	26		27		28		29		30	
10:00	Catholic Virtual Mass w/ Communion / MR	9:30	Sit & Stand - MR	9:00	Walking Group	9:30	Sit & Stand - MR	9:15	Tai Chi - MR	9:30	Sit & Stand - MR	1:30	Meditation- MR
1:45	Prayer&Reflection/Chapel	1:30	Wii Bowling - MR	10:00	Zumba - MR	10:00	Banking & Shopping	9:40	Yoga in MR	1:00	Writing Group - MR	2:00	Movie Day; TBA
2:00	Ecumenical Serv/Chapel	2:30	Lounge Singing w/ Janet Paulsen / WA	11:00	Pizza Day: Ledo Pizza	10:30	Nat. Geo. "Lost Treasures of Egypt"/ WA	10:00	Shopping: Amish Market & Dunkin Donuts				
2:30	Fellowship w/ refreshments/Chapel	6:30	Music Rehearsal w/ Harbor Clty/ MR	3:00	Bingo With David MR	2:00	Catholic Comm - MR	2:00	Cont Issues/ MR	2:00	Pgill Singers Practice- MR		
3:15	Jeopardy -MR			7:15	Backgammon at Grille	2:30	Piano & Accord. w/ Stan / WA	3:00	Tech Help w/ Activities / WA	3:00	Tech Help w/ Activities / WA		
						3:00	Knitting Group - 2nd Fl. Lounge						