



# AUGUST 2023

## Independent Living Calendar

615 Chestnut Avenue  
Towson, MD 21204

(410) 825-7423  
pickersgillretirement.org

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>A friendly reminder that monthly calendars are subject to change. Your weekly calendars and flyers will provide a more accurate reflection of programming.</p>		<p><b>1</b></p> <p>9:00 Walking Group 10:00 <b>Zumba - MR</b> 10:00 Kenilworth Shopping: Trader Joe Or Any Store There 1:30 Bookmobile - Front Door 3:00 Bingo With David MR 7:15 Backgammon at Grille</p>	<p><b>2</b></p> <p>9:30 Sit &amp; Stand - MR 10:00 Banking &amp; Shopping 10:30 <b>Lucy Worsley w/ British History / WA</b> 2:00 <b>Catholic Comm - MR</b> 3:00 Knitting Group - 2nd Fl. Lounge 3:00 <b>Wine Tasting w/ Deb. Reitz / MR (By SIGN UP)</b></p>	<p><b>3</b></p> <p>9:15 Tai Chi - MR 9:40 Yoga in MR 10:00 Eddies Market 2:00 <b>Cont Issues/ MR</b> 3:00 Pgill Singers Practice- MR 3:00 Movie day / WA</p>	<p><b>4</b></p> <p>9:30 Sit &amp; Stand - MR 10:30 <b>Badminton, Ladders &amp; Horseshoes / WA</b> 1:00 Writing Group - MR 3:00 <b>Social Hour</b></p>	<p><b>5</b></p> <p>1:30 Meditation- MR 2:00 Movie Day; TBA</p>
<p><b>6</b></p> <p>10:00 Catholic Virtual Mass w/ Communion / MR 1:45 Prayer&amp;Reflection/C 2:00 Ecumenical Serv/Chapel 2:30 Fellowship w/ refreshments/Chapel 3:15 Documentary Day-3AR</p>	<p><b>7</b></p> <p>9:30 Sit &amp; Stand - MR 1:30 Wii Bowling - MR 2:30 Piano &amp; Song w/ Greg / WA 6:30 Music Rehearsal w/ Harbor Clty/ MR</p>	<p><b>8</b></p> <p>9:00 Walking Group 10:00 <b>Zumba - MR</b> 10:00 Shopping Towson Market Place: Target, Weis, Marshalls Or Any Store There 3:00 Bingo With David MR 7:15 Backgammon at Grille</p>	<p><b>9</b></p> <p>9:30 Sit &amp; Stand - MR 10:00 Banking &amp; Shopping 10:30 <b>Anagrams / WA</b> 2:00 <b>Catholic Comm. / MR</b> 2:30 <b>Piano w/ John Oliver / WA</b> 3:00 Knitting Group - 2nd Fl. Lounge</p>	<p><b>10</b></p> <p>9:15 Tai Chi - MR 9:40 Yoga in MR 10:00 Hunt Valley Shopping: Wegmans Or Any Store There 2:00 <b>Cont Issues/ WA</b> 3:00 Pgill Singers Practice- MR 3:00 Movie day / WA</p>	<p><b>11</b></p> <p>9:30 Sit &amp; Stand - MR 10:30 <b>Pokeno / WA</b> 1:00 Writing Group - MR 2:30 Assoc. Exec. Bd. - MR</p>	<p><b>12</b></p> <p>1:30 Meditation- MR 2:00 Movie Day; TBA 7:15 <b>Bingo - MR</b></p>
<p><b>13</b></p> <p>10:00 Catholic Virtual Mass w/ Communion / MR 1:45 Prayer&amp;Reflection/C 2:00 Ecumenical Serv/Chapel 2:30 Fellowship w/ refreshments/Chapel 3:15 Jeopardy -MR</p>	<p><b>14</b></p> <p>9:30 Sit &amp; Stand - MR 1:30 Wii Bowling - MR 2:30 <b>Music &amp; Songs w/ Tony "Z" / WA</b> 6:30 Music Rehearsal w/ Harbor Clty/ MR 7:15 Book Club- 4th Fl. Library</p>	<p><b>15</b></p> <p>9:00 Walking Group 10:00 <b>Zumba - MR</b> 10:00 White Marsh Mall 3:00 Bingo With David MR 7:15 Backgammon at Grille</p>	<p><b>16</b></p> <p>9:30 Sit &amp; Stand - MR 10:00 Banking &amp; Shopping 10:30 <b>Topics of Life/ 3AR</b> 2:00 <b>Catholic Mass w/ Fr. Sutton / WA</b> 2:30 <b>Root Beer, Ginger-Ale Floats / 3AR</b> 3:00 Knitting Group - 2nd Fl. Lounge</p>	<p><b>17</b></p> <p>9:15 Tai Chi - MR 9:40 Yoga in MR 10:00 Shopping: Grauls, Walgreens Drug Store &amp; Liquor Store 3:00 Pgill Singers Practice- MR 3:00 Movie day / WA 3:00 <b>Summer Concert w/ Pickersgill Singers / WA</b></p>	<p><b>18</b></p> <p>9:30 Sit &amp; Stand - MR 10:30 <b>Blank Slate / WA</b> 1:00 Writing Group - MR 2:30 Residents General Mtg. -MR</p>	<p><b>19</b></p> <p>1:30 Meditation- MR 2:00 Movie Day; TBA 3:00 BYOB - MR</p>



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>20</b> <b>10:00</b> Catholic Virtual Mass w/ Communion / MR <b>1:45</b> Prayer&Reflection/C <b>2:00</b> Ecumenical Serv/Chapel <b>2:30</b> Fellowship w/ refreshments/Chape <b>3:15</b> Documentary Day-3AR	<b>21</b> <b>Senior Citizen's Day</b> <b>9:30</b> Sit & Stand - MR <b>1:30</b> Wii Bowling - MR <b>2:30</b> <b>Woof Entertainment w/ Floyd Andrews on Piano / WA</b> <b>6:30</b> Music Rehearsal w/ Harbor Clty/ MR	<b>22</b> <b>9:00</b> Walking Group <b>10:00</b> <b>Zumba - MR</b> <b>11:00</b> A Nice Country Ride A Stop At The Snobar. A Great Snowball Stand <b>3:00</b> Bingo With David MR <b>7:15</b> Backgammon at Grille	<b>23</b> <b>9:30</b> Sit & Stand - MR <b>10:00</b> Banking & Shopping <b>10:30</b> <b>Balt. History in 5 Min. / WA</b> <b>2:00</b> <b>Catholic Comm - MR</b> <b>3:00</b> Knitting Group - 2nd Fl. Lounge	<b>24</b> <b>9:15</b> No Tai-chi <b>9:40</b> No Yoga <b>10:30</b> A Day Trip To Sykesville. Lunch At Baldwin Station & Antique Shopping <b>2:00</b> <b>Cont Issues/ MR</b> <b>3:00</b> Pgill Singers Practice- MR <b>3:00</b> Movie day / WA	<b>25</b> <b>9:30</b> Sit & Stand - MR <b>10:30</b> <b>Jingo / WA</b> <b>1:00</b> Writing Group - MR	<b>26</b> <b>1:30</b> Meditation- MR <b>2:00</b> Movie Day; TBA <b>2:30</b> <b>Piano w/ Greg / WA</b> <b>7:15</b> Bingo - MR
<b>27</b> <b>10:00</b> Catholic Virtual Mass w/ Communion / MR <b>1:45</b> Prayer&Reflection/C <b>2:00</b> Ecumenical Serv/Chapel <b>2:30</b> Fellowship w/ refreshments/Chape <b>3:15</b> Jeopardy -MR	<b>28</b> <b>9:30</b> Sit & Stand - MR <b>1:30</b> Wii Bowling - MR <b>2:30</b> <b>Music &amp; Song w/ Vintage Entertainment</b> <b>6:30</b> Music Rehearsal w/ Harbor Clty/ MR	<b>29</b> <b>9:00</b> Walking Group <b>10:00</b> <b>Zumba - MR</b> <b>10:00</b> Shopping At Aldi <b>3:00</b> Bingo With David MR <b>7:15</b> Backgammon at Grille	<b>30</b> <b>9:30</b> Sit & Stand - MR <b>10:00</b> Banking & Shopping <b>10:30</b> <b>Nat. Geo. "Legend of Atlantis" / WA</b> <b>2:00</b> <b>Catholic Comm - MR</b> <b>2:30</b> <b>Music w/ Andrew- WA</b> <b>3:00</b> Knitting Group - 2nd Fl. Lounge	<b>31</b> <b>9:15</b> Tai Chi - MR <b>9:40</b> Yoga in MR <b>10:00</b> Shopping: Amish Market & Dunkin Donuts <b>2:00</b> <b>Cont Issues/ MR</b> <b>3:00</b> Pgill Singers Practice- MR <b>3:00</b> Movie day / WA	WA=Willard Auditorium MR=Meeting Room 3AR=3rd Floor Activity Room Cont. Issues Activity = Contemporary Issues Please be sure to sign up for outings at Front Desk	Interested in bringing back an activity you don't see on the schedule or proposing something new? Let us know! 410 842 0404