



AUGUST 2023

Assisted Living

615 Chestnut Avenue
Towson, MD 21204

(410) 825-7423
pickersgillretirement.org

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3AR= 3rd Floor Activity Room WA = Willard Auditorium MR = Meeting Room	Reminder- calendars are made in advance and are subject to change. Check your daily activity schedule for the most accurate information.	1 9:00 Walking Group 10:00 Zumba - MR 10:30 cooking in Decker 10:30 Crossword / WA 1:30 Bookmobile - Front Door 2:30 Musical Happy Hour/ 3AR 6:00 Late Night w/Decker	2 9:30 Sit & Stand - MR 10:30 Lucy Worsley w/ British History / WA 11:00 Brain & Body Stretches on Decker 2:00 Catholic Comm - MR 3:00 Wine Tasting w/ Deb. Reitz / MR (By SIGN UP) 6:00 Late Night w/Decker	3 9:15 Tai Chi - MR 9:40 Yoga in MR 10:30 Bingo - WA 1:00 Watercolors- 3AR 2:00 Word Games w/ Decker 2:00 Cont Issues/ MR 3:00 Movie day / WA 6:00 Late Night w/Decker	4 9:30 Sit & Stand - MR 10:30 Writing Group- MR 10:30 Badminton, Ladders & Horseshoes / WA 11:15 AL Lunch Outing / ML 2:30 Trivia w/ Peggy - WA	5 10:30 Bingo - WA 1:30 Meditation- MR 2:00 Movie Day; TBA 3:00 Musical Encounters on Decker
6 10:00 Catholic Virtual Mass w/ Communion / MR 1:30 Activity w/ Dejah - Decker 1:45 Prayer&Reflection/ MR 2:00 Ecumenical Serv/Chapel 2:30 Fellowship w/ refreshments/Chapel 3:15 Documentary Day-3AR	7 9:30 Sit & Stand - MR 10:30 Bingo / WA 2:30 Piano & Song w/ Greg / WA 6:30 Music Rehearsal w/ Harbor Clty/ MR	8 9:00 Walking Group 10:00 Zumba - MR 10:30 Crossword / WA 2:30 Musical Happy Hour/ 3AR	9 9:30 Sit & Stand - MR 10:30 Anagrams / WA 2:00 Catholic Comm. / MR 2:30 Piano w/ John Oliver / WA 7:30 Ain't Misbehavin' Rehearsal / WA	10 9:15 Tai Chi - MR 9:40 Yoga in MR 10:30 Bingo - WA 1:00 Watercolors- 3AR 2:00 Cont Issues/ WA 3:00 Movie day / WA	11 9:30 Sit & Stand - MR 10:15 Outing to Target / 3AR 10:30 Writing Group- MR 10:30 Pokeno / WA 2:30 Trivia w/ Peggy - WA	12 10:30 Bingo - WA 1:30 Meditation- MR 2:00 Movie Day; TBA 7:15 Bingo - MR
13 9:00 Clock Club / Grille 10:00 Catholic Virtual Mass w/ Communion / MR 1:45 Prayer&Reflection/ MR 2:00 Ecumenical Serv/Chapel 2:30 Fellowship w/ refreshments/Chapel 3:15 Jeopardy -MR	14 9:30 Sit & Stand - MR 10:30 Bingo / WA 2:30 Music & Songs w/ Tony "Z" / WA 6:30 Music Rehearsal w/ Harbor Clty/ MR	15 9:00 Walking Group 10:00 Zumba - MR 10:30 Crossword / WA 1:15 AL Food Service Meeting - WA 2:30 Musical Happy Hour/ 3AR	16 9:30 Sit & Stand - MR 10:30 Topics of Life/ 3AR 2:00 Catholic Mass w/ Fr. Sutton / WA 2:30 Root Beer, Ginger-Ale Floats / 3AR 7:30 Ain't Misbehavin' Rehearsal / WA	17 9:15 Tai Chi - MR 9:40 Yoga in MR 10:30 Bingo - WA 1:00 Watercolors- 3AR 3:00 Movie day / WA 3:00 Summer Concert w/ Pickersgill Singers / WA	18 9:30 Sit & Stand - MR 10:30 Writing Group- MR 10:30 Blank Slate / WA 2:30 Trivia w/ Peggy - WA	19 10:30 Bingo - WA 1:30 Meditation- MR 2:00 Movie Day; TBA 3:00 Musical Encounters on Decker



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20 10:00 Catholic Virtual Mass w/ Communion / MR 1:30 Activity w/ Dejah - Decker 1:45 Prayer&Reflection/C 2:00 Ecumenical Serv/Chapel 2:30 Fellowship w/ refreshments/Chape 3:15 Documentary Day-3AR	21 Senior Citizen's Day 9:30 Sit & Stand - MR 10:30 Bingo / WA 2:30 Woof Entertainment w/ Floyd Andrews on Piano / WA 3:45 Resident Council / WA 6:30 Music Rehearsal w/ Harbor Clty/ MR	22 9:00 Walking Group 10:00 Zumba - MR 10:30 Crossword / WA 2:30 Musical Happy Hour/ 3AR	23 9:30 Sit & Stand - MR 10:30 Balt. History in 5 Min. / WA 2:00 Catholic Comm - MR 4:30 Crab Feast w/ Uke Bros. / WA	24 9:15 No Tai-chi 9:40 No Yoga 10:30 Bingo - WA 1:00 Watercolors- 3AR 2:00 Cont Issues/ MR 3:00 Movie day / WA	25 9:30 Sit & Stand - MR 10:15 Dollar Store / 3AR 10:30 Writing Group- MR 10:30 Jingo / WA 2:30 Trivia w/ Peggy - WA	26 10:00 Balt. Afr. Vio. Club / Grill 10:30 Bingo - WA 1:30 Meditation- MR 2:00 Movie Day; TBA 2:30 Piano w/ Greg / WA 7:15 Bingo / MR
27 10:00 Catholic Virtual Mass w/ Communion / MR 1:30 Activity w/ Dejah - Decker 1:45 Prayer&Reflection/C 2:00 Ecumenical Serv/Chapel 2:30 Fellowship w/ refreshments/Chape 3:15 Jeopardy -MR	28 9:30 Sit & Stand - MR 10:30 Bingo / WA 2:30 Music & Song w/ Vintage Entertainment 6:30 Music Rehearsal w/ Harbor Clty/ MR	29 9:00 Walking Group 10:00 Zumba - MR 10:30 Crossword / WA 2:30 Musical Happy Hour/ 3AR	30 9:30 Sit & Stand - MR 10:30 Nat. Geo. "Legend of Atlantis" / WA 2:00 Catholic Comm - MR 2:30 Music w/ Andrew- WA	31 9:15 Tai Chi - MR 9:40 Yoga in MR 10:30 Bingo - WA 12:00 Birthday Teas / All DRs 1:00 Watercolors- 3AR 2:00 Cont Issues/ MR 3:00 Movie day / WA 3:00 Tech. Help / WA	Friday Bus Outings- Check your Daily Activity Schedules to find out where the Friday Bus Outings are going and a reminder throughout the week to sign up.	