

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

July 2023

Decker Calendar

10:30 Bingo 1:30 1:1 Men's Group 2pm Movie Day 3pm Musical Encounters 6pm Activity w/ Natalie 1						
10am Catholic Service 2 11am Morning Movement Exercises 1:30 Activity of Choice 2pm Ecumenical Service 3pm Movie/Documentary	9:30 Sit and Stand Exercise 3 10:30 Bingo 1:30 Gentle Stretches 2:30 Music w/ Rayon	10am Zumba Exercise 4 10:30 Baking Group 2:30 Musical Happy Hour 6pm Activity w/ Natalie	9:30 Sit and Stand Exercise 5 10:30 Scrabble and Card Group 11am Brain&Body Stretches 2pm Catholic Service 3:30 Music w/ Bob 6pm Activity w/ Natalie	10:30 Bingo 6 2pm Table Top Bowling 2pm Contemporary Issues 3pm Show Day OR Activity TBD by resident choice 6pm Activity w/ Natalie	9:30 Sit and Stand Exercise 7 10:30 Badminton 1:30 Horseracing 2:30 Trivia 6pm Activity w/ Natalie	10:30 Bingo 8 1:30 1:1 Men's Group 2pm Movie Day 6pm Activity w/ Natalie
10am Catholic Service 9 11am Morning Movement Exercises 1:30 Activity of Choice 2pm Ecumenical Service 3pm Movie/Documentary	9:30 Sit and Stand Exercise 10 10:30 Bingo 1:30 Sitting Area Bingo 2:30 Music w/ Ken	10am Zumba Exercise 11 10:30 Art/Craft 2:30 Musical Happy Hour 6pm Activity w/ Natalie	9:30 Sit and Stand Exercise 12 10:30 Family Feud 11am Brain&Body Stretches 2pm Catholic Service 2:30 Music w/ Janet 6pm Activity w/ Natalie	10:30 Bingo 13 2pm Classic Board Games 2pm Contemporary Issues 3pm Show Day OR Activity TBD by resident choice 6pm Activity w/ Natalie	9:30 Sit and Stand Exercise 14 10:30 Horseshoes&Ladderball 1:30 Crossword 2:30 Trivia 6pm Activity w/ Natalie	10:30 Bingo 15 1:30 1:1 Men's Group 2pm Movie Day 3pm Musical Encounters 6pm Activity w/ Natalie
10am Catholic Service 16 11am Morning Movement Exercises 1:30 Activity of Choice 1:45 Prayer&Reflection 2pm Ecumenical Service 2:30 Fellowship&Refreshment 3pm Movie/Documentary	9:30 Sit and Stand Exercise 17 10:30 Bingo 1:30 Crossword 2:30 Great Inventions w/ Jim	10am Zumba Exercise 18 10:30 Baking Group 2:30 Musical Happy Hour 6pm Activity w/ Natalie	9:30 Sit and Stand Exercise 19 10:30 Patio Perching Trivia 11am Brain&Body Stretches 2pm Catholic Service 6pm Activity w/ Natalie	10:30 Bingo 20 2pm Zoo Themed Jingo 2pm Contemporary Issues 3pm Show Day OR Activity TBD by resident choice 6pm Activity w/ Natalie	9:30 Sit and Stand Exercise 21 10:30 Fashion Sale 1:30 Sunroom Afternoon 2:30 Trivia 6pm Activity w/ Natalie	10:30 Bingo 22 1:30 1:1 Men's Group 2pm Movie Day 6pm Activity w/ Natalie
10am Catholic Service 23 11am Morning Movement Exercises 1:30 Activity of Choice 1:45 Prayer&Reflection 2pm Ecumenical Service 2:30 Fellowship&Refreshment 3pm Movie/Documentary	9:30 Sit and Stand Exercise 24 10:30 Bingo 1:15 Topics of Life 2:30 Music w/ Michele & Bob	10am Zumba Exercise 25 10:30 Art/Craft 2:30 Musical Happy Hour 6pm Activity w/ Natalie	9:30 Sit and Stand Exercise 26 10:30 Crossword 11am Brain&Body Stretches 2pm Catholic Service 2:30 Luau Party w/ Hawaiian Entertainment 6pm Activity w/ Natalie	10:30 Bingo 27 12pm Lunch w/ Activity Staff for Decker residents 2pm Contemporary Issues 2:30 Badminton 3pm Tech Help 6pm Activity w/ Natalie	9:30 Sit and Stand Exercise 28 10:30 Ice Cream Social 1:30 Penny Ante 2:30 Trivia 6pm Activity w/ Natalie	10:30 Bingo 29 1:30 1:1 Men's Group 2pm Movie Day 6pm Activity w/ Natalie
10am Catholic Service 30 11am Morning Movement Exercises 1:30 Activity of Choice 1:45 Prayer&Reflection 2pm Ecumenical Service 2:30 Fellowship&Refreshment 3pm Movie/Documentary	9:30 Sit and Stand Exercise 31 10:30 Bingo 1:30 Slideshow Trivia 2:30 Music w/ J&J	To our friends and family: This calendar displays programs that are specific to Decker as well as some of the other programs offered throughout the building. Bolded programs are hosted on the Decker unit. Please note that with calendars made in advance, changes in the schedule can occur. Please refer to the Daily Activity Schedule for the most accurate reflection of programs for the day.				