



# JULY 2023

Assisted Living

615 Chestnut Avenue  
Towson, MD 21204

(410) 825-7423  
pickersgillretirement.org

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3AR= 3rd Floor Activity Room WA = Willard Auditorium MR = Meeting Room	Reminder- calendars are made in advance and are subject to change. Check your daily activity schedule for the most accurate information.	Friday Bus Outings- Check your Daily Activity Schedules to find out where the Friday Bus Outings are going and a reminder throughout the week to sign up.				<b>1</b> 10:30 Bingo - WA 1:30 Meditation- MR 2:00 Movie Day/ WA 3:00 Musical Encounters on Decker
<b>2</b> 10:00 Catholic Virtual Mass w/ Communion / MR 2:00 Prayer Service w/ music 3:15 Jeopardy -MR	<b>3</b> 9:30 Sit & Stand - MR 10:30 Bingo / WA 2:30 Music w/ Rayon/ WA 6:30 Music Rehearsal w/ Harbor City/ MR	<b>4</b> Independence Day 9:00 Walking Group 10:00 Zumba - MR 10:30 Crossword / WA 1:30 Bookmobile OFF FOR THE HOLIDAY 2:30 Musical Happy Hour/ 3AR	<b>5</b> 9:30 Sit & Stand - MR 10:30 Scrabble Group & Cards Group/ WA 2:00 Catholic Comm - MR 3:30 Music w/ Bob/ WA	<b>6</b> 9:15 Tai Chi - MR 9:40 Yoga in MR 10:30 Bingo - WA 1:00 Watercolors- Home Lobby 1:00 Book Club in 3AR 2:00 Cont Issues/ MR	<b>7</b> 9:30 Sit & Stand - MR 10:15 Bus Outings 10:30 Badminton/ WA 10:30 Writing Group- Home Lobby 2:30 Trivia w/ Peggy - WA	<b>8</b> 10:30 Bingo - WA 1:30 Meditation- MR 2:00 Movie Day; TBA 7:15 Bingo - MR
<b>9</b> 10:00 Catholic Virtual Mass w/ Communion / MR 1:30 Activity w/ Dejah - Decker 2:00 Prayer Service w/ music 3:00 Documentary Day-3AR	<b>10</b> 9:30 Sit & Stand - MR 10:30 Bingo / WA 1:30 BOOKMOBILE FRONT ENTRANCE 2:30 Music w/ Ken/ WA 6:30 Music Rehearsal w/ Harbor City/ MR	<b>11</b> 9:00 Walking Group 10:00 Zumba - MR 10:30 Pets on Wheels w/ Lucy - Decker 10:30 Crossword / WA 2:30 Musical Happy Hour/ 3AR	<b>12</b> 9:30 Sit & Stand - MR 10:30 Family Feud- WA 2:00 Catholic Comm - MR 2:30 Music w/ Janet- WA	<b>13</b> 9:15 Tai Chi - MR 9:40 Yoga in MR 10:30 Bingo - WA 1:00 Watercolors- 3AR 2:00 Cont Issues/ MR	<b>14</b> 9:30 Sit & Stand - MR 10:15 Bus Outings 10:30 Horseshoe & Ladderball Tournaments- WA 10:30 Writing Group- MR 2:30 Trivia w/ Peggy - WA	<b>15</b> 10:30 Bingo - WA 1:30 Meditation- MR 2:00 Movie Day; TBA 3:00 Musical Encounters on Decker

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>16</b></p> <p><b>10:00</b> Catholic Virtual Mass w/ Communion / MR <b>1:30</b> Activity w/ Dejah - Decker <b>1:45</b> Prayer&amp;Reflection <b>2:00</b> Ecumenical Serv/Chapel <b>2:30</b> Fellowship w/ refreshments/Cha <b>3:15</b> Jeopardy -MR</p>	<p><b>17</b></p> <p><b>9:30</b> Sit &amp; Stand - MR <b>10:30</b> Bingo / WA <b>2:30</b> Great Inventions w Jim Lyall/WA <b>3:30</b> Resident Council WA <b>6:30</b> Music Rehearsal w/ Harbor City/ MR</p>	<p><b>18</b></p> <p><b>9:00</b> Walking Group <b>10:00</b> Zumba - MR <b>10:30</b> Crossword / WA <b>1:15</b> AL Food Service Meeting - WA <b>2:30</b> Musical Happy Hour/ 3AR</p>	<p><b>19</b></p> <p><b>9:30</b> Sit &amp; Stand - MR <b>10:30</b> Patio Perching Trivia- Activity Rm Patio (Yellow Umbrellas) <b>2:00</b> Catholic Comm - MR</p>	<p><b>20</b></p> <p><b>9:15</b> Tai Chi - MR <b>9:40</b> Yoga in MR <b>10:30</b> Bingo - WA <b>1:00</b> Watercolors- 3AR <b>2:00</b> Cont Issues/ MR</p>	<p><b>21</b></p> <p><b>9:30</b> Sit &amp; Stand - MR <b>10:15</b> Bus Outings <b>10:30</b> Fashion Sale/ WA <b>10:30</b> Writing Group- MR <b>2:30</b> Trivia w/ Peggy - WA</p>	<p><b>22</b></p> <p><b>10:30</b> Bingo - WA <b>1:30</b> Meditation- MR <b>2:00</b> Movie Day; TBA</p>
<p><b>23</b></p> <p><b>10:00</b> Catholic Virtual Mass w/ Communion / MR <b>1:30</b> Activity w/ Dejah - Decker <b>1:45</b> Prayer&amp;Reflection <b>2:00</b> Ecumenical Serv/Chapel <b>2:30</b> Fellowship w/ refreshments/Cha <b>3:00</b> Documentary Day-3AR</p>	<p><b>24</b></p> <p><b>9:30</b> Sit &amp; Stand - MR <b>10:30</b> Bingo / WA <b>1:15</b> Topics of Life/ 3AR <b>2:30</b> Music w/ Michele&amp;Bob/WA <b>6:30</b> Music Rehearsal w/ Harbor City/ MR</p>	<p><b>25</b></p> <p><b>9:00</b> Walking Group <b>10:00</b> Zumba - MR <b>10:30</b> Pets on Wheels w/ Lucy / Decker <b>10:30</b> Crossword / WA <b>2:30</b> Musical Happy Hour/ 3AR</p>	<p><b>26</b></p> <p><b>9:30</b> Sit &amp; Stand - MR <b>10:30</b> Group Crossword/ 3AR <b>2:00</b> Catholic Comm - MR <b>2:30</b> Luau Party/ WA</p>	<p><b>27</b></p> <p><b>9:15</b> Tai Chi - MR <b>9:40</b> Yoga in MR <b>10:30</b> Bingo - WA <b>1:00</b> Watercolors- 3AR <b>2:00</b> Cont Issues/ MR <b>3:00</b> Tech Help w/ Activities / WA</p>	<p><b>28</b></p> <p><b>9:30</b> Sit &amp; Stand - MR <b>10:15</b> Bus Outings <b>10:30</b> Ice Cream Social/ WA <b>10:30</b> Writing Group- MR <b>2:30</b> Trivia w/ Peggy - WA</p>	<p><b>29</b></p> <p><b>10:30</b> Bingo - WA <b>1:30</b> Meditation- MR <b>2:00</b> Movie Day; TBA</p>
<p><b>30</b></p> <p><b>10:00</b> Catholic Virtual Mass w/ Communion / MR <b>1:30</b> Activity w/ Dejah - Decker <b>1:45</b> Prayer&amp;Reflection <b>2:00</b> Ecumenical Serv/Chapel <b>2:30</b> Fellowship w/ refreshments/Cha <b>3:15</b> Jeopardy -MR</p>	<p><b>31</b></p> <p><b>9:30</b> Sit &amp; Stand - MR <b>10:30</b> Bingo / WA <b>6:30</b> Music Rehearsal w/ Harbor City/ MR</p>					