



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Orioles games on Channel 45. We know for the beginning of the month that activities are being hosted on each unit's own floor. The next half of this calendar displays activities IF the covid cases have stopped. Please note calendars are made in advance and therefore changes can occur.	1 10:30 Bingo 1:30 Gentle Stretches 2:00 New Movie: <i>Mrs. Harris Goes to Paris</i> <small>May Day</small>	2 9:30 Crossword 10:30 Activity w/ Lynn & Trish 2:30 Happy Hour	3 10:30 Brain & Body Stretches 2pm Catholic Service 2:30 Trivia <i>Orioles at 7:40</i>	4 10:30 Bingo 2pm Penny Ante <i>3pm Show Day</i>	5 9:30 Sit and Stand 10:30 Horse Racing 1:30 Classic Board Games 2:45 Trivia <i>Orioles at 7:20</i> <small>Cinco de Mayo</small>	6 10:30 Bingo 1:30 1:1 Mens Group 2pm Movie Day 3pm Musical Encounters
7 10am Virtual Catholic Service 11am Gentle Stretches 1:30 Activity w/ Dejah 3pm Movie Day <i>Orioles at 11:35</i>	8 10:30 Bingo 1:30 Gentle Stretches 2:00 Painting Group	9 10am Town Hall Meeting 10:30 Baking Group 2:30 Happy Hour <i>Orioles at 6:35</i>	10 10:30 Brain & Body Stretches 2pm Catholic Service 2:30 Trivia	11 10:30 Bingo 2pm Slide Show Trivia 3pm Show Day	12 9:30 Sit and Stand 10:30 Music w/ Michele & Bob 1:30 Depending on Weather: Beginning of Decker Garden Group 2:45 Trivia <i>Orioles at 7:05</i>	13 10:30 Bingo 1:30 1:1 Mens Group 2pm Movie Day
14 10am Virtual Catholic Service 11am Gentle Stretches 1:30 Activity w/ Dejah 2pm Grace United Methodist 3pm Movie Day <i>Orioles at 1:35</i> <small>Mother's Day National Skilled Nursing Week</small>	15 9:30 Sit and Stand 10:30 Bingo 1:30 Who, What, Where? 2:30 Music w/ Nadira 6pm Activity w/ Heather	16 <i>Some Tuesday mornings have meditation-please refer to Daily Schedule</i> 10am Zumba 10:30 Baking Group 2:30 Happy Hour w/ Rayon 6pm Activity w/ Melissa <i>Orioles at 6:35</i>	17 10am Zumba 10:30 Horseshoe Tournament 11am Brain & Body Stretches 2pm Catholic Service 2:30 Music w/ Woof Ent. 6pm Activity w/ Lynn 7pm Chesapeake Concert Band	18 10:30 Bingo 1:30 Pictionary 2pm Contemporary Issues 3pm P-Gill Singers Practice 3pm Show Day Series <i>Orioles at 12:35</i>	19 9:30 Sit and Stand 10:30 Great Heroes & Legends 1:30 Gentle Stretches 2:30 Trivia 6pm Activity w/ David	20 10:30 Bingo 2pm Pickersgill Social Hour 3pm Musical Encounters <i>Orioles at 3:05</i> <small>Armed Forces Day</small>
21 10am Virtual Catholic Service 11am Gentle Stretches 1:30 Activity w/ Dejah 2pm Church of Good Shep. 3pm Movie Day	22 9:30 Sit and Stand 10:30 Bingo 2pm Music w/ Tony Z 6pm Activity w/ Heather <small>Victoria Day (Canada)</small>	23 10am Zumba 10:30 Baking Group 2:30 Happy Hour w/ Joshua 6pm Activity w/ Melissa <i>Orioles at 7:05</i>	24 10am Zumba 10:30 Trivia 11am Brain & Body Stretches 2pm Catholic Service 2:30 Music w/ Rearview 6pm Activity w/ Lynn	25 10:30 Bingo 1:30 Slide Show Trivia 2pm Contemporary Issues 3pm P-Gill Singers Practice 3pm Tech Help w/ Activity Staff <i>Orioles at 7:05</i> <small>Shavuot Begins</small>	26 9:30 Sit and Stand 10:30 Pokeno 1:30 Crossword 2:30 Trivia 6pm Activity w/ David	27 10:30 Bingo 1:30 1:1 Mens Group 2pm Movie Day <i>Orioles at 4:05</i>
28 10am Virtual Catholic Service 11am Gentle Stretches 1:30 Activity w/ Dejah 2pm Ecumenical Prayer Service 3pm Movie Day	29 9:30 Sit and Stand 10:30 Bingo 1:30 Topics of Life 2:30 Great Inventions 6pm Activity w/ Heather <i>Orioles at 1:05</i> <small>Memorial Day</small>	30 10am Zumba 10:30 Activity w/ Lynn & Trish 2:30 Happy Hour w/ Helmut 6pm Activity w/ Melissa	31 10am Zumba 10:30 Family Feud 11am Brain & Body Stretches 2pm Catholic Service 2:30 Music w/ Greg Lupton 6pm Activity w/ Lynn <i>Orioles at 3:05</i>	<div>May 2023</div> <div>Decker Activity Calendar</div>		