

## PICKERSGILL HOSTS LUNCHEON TO HONOR VOLUNTEERS

This year's theme was  
**Volunteers: A Work of Heart!**

In conjunction with National Volunteer Week, Pickersgill hosted a luncheon to honor all of the hard work and thousands of hours of time given by our many volunteers.



Marilyn Van Tassell and Towson University Students



Jean Lillquist, Rosemary Giovannoni,  
Lenore D'Adamo



Shirley Knode and Bea Kennedy



Ann Shuman



Speaker Sharon Leggin and Volunteers



Fred Katz



BJ Johnson and Brant Hart

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# NEW & NOTEWORTHY

## Pickersgill Receives Award of Excellence Second Year In a Row!



Jim Strom, Diane Kowalewski, Brant Hart and Janice Harris

Pickersgill Retirement Community has a long tradition of providing excellent service to its residents, which is why it is a pleasure to announce that we have been ranked as one of the

top communities for 2014 on SeniorAdvisor.com, the premier online ratings and reviews site for senior living communities nationwide.

The SeniorAdvisor.com 2014 Excellence Award recognizes senior living communities that receive consistently high ratings and positive reviews from residents, families, and visitors, and it's an award given to less than one percent of communities nationwide. Senior Marketing Director Jim Strom stated that "What

makes this award so important is that it comes directly from those that count the most, our residents and those who are considering moving to Pickersgill. It's always nice to have the team acknowledged for consistently providing superior customer service and working hard to do the best job possible."

It should be noted that Pickersgill was only one of five communities in the state of Maryland to be honored with this award, so it's a great honor which we are all very proud of.

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## Support Pickersgill by Shopping on AmazonSmile

AmazonSmile is a simple and automatic way for you to support Pickersgill every time you shop, at no cost to you. When you shop at smile.amazon.com, you'll find the exact same low prices, vast selection, and convenient shopping experience as Amazon.com, with the added bonus that Amazon will donate a portion of the purchase price to Pickersgill.

To shop at AmazonSmile simply go to smile.amazon.com from the web browser on your computer or mobile device. You may also want to add a bookmark to smile.amazon.com to make it even easier to return and start your shopping at AmazonSmile.

On your first visit to AmazonSmile (smile.amazon.com), you need to

select a charitable organization to receive donations from eligible purchases before you begin shopping. Amazon will remember your selection, and then every eligible purchase you make at smile.amazon.com will result in a donation. Remember to always feel free to share Pickersgill's special link: <http://smile.amazon.com/ch/52-0591530>.

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## New Admissions Assistant Joins Team

In January, Pickersgill welcomed Diane Kowalewski into the Admissions & Marketing Department. Diane attended Catholic High of Baltimore and has a certification in Event & Meeting Planning from Goucher College.

Diane comes to us from Glen Meadows as Activities Coordinator and a 25-year history with McCormick & Co., Inc., the spice company with headquarters in Hunt Valley, MD. While working for McCormick, she was line supervisor for the Consumer hotline, assisting consumers with cooking advice, spice usage, and new product information.

Diane was born in Baltimore and is currently living in Parkville with her husband Ron and two adult children, Ryan, and Megan, plus one new energetic lab puppy, Lucy. Planning events, meeting new people, and eating steamed crabs describes our newest addition to the Admissions & Marketing Department.



## Have You LIKED us Yet?

Please take the opportunity to like us on Facebook and follow our Blog:

[www.facebook.com/pickersgillretirement](http://www.facebook.com/pickersgillretirement)

[PickersgillRetirementCommunity.Blogspot.com](http://PickersgillRetirementCommunity.Blogspot.com)



# VOLUNTEER EXTRAORDINAIRE

*The Chatty Crafters are still going strong after 25 years.*

Activities are the backbone of entertainment at Pickersgill, and long-time volunteer Dottie Hopkins has been the backbone of the Chatty Crafters for 25 years. That's a lot of pillows, tote bags, coasters, bibs, placemats, and other handmade items.

Dottie originally got involved to help her friend who had been leading the group. When her friend moved, Dottie agreed to be in charge. Little did she realize she would still be doing this 25 years later.

A lot has changed over that quarter century. Pickersgill itself has nearly doubled in size. The group originally met in a large room that housed a small activities office and also served as an area for other craft-type projects. When Dottie first started overseeing the crafters, most of the participants sewed. Now Dottie and two other people who assist her do the majority of the sewing and the group members do the turning, stuffing, and other tasks.

The group is not only self-sustaining, it also makes money for the activities department. Their colorful crafts are sold in the third-floor convenience store as well as at the fall bazaar, where there is always a crowd at their table.

Dottie was honored in December by the Board of Directors for all of her hard work and years of dedication to Pickersgill.



Peggy Bonner, Dottie Hopkins, Janice Smart and June Kimmelshue



Brant Hart, Ann Brooke and Dottie Hopkins



# TWO RESIDENTS HELP SPRUCE UP FOR SPRING

*Outdoor Furniture Given a New Lease on Life*



Jack Moore and Chuck Sanborn

The hallway at the end of the second floor could have been mistaken for a park this winter, minus the trees. For four months it was lined with benches, chairs, and small tables, all waiting to return almost new to their spots outside.

Thanks to resident Jack Moore and his assistant Chuck Sanborn, this furniture has been given a new lease on life. The two men have spent hours, days, and weeks, painstakingly cleaning, sanding, repairing, and varnishing all the outdoor furniture. Jack and Chuck will have restored almost 50 items by the time they finish.

As Jack explained, it's a five-step operation. Step one involves cleaning and scrubbing the piece. It has to dry completely before they can see where they missed some dirt. Then the water and

brushes come out again. Most pieces require three or more washings. Once the piece is clean it is bleached with water and detergent and thoroughly rinsed off.

Sanding is the next step. When all rough surfaces have been smoothed, Jack checks to see if any repairs need to be made, and then he applies three coats of varnish. All told, each piece of furniture takes the men about a week to refinish.

Although Jack figures what he and Chuck have done has saved Pickersgill close to \$10,000, he considers it a labor of love. Before he even began he created a work area by adding shelves and cabinets to the craft room. While he was making space in the area he noticed some paintings with damaged frames, so he repaired those, too. These two guys have provided beauty and comfort in time for the return of warm weather.





# SPRING IS IN THE AIR

The Town & Country Garden Club, a member of the Federated Garden Club of America, recently hosted a Garden Party where residents got to learn about flower arranging and make beautiful centerpieces of their own.



Nina Beaufelter



May Koch, Mary Sappington and Garden Club Members



Residents Making Centerpieces



Carol Polk and Friend



Garden Club Members and Residents Sorting Greens for Centerpieces



Jean Long and Friend



# SPRING FASHION SHOW

*Residents and staff modeled the latest fashions by TaylorMarie.*



Spring 2015 Models



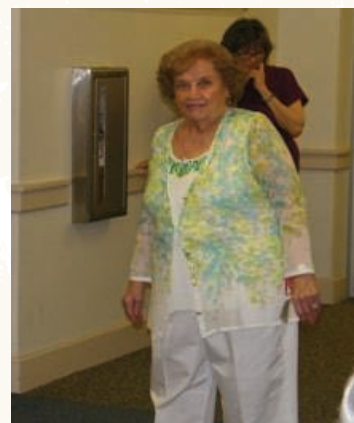
Elinore Davidson



Joyce Miller



Sally Cartwright



Emma Chatham



Nancy Heese



May Koch

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*Volunteer Coordinator*

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For Admissions information, call  
**Janice Harris at 410-842-0408**

### Mission Statement

Pickersgill is a nonprofit retirement community with a strong heritage of benevolent purpose. Begun in 1802 by a small group of caring women, Pickersgill is dedicated to helping each person achieve, with dignity, the proper balance between independence and assistance. We take pride in our blend of traditional values with contemporary living. We provide a comfortable home and high-quality care at a reasonable cost, and promote each resident's vitality of spirit.

### Pickersgill Retirement Community Board of Directors

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*President*

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*Pickersgill* newsletter is published by Pickersgill Retirement Community for residents, families and friends. Please call the Development office at 410-842-0409 to be added to our mailing list. Or write to us at 615 Chestnut Avenue, Towson, MD 21204, if you wish to have your name removed from further Pickersgill materials.

## Pickersgill Continues To Expand Successful CEU Program Offerings

As a result of the success of last year's programs we decided to expand our offerings for this year. "We always try to tailor our programs based on the feedback we receive from those who attended our seminar last year," stated Jim Strom, Senior Director of Marketing.



Maggie Black, PsyD with Med Options

The first program of the spring season was held on April 16th and revolved around the use of common cognitive screening tools in patient care. It was presented by Maggie Black, PsyD, who is a Licensed Psychologist and Clinical Director of Behavioral Health with Med Options. The remainder of the spring programs are listed below.

Lastly, a special thank you to our sponsors, Med Options and Remedi Senior Care, for their support of the Pickersgill Spring CEU Series!

### MAY 14TH 9:00AM TO 12:15PM

**Presented By:** Jennifer Hardesty, *PharmD, FASCP*  
*Chief Clinical Officer and Corporate Compliance Officer, Remedi Senior Care*

William Vaughn, RN  
*Vice President, Education and Clinical Affairs, Remedi Senior Care*

**TOPIC 1:** Medications: Friend or Foe: The Role of Medications in  
Causing and Curing Behavioral and Cognition Problems

**TOPIC 2:** I Feel Your Pain: A Review of the Myths and Realities  
Surrounding Pain Management in Long Term Care

*A Total 3 CEU credits will be earned for both sessions.*

### JUNE 11TH 9:00AM TO 12:15PM

**Presented By:** Gisele Ferretto, MSW, LCSW-C

**TOPIC:** What You Don't Know Can Hurt You: Links Between Law,  
Ethics, and Risk

*3 CEU ethics credits will be earned.*

For additional information on any of our upcoming Pickersgill Educational Programs, please call Jim Strom at 410-842-0421. Space is limited for each session.



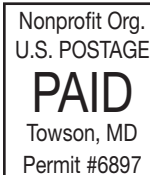


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## THE PERFECT MOTHER'S DAY AND FATHER'S DAY GIFT

*Pickersgill has the perfect gift for Mother's Day or Father's Day.*

"Several years ago we created a new giving opportunity called the Named Fund for the Endowment. We think this is a wonderful way to honor or memorialize a loved one and at the same time help to ensure that Pickersgill remains independent and financially strong," says Development Committee Chair, Jane Heill.

A Named Fund can be established for a minimum gift of \$200. After the initial gift, a Named Fund can grow with added donations of any amount given at any time by family or friends. For example, the family members of the John Doe Endowment may choose to recognize his birthday by sending a gift to Pickersgill. As long as one gift of any amount is given each year, the Named Fund will be listed in the Pickersgill Annual Report.

Each Named Fund will be invested in Pickersgill's endowment. The income generated from the principal will be applied where the need is the greatest in support of the mission—it may not be restricted. "We're sure the number of

named funds will continue to grow as families recognize the value of our endowment and its impact on the life of Pickersgill residents," says Heill. "Our endowment is the future of Pickersgill and we intend to be around a long time."

For more information about starting a Named Fund for the Endowment, please contact Jim Strom in the Development Office at 410-842-0421.

### UPCOMING EVENTS:

#### MAY 19TH FROM 1-3 P.M.

Preserve your memories while preparing for a move. Legacy and downsizing expert Charna Kinneberg, RN, MBA, shares how to do it, and why it's important.

#### MONDAY JUNE 15TH, 7PM

Annual Flag Day Celebration

#### SATURDAY, OCTOBER 3RD FROM 10A.M. TO 2P.M.

Country Fair & Flea Market Bazaar